

2024 Bell Olympic & Paralympic Trials presented by Bell
Toronto, May 13-19, 2024

Event 13 Women, 400m Medley Open
2024-05-16 Results Prelim

World Records	4:25.87	MCINTOSH, Summer	CAN	Toronto	2023-04-01
World Junior Records	4:25.87	MCINTOSH, Summer	CAN	Toronto	2023-04-01
Canadian Senior Records	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	2023-04-01
Canadian Age Group Records 15 - 17	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	2023-04-01
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

OQT : 4:38.53

Rank	YOB				Club				RT	Time		
1.	2006				UNCAN				+0.80	4:38.27		A OQT
	50m:	28.03	28.03	150m:	1:36.42	36.07	250m:	2:50.31	38.25	350m:	4:06.05	35.44
	100m:	1:00.35	32.32	200m:	2:12.06	35.64	300m:	3:30.61	40.30	400m:	4:38.27	32.22
2.	2000				MAC				+0.68	4:42.41		A
	50m:	29.05	29.05	150m:	1:38.25	36.30	250m:	2:54.79	41.63	350m:	4:10.51	33.53
	100m:	1:01.95	32.90	200m:	2:13.16	34.91	300m:	3:36.98	42.19	400m:	4:42.41	31.90
3.	1997				CAMO				+0.66	4:43.86		A
	50m:	29.56	29.56	150m:	1:40.68	36.94	250m:	2:56.54	39.98	350m:	4:10.81	33.16
	100m:	1:03.74	34.18	200m:	2:16.56	35.88	300m:	3:37.65	41.11	400m:	4:43.86	33.05
4.	1998				MAC				+0.71	4:44.15		A
	50m:	30.07	30.07	150m:	1:41.21	36.50	250m:	2:57.17	39.85	350m:	4:11.27	33.51
	100m:	1:04.71	34.64	200m:	2:17.32	36.11	300m:	3:37.76	40.59	400m:	4:44.15	32.88
5.	2005				HPCON				+0.76	4:45.63		A
	50m:	28.95	28.95	150m:	1:38.72	36.86	250m:	2:56.14	41.17	350m:	4:12.33	33.53
	100m:	1:01.86	32.91	200m:	2:14.97	36.25	300m:	3:38.80	42.66	400m:	4:45.63	33.30
6.	2006				NKB				+0.72	4:46.07		A
	50m:	29.76	29.76	150m:	1:40.98	36.23	250m:	2:57.67	40.78	350m:	4:13.56	33.83
	100m:	1:04.75	34.99	200m:	2:16.89	35.91	300m:	3:39.73	42.06	400m:	4:46.07	32.51
7.	2006				UNCAN				+0.69	4:46.28		A
	50m:	29.41	29.41	150m:	1:41.70	37.78	250m:	3:00.48	42.22	350m:	4:16.15	31.84
	100m:	1:03.92	34.51	200m:	2:18.26	36.56	300m:	3:44.31	43.83	400m:	4:46.28	30.13
8.	2004				UNCAN				+0.67	4:48.10		A
	50m:	30.29	30.29	150m:	1:43.42	38.11	250m:	3:01.32	41.03	350m:	4:15.78	33.45
	100m:	1:05.31	35.02	200m:	2:20.29	36.87	300m:	3:42.33	41.01	400m:	4:48.10	32.32
9.	2007				PCSC				+0.66	4:52.49		A
	50m:	31.01	31.01	150m:	1:44.04	37.78	250m:	3:02.18	40.49	350m:	4:18.68	34.72
	100m:	1:06.26	35.25	200m:	2:21.69	37.65	300m:	3:43.96	41.78	400m:	4:52.49	33.81
10.	2007				BTSC				+0.63	4:53.78		A
	50m:	30.30	30.30	150m:	1:44.73	39.29	250m:	3:04.58	41.51	350m:	4:20.65	33.58
	100m:	1:05.44	35.14	200m:	2:23.07	38.34	300m:	3:47.07	42.49	400m:	4:53.78	33.13
11.	2007				MAC				+0.62	4:58.17		J
	50m:	30.82	30.82	150m:	1:45.21	39.42	250m:	3:06.12	42.06	350m:	4:24.44	35.30
	100m:	1:05.79	34.97	200m:	2:24.06	38.85	300m:	3:49.14	43.02	400m:	4:58.17	33.73
12.	2009				WDSC				+0.73	4:58.83		J
	50m:	30.68	30.68	150m:	1:44.40	38.14	250m:	3:07.08	44.84	350m:	4:25.67	33.84
	100m:	1:06.26	35.58	200m:	2:22.24	37.84	300m:	3:51.83	44.75	400m:	4:58.83	33.16
13.	2002				UBCT				+0.72	4:59.23		B
	50m:	31.68	31.68	150m:	1:47.55	39.54	250m:	3:07.05	41.74	350m:	4:24.58	36.08
	100m:	1:08.01	36.33	200m:	2:25.31	37.76	300m:	3:48.50	41.45	400m:	4:59.23	34.65



