

2025 Speedo Canadian Swimming Open / Omnium Canadien de Natation Speedo 2025  
Edmonton, Alberta; 10-12 April/Avril

Event 1 Women, 400m Medley Open  
2025-04-10 Results Finals

Canadian Swimming Open Records	4:43.55	ZAVAROS, Mabel	CAN	Toronto	2024-04-11
Canadian Senior Records (CR)	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records (CA) 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records (CA) 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

Points: AQUA 2025

Rank	Age	Club	RT	Time	FinaPts	Score		
<b>Final A</b>								
1.	19	UOFC	+0.77	<b>4:53.77</b>	728	50.00		
	50m: 31.18	31.18	150m: 1:48.87	40.89	250m: 3:07.54	39.30	350m: 4:21.46	34.66
	100m: 1:07.98	36.80	200m: 2:28.24	39.37	300m: 3:46.80	39.26	400m: 4:53.77	32.31
2.	18	EKSC	+0.67	<b>4:55.39</b>	716	30.00		
	50m: 31.30	31.30	150m: 1:44.94	37.84	250m: 3:03.67	42.22	350m: 4:21.44	34.82
	100m: 1:07.10	35.80	200m: 2:21.45	36.51	300m: 3:46.62	42.95	400m: 4:55.39	33.95
3.	13	HYACK	+0.62	<b>4:56.11</b>	711	20.00		
	50m: 32.48	32.48	150m: 1:46.97	39.68	250m: 3:06.65	41.15	350m: 4:23.41	35.78
	100m: 1:07.29	34.81	200m: 2:25.50	38.53	300m: 3:47.63	40.98	400m: 4:56.11	32.70
4.	23	USC	+0.76	<b>4:56.46</b>	709	19.00		
	50m: 30.94	30.94	150m: 1:44.17	37.10	250m: 3:03.83	42.96	350m: 4:22.33	34.67
	100m: 1:07.07	36.13	200m: 2:20.87	36.70	300m: 3:47.66	43.83	400m: 4:56.46	34.13
5.	16	KISU	+0.74	<b>4:57.45</b>	702	18.00		
	50m: 32.49	32.49	150m: 1:49.07	39.37	250m: 3:07.32	40.71	350m: 4:24.10	35.05
	100m: 1:09.70	37.21	200m: 2:26.61	37.54	300m: 3:49.05	41.73	400m: 4:57.45	33.35
6.	17	PCSC	+0.68	<b>4:58.12</b>	697	17.00		
	50m: 31.43	31.43	150m: 1:46.34	37.63	250m: 3:07.12	42.44	350m: 4:24.75	33.76
	100m: 1:08.71	37.28	200m: 2:24.68	38.34	300m: 3:50.99	43.87	400m: 4:58.12	33.37
7.	15	WDSC	+0.55	<b>4:59.53</b>	687	16.00		
	50m: 30.66	30.66	150m: 1:44.39	38.72	250m: 3:07.10	44.97	350m: 4:26.74	34.30
	100m: 1:05.67	35.01	200m: 2:22.13	37.74	300m: 3:52.44	45.34	400m: 4:59.53	32.79
8.	14	WVOSC	+0.65	<b>5:02.22</b>	669	15.00		
	50m: 32.53	32.53	150m: 1:48.71	40.57	250m: 3:11.92	43.84	350m: 4:29.24	34.64
	100m: 1:08.14	35.61	200m: 2:28.08	39.37	300m: 3:54.60	42.68	400m: 5:02.22	32.98
9.	22	UBCT	+0.76	<b>5:05.47</b>	648	14.00		
	50m: 32.01	32.01	150m: 1:50.25	40.76	250m: 3:11.52	42.16	350m: 4:30.97	36.02
	100m: 1:09.49	37.48	200m: 2:29.36	39.11	300m: 3:54.95	43.43	400m: 5:05.47	34.50
10.	14	UCSC	+0.47	<b>5:05.58</b>	647	13.00		
	50m: 32.01	32.01	150m: 1:48.50	39.78	250m: 3:10.93	43.75	350m: 4:31.91	35.89
	100m: 1:08.72	36.71	200m: 2:27.18	38.68	300m: 3:56.02	45.09	400m: 5:05.58	33.67

