

2025 Speedo Canadian Swimming Open / Omnium Canadien de Natation Speedo 2025  
Edmonton, Alberta; 10-12 April/Avril

Event 31 Women, 400m Freestyle Open  
2025-04-12 Results Finals

Canadian Swimming Open Records	4:11.54	JANSEN, Ella	CAN	Toronto	2024-04-12
Canadian Senior Records (CR)	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records (CA) 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records (CA) 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26

Points: AQUA 2025

Rank	Age	Club	RT	Time	FinaPts	Score		
<b>Final A</b>								
1.	23	DSC	+0.67	<b>4:17.69</b>	762	50.00		
	50m: 29.91	29.91	150m: 1:34.83	32.28	250m: 2:40.79	32.79	350m: 3:46.05	32.31
	100m: 1:02.55	32.64	200m: 2:08.00	33.17	300m: 3:13.74	32.95	400m: 4:17.69	31.64
2.	15	WDSC		<b>4:21.19</b>	731	30.00		
	50m: 29.86	29.86	150m: 1:35.06	32.55	250m: 2:41.09	32.95	350m: 3:47.84	33.32
	100m: 1:02.51	32.65	200m: 2:08.14	33.08	300m: 3:14.52	33.43	400m: 4:21.19	33.35
3.	16	ESWIM	+0.71	<b>4:23.31</b>	714	20.00		
	50m: 30.30	30.30	150m: 1:36.65	33.30	250m: 2:44.00	33.55	350m: 3:50.76	33.27
	100m: 1:03.35	33.05	200m: 2:10.45	33.80	300m: 3:17.49	33.49	400m: 4:23.31	32.55
4.	16	UCSC	+0.68	<b>4:23.49</b>	712	19.00		
	50m: 29.89	29.89	150m: 1:36.17	33.12	250m: 2:43.37	33.69	350m: 3:51.13	33.89
	100m: 1:03.05	33.16	200m: 2:09.68	33.51	300m: 3:17.24	33.87	400m: 4:23.49	32.36
5.	15	WDSC	+0.61	<b>4:24.22</b>	706	18.00		
	50m: 30.43	30.43	150m: 1:36.75	33.45	250m: 2:43.74	33.50	350m: 3:51.22	33.66
	100m: 1:03.30	32.87	200m: 2:10.24	33.49	300m: 3:17.56	33.82	400m: 4:24.22	33.00
6.	15	CREST	+0.69	<b>4:26.30</b>	690	17.00		
	50m: 30.41	30.41	150m: 1:36.88	33.52	250m: 2:44.84	34.23	350m: 3:53.17	34.34
	100m: 1:03.36	32.95	200m: 2:10.61	33.73	300m: 3:18.83	33.99	400m: 4:26.30	33.13
7.	15	MACC	+0.73	<b>4:29.33</b>	667	16.00		
	50m: 30.69	30.69	150m: 1:38.02	34.08	250m: 2:47.16	34.66	350m: 3:56.09	34.27
	100m: 1:03.94	33.25	200m: 2:12.50	34.48	300m: 3:21.82	34.66	400m: 4:29.33	33.24
8.	18	PCSC	+0.69	<b>4:30.01</b>	662	15.00		
	50m: 30.60	30.60	150m: 1:37.67	33.87	250m: 2:46.10	34.46	350m: 3:55.68	35.02
	100m: 1:03.80	33.20	200m: 2:11.64	33.97	300m: 3:20.66	34.56	400m: 4:30.01	34.33
9.	17	KAJ	+0.78	<b>4:30.05</b>	662	14.00		
	50m: 30.41	30.41	150m: 1:37.25	33.75	250m: 2:45.85	34.30	350m: 3:55.82	34.99
	100m: 1:03.50	33.09	200m: 2:11.55	34.30	300m: 3:20.83	34.98	400m: 4:30.05	34.23
10.	17	UNCAN	+0.70	<b>4:30.90</b>	655	13.00		
	50m: 30.29	30.29	150m: 1:37.13	33.78	250m: 2:46.38	34.74	350m: 3:56.44	34.88
	100m: 1:03.35	33.06	200m: 2:11.64	34.51	300m: 3:21.56	35.18	400m: 4:30.90	34.46