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Rank	YOB				Club	RT		Time				
14.	BRENDZAN, Olivia				2003	EKSC	+0.76	4:59.50 B				
	50m:	31.69	31.69	150m:	1:45.61	37.85	250m:	3:05.39	43.52	350m:	4:25.22	35.97
	100m:	1:07.76	36.07	200m:	2:21.87	36.26	300m:	3:49.25	43.86	400m:	4:59.50	34.28
15.	WIGGINTON, Rachel				2007	UCSC	+0.80	4:59.61 J				
	50m:	30.78	30.78	150m:	1:44.56	38.32	250m:	3:06.25	44.08	350m:	4:26.18	35.26
	100m:	1:06.24	35.46	200m:	2:22.17	37.61	300m:	3:50.92	44.67	400m:	4:59.61	33.43
16.	WATSON, Clare A				2007	UNCAN	+0.68	4:59.76 J				
	50m:	30.00	30.00	150m:	1:44.45	39.45	250m:	3:07.15	44.64	350m:	4:26.71	34.68
	100m:	1:05.00	35.00	200m:	2:22.51	38.06	300m:	3:52.03	44.88	400m:	4:59.76	33.05
17.	BAHLER, Abbigail				2006	RDCSC	+0.75	5:00.61 J				
	50m:	31.33	31.33	150m:	1:46.22	38.43	250m:	3:06.72	43.23	350m:	4:26.36	34.92
	100m:	1:07.79	36.46	200m:	2:23.49	37.27	300m:	3:51.44	44.72	400m:	5:00.61	34.25
18.	VROOM, Taira N				2007	BTSC	+0.74	5:00.65 J				
	50m:	30.31	30.31	150m:	1:44.25	38.34	250m:	3:06.67	44.45	350m:	4:27.09	35.53
	100m:	1:05.91	35.60	200m:	2:22.22	37.97	300m:	3:51.56	44.89	400m:	5:00.65	33.56
19.	LIU, Ziyun				2008	CDSC	+0.69	5:00.90 J				
	50m:	30.31	30.31	150m:	1:43.82	38.97	250m:	3:07.35	45.60	350m:	4:27.13	33.79
	100m:	1:04.85	34.54	200m:	2:21.75	37.93	300m:	3:53.34	45.99	400m:	5:00.90	33.77
20.	PHILLIPS, Eleaunah				2006	EKSC	+0.67	5:01.62 J				
	50m:	31.08	31.08	150m:	1:44.28	37.70	250m:	3:04.44	44.15	350m:	4:25.99	36.86
	100m:	1:06.58	35.50	200m:	2:20.29	36.01	300m:	3:49.13	44.69	400m:	5:01.62	35.63
21.	HEIN, Anna				2002	TSC	+0.78	5:02.42 B				
	50m:	31.62	31.62	150m:	1:47.77	40.13	250m:	3:09.98	43.02	350m:	4:28.80	35.13
	100m:	1:07.64	36.02	200m:	2:26.96	39.19	300m:	3:53.67	43.69	400m:	5:02.42	33.62
22.	SAVA, Helen Anne				2005	RAMAC	+0.78	5:02.45 B				
	50m:	31.51	31.51	150m:	1:46.89	39.35	250m:	3:10.41	45.38	350m:	4:30.00	34.10
	100m:	1:07.54	36.03	200m:	2:25.03	38.14	300m:	3:55.90	45.49	400m:	5:02.45	32.45
23.	KO, Ashley				2006	LOSC	+0.74	5:02.68 J				
	50m:	31.31	31.31	150m:	1:45.19	39.24	250m:	3:08.78	45.93	350m:	4:30.74	35.29
	100m:	1:05.95	34.64	200m:	2:22.85	37.66	300m:	3:55.45	46.67	400m:	5:02.68	31.94
24.	NICHOLSON-JODOIN, Annie				2008	PCSC	+0.66	5:03.49 J				
	50m:	31.08	31.08	150m:	1:45.27	38.19	250m:	3:06.05	43.74	350m:	4:27.19	37.13
	100m:	1:07.08	36.00	200m:	2:22.31	37.04	300m:	3:50.06	44.01	400m:	5:03.49	36.30
25.	TAGHAVI, Shima				2011	HYACK	+0.62	5:04.66 B				
	50m:	31.78	31.78	150m:	1:49.00	41.10	250m:	3:09.51	40.66	350m:	4:29.13	38.86
	100m:	1:07.90	36.12	200m:	2:28.85	39.85	300m:	3:50.27	40.76	400m:	5:04.66	35.53
26.	GORDON, Lindsay				2006	PCSC	+0.69	5:05.23 B				
	50m:	30.98	30.98	150m:	1:46.57	40.20	250m:	3:09.40	44.50	350m:	4:30.12	36.20
	100m:	1:06.37	35.39	200m:	2:24.90	38.33	300m:	3:53.92	44.52	400m:	5:05.23	35.11
27.	CHAI, Amy				2008	MAC	+0.70	5:05.87 B				
	50m:	31.25	31.25	150m:	1:46.35	39.27	250m:	3:09.00	43.58	350m:	4:30.75	36.29
	100m:	1:07.08	35.83	200m:	2:25.42	39.07	300m:	3:54.46	45.46	400m:	5:05.87	35.12
28.	ZENG, Michelle				2010	WVOSC	+0.70	5:06.68 B				
	50m:	32.04	32.04	150m:	1:49.91	41.06	250m:	3:14.22	45.02	350m:	4:33.84	34.42
	100m:	1:08.85	36.81	200m:	2:29.20	39.29	300m:	3:59.42	45.20	400m:	5:06.68	32.84