<b>Final B</b>								
11.	16	PCSC	+0.69	<b>5:01.72</b>	672	12.00		
	50m: 31.09	31.09	150m: 1:45.78	37.91	250m: 3:06.26	42.90	350m: 4:26.48	36.33
	100m: 1:07.87	36.78	200m: 2:23.36	37.58	300m: 3:50.15	43.89	400m: 5:01.72	35.24
12.	15	OS	+0.68	<b>5:03.47</b>	661	9.00		
	50m: 31.98	31.98	150m: 1:49.43	40.11	250m: 3:11.09	42.13	350m: 4:29.58	33.66
	100m: 1:09.32	37.34	200m: 2:28.96	39.53	300m: 3:55.92	44.83	400m: 5:03.47	33.89
13.	18	PCSC	+0.54	<b>5:03.97</b>	657	8.00		
	50m: 31.02	31.02	150m: 1:47.50	40.54	250m: 3:10.87	44.01	350m: 4:30.16	34.90
	100m: 1:06.96	35.94	200m: 2:26.86	39.36	300m: 3:55.26	44.39	400m: 5:03.97	33.81



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Event 1, Women, 400m Medley, Final, Open

Rank	Age	Club	RT	Time	FinaPts	Score		
14.	21	EKSC	+0.74	<b>5:04.89</b>	652	7.00		
	50m: 31.85	31.85	150m: 1:47.80	37.35	250m: 3:08.73	42.53	350m: 4:29.25	36.74
	100m: 1:10.45	38.60	200m: 2:26.20	38.40	300m: 3:52.51	43.78	400m: 5:04.89	35.64
15.	15	MACC	+0.59	<b>5:07.38</b>	636	6.00		
	50m: 31.69	31.69	150m: 1:48.32	40.43	250m: 3:14.00	45.65	350m: 4:34.37	33.52
	100m: 1:07.89	36.20	200m: 2:28.35	40.03	300m: 4:00.85	46.85	400m: 5:07.38	33.01
16.	16	KISU	+0.71	<b>5:07.66</b>	634	5.00		
	50m: 32.48	32.48	150m: 1:49.77	39.72	250m: 3:12.65	44.39	350m: 4:34.95	36.18
	100m: 1:10.05	37.57	200m: 2:28.26	38.49	300m: 3:58.77	46.12	400m: 5:07.66	32.71
17.	15	CREST	+0.67	<b>5:08.10</b>	631	4.00		
	50m: 31.32	31.32	150m: 1:47.00	40.54	250m: 3:13.17	46.81	350m: 4:34.78	34.93
	100m: 1:06.46	35.14	200m: 2:26.36	39.36	300m: 3:59.85	46.68	400m: 5:08.10	33.32
18.	17	HYACK	+0.71	<b>5:14.70</b>	592	3.00		
	50m: 33.28	33.28	150m: 1:53.54	42.17	250m: 3:19.53	44.05	350m: 4:39.21	36.85
	100m: 1:11.37	38.09	200m: 2:35.48	41.94	300m: 4:02.36	42.83	400m: 5:14.70	35.49
19.	17	CW	+0.73	<b>5:19.52</b>	566	2.00		
	50m: 32.64	32.64	150m: 1:53.34	42.12	250m: 3:21.38	46.78	350m: 4:44.82	36.41
	100m: 1:11.22	38.58	200m: 2:34.60	41.26	300m: 4:08.41	47.03	400m: 5:19.52	34.70
DSQ	17	CDSC	+0.62	<b>5:07.73</b>		-		
	50m: 31.97	31.97	150m: 1:49.87	41.03	250m: 3:14.33	44.05	350m: 4:34.93	35.67
	100m: 1:08.84	36.87	200m: 2:30.28	40.41	300m: 3:59.26	44.93	400m: 5:07.73	32.80