<b>Final B</b>								
11.	16	KISU	+0.74	<b>4:25.45</b>	697	12.00		
	50m: 30.04	30.04	150m: 1:36.18	33.13	250m: 2:43.75	33.97	350m: 3:52.45	34.41
	100m: 1:03.05	33.01	200m: 2:09.78	33.60	300m: 3:18.04	34.29	400m: 4:25.45	33.00
12.	18	CASC	+0.57	<b>4:26.86</b>	686	9.00		
	50m: 30.81	30.81	150m: 1:37.81	33.53	250m: 2:45.24	33.59	350m: 3:53.72	34.09
	100m: 1:04.28	33.47	200m: 2:11.65	33.84	300m: 3:19.63	34.39	400m: 4:26.86	33.14
13.	15	LSC	+0.78	<b>4:26.95</b>	685	8.00		
	50m: 31.01	31.01	150m: 1:38.34	33.73	250m: 2:46.16	34.08	350m: 3:54.09	34.00
	100m: 1:04.61	33.60	200m: 2:12.08	33.74	300m: 3:20.09	33.93	400m: 4:26.95	32.86



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Rank	Age	Club	RT	Time	FinaPts	Score		
14.	14	CASC	+0.65	<b>4:27.00</b>	685	7.00		
	50m: 30.66	30.66	150m: 1:38.44	34.10	250m: 2:46.38	33.88	350m: 3:54.53	34.35
	100m: 1:04.34	33.68	200m: 2:12.50	34.06	300m: 3:20.18	33.80	400m: 4:27.00	32.47
15.	18	PCSC	+0.60	<b>4:30.32</b>	660	6.00		
	50m: 30.62	30.62	150m: 1:38.84	34.31	250m: 2:48.06	34.68	350m: 3:57.65	34.76
	100m: 1:04.53	33.91	200m: 2:13.38	34.54	300m: 3:22.89	34.83	400m: 4:30.32	32.67
16.	14	WVOSC	+0.68	<b>4:30.35</b>	659	5.00		
	50m: 30.64	30.64	150m: 1:38.69	33.89	250m: 2:48.18	34.68	350m: 3:57.84	34.58
	100m: 1:04.80	34.16	200m: 2:13.50	34.81	300m: 3:23.26	35.08	400m: 4:30.35	32.51
17.	19	EKSC	+0.66	<b>4:31.20</b>	653	4.00		
	50m: 30.89	30.89	150m: 1:38.95	34.42	250m: 2:47.88	34.61	350m: 3:57.43	34.86
	100m: 1:04.53	33.64	200m: 2:13.27	34.32	300m: 3:22.57	34.69	400m: 4:31.20	33.77
18.	15	LSC	+0.80	<b>4:31.58</b>	651	2.50		
	50m: 31.20	31.20	150m: 1:39.43	34.57	250m: 2:48.45	34.89	350m: 3:58.52	34.54
	100m: 1:04.86	33.66	200m: 2:13.56	34.13	300m: 3:23.98	35.53	400m: 4:31.58	33.06
	FIRTH, Kailyn	17	OS	+0.76	<b>4:31.58</b>	651	2.50	
	50m: 31.19	31.19	150m: 1:39.89	34.43	250m: 2:49.54	34.91	350m: 3:58.76	34.11
	100m: 1:05.46	34.27	200m: 2:14.63	34.74	300m: 3:24.65	35.11	400m: 4:31.58	32.82
20.	17	CW	+0.72	<b>4:32.43</b>	644	1.00		
	50m: 30.98	30.98	150m: 1:38.75	34.12	250m: 2:48.17	34.78	350m: 3:58.32	35.23
	100m: 1:04.63	33.65	200m: 2:13.39	34.64	300m: 3:23.09	34.92	400m: 4:32.43	34.11
DNS	15	USC				-		