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Rank					YOB	Club			RT	Time	
29.	STOKLEY, Lauren				2009	LAC			+0.67	5:06.81	B
	50m:	32.93	32.93	150m:	1:51.91	40.33	250m:	3:13.36	41.14	350m:	4:32.12 36.82
	100m:	1:11.58	38.65	200m:	2:32.22	40.31	300m:	3:55.30	41.94	400m:	5:06.81 34.69
30.	NICOLS, Jasmine				2006	MAC			+0.67	5:06.84	B
	50m:	30.30	30.30	150m:	1:46.55	40.71	250m:	3:11.11	44.97	350m:	4:32.09 35.93
	100m:	1:05.84	35.54	200m:	2:26.14	39.59	300m:	3:56.16	45.05	400m:	5:06.84 34.75
31.	QI, Kelly				2008	WDSC			+0.77	5:07.02	R
	50m:	31.93	31.93	150m:	1:49.15	40.13	250m:	3:12.67	44.24	350m:	4:32.28 35.23
	100m:	1:09.02	37.09	200m:	2:28.43	39.28	300m:	3:57.05	44.38	400m:	5:07.02 34.74
32.	MCLEOD, Kealeigh				2006	UCSC			+0.77	5:07.96	R
	50m:	32.30	32.30	150m:	1:49.83	40.55	250m:	3:13.46	44.54	350m:	4:33.79 35.57
	100m:	1:09.28	36.98	200m:	2:28.92	39.09	300m:	3:58.22	44.76	400m:	5:07.96 34.17
33.	KEHOE, Gracy J				2007	UNCAN			+0.66	5:08.20	
	50m:	30.57	30.57	150m:	1:47.80	41.97	250m:	3:11.28	42.69	350m:	4:32.08 37.00
	100m:	1:05.83	35.26	200m:	2:28.59	40.79	300m:	3:55.08	43.80	400m:	5:08.20 36.12
34.	STANNARD, Camryn				2004	UBCT /NRST			+0.70	5:08.44	
	50m:	31.14	31.14	150m:	1:48.77	40.52	250m:	3:14.10	45.24	350m:	4:35.07 35.05
	100m:	1:08.25	37.11	200m:	2:28.86	40.09	300m:	4:00.02	45.92	400m:	5:08.44 33.37
35.	CHRISTIE, Claire				2006	GGST			+0.77	5:09.37	
	50m:	30.72	30.72	150m:	1:45.66	40.09	250m:	3:10.96	46.45	350m:	4:34.39 35.48
	100m:	1:05.57	34.85	200m:	2:24.51	38.85	300m:	3:58.91	47.95	400m:	5:09.37 34.98
36.	LARSON, Macey V				2007	LOSC			+0.70	5:09.40	
	50m:	33.19	33.19	150m:	1:53.99	41.66	250m:	3:16.04	42.05	350m:	4:34.61 36.25
	100m:	1:12.33	39.14	200m:	2:33.99	40.00	300m:	3:58.36	42.32	400m:	5:09.40 34.79
37.	COOPER, Isabella				2009	LSC			+0.78	5:09.42	
	50m:	32.23	32.23	150m:	1:49.92	41.25	250m:	3:14.97	44.70	350m:	4:34.86 35.37
	100m:	1:08.67	36.44	200m:	2:30.27	40.35	300m:	3:59.49	44.52	400m:	5:09.42 34.56
38.	COBURN, Willow R				2007	CW			+0.73	5:09.63	
	50m:	31.12	31.12	150m:	1:47.42	39.39	250m:	3:11.16	43.46	350m:	4:34.43 36.84
	100m:	1:08.03	36.91	200m:	2:27.70	40.28	300m:	3:57.59	46.43	400m:	5:09.63 35.20
39.	LO, Jade				2004	UBCT /MAC			+0.64	5:10.16	
	50m:	30.71	30.71	150m:	1:46.80	40.37	250m:	3:12.55	45.77	350m:	4:34.94 36.58
	100m:	1:06.43	35.72	200m:	2:26.78	39.98	300m:	3:58.36	45.81	400m:	5:10.16 35.22
40.	BENNETT, Hannah				2002	UCSC			+0.70	5:10.23	
	50m:	31.56	31.56	150m:	1:47.61	39.57	250m:	3:11.82	45.45	350m:	4:35.04 36.93
	100m:	1:08.04	36.48	200m:	2:26.37	38.76	300m:	3:58.11	46.29	400m:	5:10.23 35.19
41.	GULYAS, Greta				2005	UBCT /RAMAC			+0.69	5:10.79	
	50m:	31.20	31.20	150m:	1:47.93	41.44	250m:	3:12.48	44.88	350m:	4:35.27 36.96
	100m:	1:06.49	35.29	200m:	2:27.60	39.67	300m:	3:58.31	45.83	400m:	5:10.79 35.52
42.	LUU, Kaitlyn				2007	ESWIM/OSA			+0.71	5:11.58	
	50m:	30.30	30.30	150m:	1:46.79	40.41	250m:	3:14.12	46.86	350m:	4:36.97 35.98
	100m:	1:06.38	36.08	200m:	2:27.26	40.47	300m:	4:00.99	46.87	400m:	5:11.58 34.61
43.	WINSER, Marlee L				2008	KISU			+0.71	5:11.71	
	50m:	32.53	32.53	150m:	1:51.41	41.01	250m:	3:15.85	44.92	350m:	4:37.23 35.80
	100m:	1:10.40	37.87	200m:	2:30.93	39.52	300m:	4:01.43	45.58	400m:	5:11.71 34.48

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Rank	YOB				Club	RT		Time	
44.	SALDANA RIEBELING, Maria F				2006	CDSC	+0.72	5:11.77	
	50m:	32.15	32.15	150m:	1:49.88	40.92	250m:	3:15.76	45.93
	100m:	1:08.96	36.81	200m:	2:29.83	39.95	300m:	4:02.08	46.32
							350m:	4:37.59	35.51
							400m:	5:11.77	34.18
45.	MATTHEWS, Delila				2006	GGST	+0.71	5:12.56	
	50m:	34.72	34.72	150m:	1:51.35	38.45	250m:	3:15.69	46.01
	100m:	1:12.90	38.18	200m:	2:29.68	38.33	300m:	4:01.88	46.19
							350m:	4:37.51	35.63
							400m:	5:12.56	35.05
46.	HARRISON, Ella A				2009	CREST	+0.66	5:12.72	
	50m:	32.42	32.42	150m:	1:48.80	39.99	250m:	3:14.88	45.95
	100m:	1:08.81	36.39	200m:	2:28.93	40.13	300m:	4:02.75	47.87
							350m:	4:38.17	35.42
							400m:	5:12.72	34.55
47.	GONZALEZ, Daniella				2009	CAMO	+0.71	5:13.45	
	50m:	32.57	32.57	150m:	1:49.84	38.97	250m:	3:13.86	45.91
	100m:	1:10.87	38.30	200m:	2:27.95	38.11	300m:	4:00.59	46.73
							350m:	4:37.91	37.32
							400m:	5:13.45	35.54
48.	HAIGH, Rebecca R				2010	LOSC	+0.81	5:14.07	
	50m:	31.86	31.86	150m:	1:49.91	41.17	250m:	3:15.88	46.20
	100m:	1:08.74	36.88	200m:	2:29.68	39.77	300m:	4:01.91	46.03
							350m:	4:38.79	36.88
							400m:	5:14.07	35.28
49.	KEHLER, Ruby H				2007	KAJ	+0.76	5:14.55	
	50m:	32.54	32.54	150m:	1:50.70	40.66	250m:	3:17.49	47.22
	100m:	1:10.04	37.50	200m:	2:30.27	39.57	300m:	4:05.12	47.63
							350m:	4:39.71	34.59
							400m:	5:14.55	34.84
50.	STOKLEY, Grier				2009	LAC	+0.69	5:14.68	
	50m:	31.40	31.40	150m:	1:49.98	40.84	250m:	3:15.59	45.45
	100m:	1:09.14	37.74	200m:	2:30.14	40.16	300m:	4:02.26	46.67
							350m:	4:38.84	36.58
							400m:	5:14.68	35.84
51.	MULLINS, Keira				2006	NKB	+0.65	5:14.91	
	50m:	31.98	31.98	150m:	1:52.02	42.16	250m:	3:15.67	42.94
	100m:	1:09.86	37.88	200m:	2:32.73	40.71	300m:	4:01.26	45.59
							350m:	4:38.65	37.39
							400m:	5:14.91	36.26
52.	DE MITRI, Kyah P				2008	KISU	+0.77	5:15.73	
	50m:	33.90	33.90	150m:	1:55.02	40.82	250m:	3:18.23	42.64
	100m:	1:14.20	40.30	200m:	2:35.59	40.57	300m:	4:03.87	45.64
							350m:	4:40.91	37.04
							400m:	5:15.73	34.82
53.	DAGSAAN, Jadyn				2009	PCSC	+0.73	5:16.43	
	50m:	31.79	31.79	150m:	1:48.20	39.71	250m:	3:14.30	47.24
	100m:	1:08.49	36.70	200m:	2:27.06	38.86	300m:	4:02.37	48.07
							350m:	4:39.72	37.35
							400m:	5:16.43	36.71
54.	NICHOLSON, Juliet J				2008	KAJ	+0.74	5:16.83	
	50m:	31.88	31.88	150m:	1:51.70	42.59	250m:	3:17.93	45.01
	100m:	1:09.11	37.23	200m:	2:32.92	41.22	300m:	4:02.92	44.99
							350m:	4:39.89	36.97
							400m:	5:16.83	36.94
55.	LAPIERRE, Justine				2007	CAMO	+0.66	5:17.51	
	50m:	33.72	33.72	150m:	1:54.07	40.79	250m:	3:17.87	44.06
	100m:	1:13.28	39.56	200m:	2:33.81	39.74	300m:	4:02.87	45.00
							350m:	4:40.17	37.30
							400m:	5:17.51	37.34
56.	WHEELER, Bronwen				2007	SPART	+0.66	5:19.40	
	50m:	32.76	32.76	150m:	1:51.97	42.07	250m:	3:18.77	45.99
	100m:	1:09.90	37.14	200m:	2:32.78	40.81	300m:	4:05.69	46.92
							350m:	4:43.39	37.70
							400m:	5:19.40	36.01

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Toronto, May 13-19, 2024

Event 13, Women, 400m Medley, Prelim

Event 13 Girls, 400m Medley Junior
2024-05-16 Results Prelim

World Records	4:25.87	MCINTOSH, Summer	CAN	Toronto	2023-04-01
World Junior Records	4:25.87	MCINTOSH, Summer	CAN	Toronto	2023-04-01
Canadian Senior Records	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	2023-04-01
Canadian Age Group Records 15 - 17	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	2023-04-01
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

OQT Open: 4:38.53

Rank	YOB				Club				RT	Time		
1.	2006				UNCAN				+0.80	4:38.27		A OQT
	50m:	28.03	28.03	150m:	1:36.42	36.07	250m:	2:50.31	38.25	350m:	4:06.05	35.44
	100m:	1:00.35	32.32	200m:	2:12.06	35.64	300m:	3:30.61	40.30	400m:	4:38.27	32.22
2.	2006				NKB				+0.72	4:46.07		A
	50m:	29.76	29.76	150m:	1:40.98	36.23	250m:	2:57.67	40.78	350m:	4:13.56	33.83
	100m:	1:04.75	34.99	200m:	2:16.89	35.91	300m:	3:39.73	42.06	400m:	4:46.07	32.51
3.	2006				UNCAN				+0.69	4:46.28		A
	50m:	29.41	29.41	150m:	1:41.70	37.78	250m:	3:00.48	42.22	350m:	4:16.15	31.84
	100m:	1:03.92	34.51	200m:	2:18.26	36.56	300m:	3:44.31	43.83	400m:	4:46.28	30.13
4.	2007				PCSC				+0.66	4:52.49		A
	50m:	31.01	31.01	150m:	1:44.04	37.78	250m:	3:02.18	40.49	350m:	4:18.68	34.72
	100m:	1:06.26	35.25	200m:	2:21.69	37.65	300m:	3:43.96	41.78	400m:	4:52.49	33.81
5.	2007				BTSC				+0.63	4:53.78		A
	50m:	30.30	30.30	150m:	1:44.73	39.29	250m:	3:04.58	41.51	350m:	4:20.65	33.58
	100m:	1:05.44	35.14	200m:	2:23.07	38.34	300m:	3:47.07	42.49	400m:	4:53.78	33.13
6.	2007				MAC				+0.62	4:58.17		J
	50m:	30.82	30.82	150m:	1:45.21	39.42	250m:	3:06.12	42.06	350m:	4:24.44	35.30
	100m:	1:05.79	34.97	200m:	2:24.06	38.85	300m:	3:49.14	43.02	400m:	4:58.17	33.73
7.	2009				WDSC				+0.73	4:58.83		J
	50m:	30.68	30.68	150m:	1:44.40	38.14	250m:	3:07.08	44.84	350m:	4:25.67	33.84
	100m:	1:06.26	35.58	200m:	2:22.24	37.84	300m:	3:51.83	44.75	400m:	4:58.83	33.16
8.	2007				UCSC				+0.80	4:59.61		J
	50m:	30.78	30.78	150m:	1:44.56	38.32	250m:	3:06.25	44.08	350m:	4:26.18	35.26
	100m:	1:06.24	35.46	200m:	2:22.17	37.61	300m:	3:50.92	44.67	400m:	4:59.61	33.43
9.	2007				UNCAN				+0.68	4:59.76		J
	50m:	30.00	30.00	150m:	1:44.45	39.45	250m:	3:07.15	44.64	350m:	4:26.71	34.68
	100m:	1:05.00	35.00	200m:	2:22.51	38.06	300m:	3:52.03	44.88	400m:	4:59.76	33.05
10.	2006				RDCSC				+0.75	5:00.61		J
	50m:	31.33	31.33	150m:	1:46.22	38.43	250m:	3:06.72	43.23	350m:	4:26.36	34.92
	100m:	1:07.79	36.46	200m:	2:23.49	37.27	300m:	3:51.44	44.72	400m:	5:00.61	34.25
11.	2007				BTSC				+0.74	5:00.65		J
	50m:	30.31	30.31	150m:	1:44.25	38.34	250m:	3:06.67	44.45	350m:	4:27.09	35.53
	100m:	1:05.91	35.60	200m:	2:22.22	37.97	300m:	3:51.56	44.89	400m:	5:00.65	33.56
12.	2008				CDSC				+0.69	5:00.90		J
	50m:	30.31	30.31	150m:	1:43.82	38.97	250m:	3:07.35	45.60	350m:	4:27.13	33.79
	100m:	1:04.85	34.54	200m:	2:21.75	37.93	300m:	3:53.34	45.99	400m:	5:00.90	33.77
13.	2006				EKSC				+0.67	5:01.62		J
	50m:	31.08	31.08	150m:	1:44.28	37.70	250m:	3:04.44	44.15	350m:	4:25.99	36.86
	100m:	1:06.58	35.50	200m:	2:20.29	36.01	300m:	3:49.13	44.69	400m:	5:01.62	35.63

2024 Bell Olympic & Paralympic Trials presented by Bell
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Event 13, Girls, 400m Medley, Prelim, Junior

Rank	YOB				Club	RT		Time	
14.	KO, Ashley				2006	LOSC	+0.74	5:02.68 J	
	50m:	31.31	31.31	150m:	1:45.19	39.24	250m:	3:08.78	45.93
	100m:	1:05.95	34.64	200m:	2:22.85	37.66	300m:	3:55.45	46.67
							350m:	4:30.74	35.29
							400m:	5:02.68	31.94
15.	NICHOLSON-JODOIN, Annie				2008	PCSC	+0.66	5:03.49 J	
	50m:	31.08	31.08	150m:	1:45.27	38.19	250m:	3:06.05	43.74
	100m:	1:07.08	36.00	200m:	2:22.31	37.04	300m:	3:50.06	44.01
							350m:	4:27.19	37.13
							400m:	5:03.49	36.30
16.	TAGHAVI, Shima				2011	HYACK	+0.62	5:04.66 B	
	50m:	31.78	31.78	150m:	1:49.00	41.10	250m:	3:09.51	40.66
	100m:	1:07.90	36.12	200m:	2:28.85	39.85	300m:	3:50.27	40.76
							350m:	4:29.13	38.86
							400m:	5:04.66	35.53
17.	GORDON, Lindsay				2006	PCSC	+0.69	5:05.23 B	
	50m:	30.98	30.98	150m:	1:46.57	40.20	250m:	3:09.40	44.50
	100m:	1:06.37	35.39	200m:	2:24.90	38.33	300m:	3:53.92	44.52
							350m:	4:30.12	36.20
							400m:	5:05.23	35.11
18.	CHAI, Amy				2008	MAC	+0.70	5:05.87 B	
	50m:	31.25	31.25	150m:	1:46.35	39.27	250m:	3:09.00	43.58
	100m:	1:07.08	35.83	200m:	2:25.42	39.07	300m:	3:54.46	45.46
							350m:	4:30.75	36.29
							400m:	5:05.87	35.12
19.	ZENG, Michelle				2010	WVOSC	+0.70	5:06.68 B	
	50m:	32.04	32.04	150m:	1:49.91	41.06	250m:	3:14.22	45.02
	100m:	1:08.85	36.81	200m:	2:29.20	39.29	300m:	3:59.42	45.20
							350m:	4:33.84	34.42
							400m:	5:06.68	32.84
20.	STOKLEY, Lauren				2009	LAC	+0.67	5:06.81 B	
	50m:	32.93	32.93	150m:	1:51.91	40.33	250m:	3:13.36	41.14
	100m:	1:11.58	38.65	200m:	2:32.22	40.31	300m:	3:55.30	41.94
							350m:	4:32.12	36.82
							400m:	5:06.81	34.69
21.	NICOLS, Jasmine				2006	MAC	+0.67	5:06.84 B	
	50m:	30.30	30.30	150m:	1:46.55	40.71	250m:	3:11.11	44.97
	100m:	1:05.84	35.54	200m:	2:26.14	39.59	300m:	3:56.16	45.05
							350m:	4:32.09	35.93
							400m:	5:06.84	34.75
22.	QI, Kelly				2008	WDSC	+0.77	5:07.02 R	
	50m:	31.93	31.93	150m:	1:49.15	40.13	250m:	3:12.67	44.24
	100m:	1:09.02	37.09	200m:	2:28.43	39.28	300m:	3:57.05	44.38
							350m:	4:32.28	35.23
							400m:	5:07.02	34.74
23.	MCLEOD, Kealeigh				2006	UCSC	+0.77	5:07.96 R	
	50m:	32.30	32.30	150m:	1:49.83	40.55	250m:	3:13.46	44.54
	100m:	1:09.28	36.98	200m:	2:28.92	39.09	300m:	3:58.22	44.76
							350m:	4:33.79	35.57
							400m:	5:07.96	34.17
24.	KEHOE, Gracyn J				2007	UNCAN	+0.66	5:08.20	
	50m:	30.57	30.57	150m:	1:47.80	41.97	250m:	3:11.28	42.69
	100m:	1:05.83	35.26	200m:	2:28.59	40.79	300m:	3:55.08	43.80
							350m:	4:32.08	37.00
							400m:	5:08.20	36.12
25.	CHRISTIE, Claire				2006	GGST	+0.77	5:09.37	
	50m:	30.72	30.72	150m:	1:45.66	40.09	250m:	3:10.96	46.45
	100m:	1:05.57	34.85	200m:	2:24.51	38.85	300m:	3:58.91	47.95
							350m:	4:34.39	35.48
							400m:	5:09.37	34.98
26.	LARSON, Macey V				2007	LOSC	+0.70	5:09.40	
	50m:	33.19	33.19	150m:	1:53.99	41.66	250m:	3:16.04	42.05
	100m:	1:12.33	39.14	200m:	2:33.99	40.00	300m:	3:58.36	42.32
							350m:	4:34.61	36.25
							400m:	5:09.40	34.79
27.	COOPER, Isabella				2009	LSC	+0.78	5:09.42	
	50m:	32.23	32.23	150m:	1:49.92	41.25	250m:	3:14.97	44.70
	100m:	1:08.67	36.44	200m:	2:30.27	40.35	300m:	3:59.49	44.52
							350m:	4:34.86	35.37
							400m:	5:09.42	34.56
28.	COBURN, Willow R				2007	CW	+0.73	5:09.63	
	50m:	31.12	31.12	150m:	1:47.42	39.39	250m:	3:11.16	43.46
	100m:	1:08.03	36.91	200m:	2:27.70	40.28	300m:	3:57.59	46.43
							350m:	4:34.43	36.84
							400m:	5:09.63	35.20



2024 Bell Olympic & Paralympic Trials presented by Bell
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Event 13, Girls, 400m Medley, Prelim, Junior

Rank	YOB				Club	RT		Time	
29.	LUU, Kaitlyn				2007	ESWIM/OSA	+0.71	5:11.58	
	50m:	30.30	30.30	150m:	1:46.79	40.41	250m:	3:14.12	46.86
	100m:	1:06.38	36.08	200m:	2:27.26	40.47	300m:	4:00.99	46.87
							350m:	4:36.97	35.98
							400m:	5:11.58	34.61
30.	WINSER, Marlee L				2008	KISU	+0.71	5:11.71	
	50m:	32.53	32.53	150m:	1:51.41	41.01	250m:	3:15.85	44.92
	100m:	1:10.40	37.87	200m:	2:30.93	39.52	300m:	4:01.43	45.58
							350m:	4:37.23	35.80
							400m:	5:11.71	34.48
31.	SALDANA RIEBELING, Maria F				2006	CDSC	+0.72	5:11.77	
	50m:	32.15	32.15	150m:	1:49.88	40.92	250m:	3:15.76	45.93
	100m:	1:08.96	36.81	200m:	2:29.83	39.95	300m:	4:02.08	46.32
							350m:	4:37.59	35.51
							400m:	5:11.77	34.18
32.	MATTHEWS, Delila				2006	GGST	+0.71	5:12.56	
	50m:	34.72	34.72	150m:	1:51.35	38.45	250m:	3:15.69	46.01
	100m:	1:12.90	38.18	200m:	2:29.68	38.33	300m:	4:01.88	46.19
							350m:	4:37.51	35.63
							400m:	5:12.56	35.05
33.	HARRISON, Ella A				2009	CREST	+0.66	5:12.72	
	50m:	32.42	32.42	150m:	1:48.80	39.99	250m:	3:14.88	45.95
	100m:	1:08.81	36.39	200m:	2:28.93	40.13	300m:	4:02.75	47.87
							350m:	4:38.17	35.42
							400m:	5:12.72	34.55
34.	GONZALEZ, Daniella				2009	CAMO	+0.71	5:13.45	
	50m:	32.57	32.57	150m:	1:49.84	38.97	250m:	3:13.86	45.91
	100m:	1:10.87	38.30	200m:	2:27.95	38.11	300m:	4:00.59	46.73
							350m:	4:37.91	37.32
							400m:	5:13.45	35.54
35.	HAIGH, Rebecca R				2010	LOSC	+0.81	5:14.07	
	50m:	31.86	31.86	150m:	1:49.91	41.17	250m:	3:15.88	46.20
	100m:	1:08.74	36.88	200m:	2:29.68	39.77	300m:	4:01.91	46.03
							350m:	4:38.79	36.88
							400m:	5:14.07	35.28
36.	KEHLER, Ruby H				2007	KAJ	+0.76	5:14.55	
	50m:	32.54	32.54	150m:	1:50.70	40.66	250m:	3:17.49	47.22
	100m:	1:10.04	37.50	200m:	2:30.27	39.57	300m:	4:05.12	47.63
							350m:	4:39.71	34.59
							400m:	5:14.55	34.84
37.	STOKLEY, Grier				2009	LAC	+0.69	5:14.68	
	50m:	31.40	31.40	150m:	1:49.98	40.84	250m:	3:15.59	45.45
	100m:	1:09.14	37.74	200m:	2:30.14	40.16	300m:	4:02.26	46.67
							350m:	4:38.84	36.58
							400m:	5:14.68	35.84
38.	MULLINS, Keira				2006	NKB	+0.65	5:14.91	
	50m:	31.98	31.98	150m:	1:52.02	42.16	250m:	3:15.67	42.94
	100m:	1:09.86	37.88	200m:	2:32.73	40.71	300m:	4:01.26	45.59
							350m:	4:38.65	37.39
							400m:	5:14.91	36.26
39.	DE MITRI, Kyah P				2008	KISU	+0.77	5:15.73	
	50m:	33.90	33.90	150m:	1:55.02	40.82	250m:	3:18.23	42.64
	100m:	1:14.20	40.30	200m:	2:35.59	40.57	300m:	4:03.87	45.64
							350m:	4:40.91	37.04
							400m:	5:15.73	34.82
40.	DAGSAAN, Jadyn				2009	PCSC	+0.73	5:16.43	
	50m:	31.79	31.79	150m:	1:48.20	39.71	250m:	3:14.30	47.24
	100m:	1:08.49	36.70	200m:	2:27.06	38.86	300m:	4:02.37	48.07
							350m:	4:39.72	37.35
							400m:	5:16.43	36.71
41.	NICHOLSON, Juliet J				2008	KAJ	+0.74	5:16.83	
	50m:	31.88	31.88	150m:	1:51.70	42.59	250m:	3:17.93	45.01
	100m:	1:09.11	37.23	200m:	2:32.92	41.22	300m:	4:02.92	44.99
							350m:	4:39.89	36.97
							400m:	5:16.83	36.94
42.	LAPIERRE, Justine				2007	CAMO	+0.66	5:17.51	
	50m:	33.72	33.72	150m:	1:54.07	40.79	250m:	3:17.87	44.06
	100m:	1:13.28	39.56	200m:	2:33.81	39.74	300m:	4:02.87	45.00
							350m:	4:40.17	37.30
							400m:	5:17.51	37.34
43.	WHEELER, Bronwen				2007	SPART	+0.66	5:19.40	
	50m:	32.76	32.76	150m:	1:51.97	42.07	250m:	3:18.77	45.99
	100m:	1:09.90	37.14	200m:	2:32.78	40.81	300m:	4:05.69	46.92
							350m:	4:43.39	37.70
							400m:	5:19.40	36.01

