

2024 Bell Olympic & Paralympic Trials presented by Bell  
Toronto, May 13-19, 2024

Event 2	Women, 400m Freestyle					Open
2024-05-13						Results Prelim
World Records	3:55.38	TITMUS, Ariarne	AUS	Fukuoka (JPN)	2023-07-23	
World Junior Records	3:56.08	MCINTOSH, Summer	CAN	Toronto	2023-03-28	
Canadian Senior Records	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28	
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28	
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26	
OQT : 4:07.90						

Rank	YOB				Club				RT	Time		
1.	2006				UNCAN				+0.77	<b>4:09.83</b> A		
	50m:	28.19	28.19	150m:	1:29.99	31.32	250m:	2:33.98	31.91	350m:	3:37.91	32.23
	100m:	58.67	30.48	200m:	2:02.07	32.08	300m:	3:05.68	31.70	400m:	4:09.83	31.92
2.	2004				UNCAN				+0.68	<b>4:12.44</b> A		
	50m:	29.86	29.86	150m:	1:33.06	31.67	250m:	2:36.72	31.73	350m:	3:40.79	32.05
	100m:	1:01.39	31.53	200m:	2:04.99	31.93	300m:	3:08.74	32.02	400m:	4:12.44	31.65
3.	2000				MAC				+0.68	<b>4:12.87</b> A		
	50m:	28.95	28.95	150m:	1:32.17	31.77	250m:	2:36.42	31.98	350m:	3:41.07	32.16
	100m:	1:00.40	31.45	200m:	2:04.44	32.27	300m:	3:08.91	32.49	400m:	4:12.87	31.80
4.	2006				NKB				+0.71	<b>4:13.76</b> A		
	50m:	29.03	29.03	150m:	1:32.16	31.77	250m:	2:36.58	32.27	350m:	3:41.81	32.72
	100m:	1:00.39	31.36	200m:	2:04.31	32.15	300m:	3:09.09	32.51	400m:	4:13.76	31.95
5.	2006				LOSC				+0.70	<b>4:14.24</b> A		
	50m:	29.00	29.00	150m:	1:32.20	31.72	250m:	2:36.34	32.09	350m:	3:42.16	33.05
	100m:	1:00.48	31.48	200m:	2:04.25	32.05	300m:	3:09.11	32.77	400m:	4:14.24	32.08
6.	2003				HPCVN				+0.69	<b>4:14.27</b> A		
	50m:	28.60	28.60	150m:	1:32.28	32.12	250m:	2:36.58	32.00	350m:	3:41.69	32.47
	100m:	1:00.16	31.56	200m:	2:04.58	32.30	300m:	3:09.22	32.64	400m:	4:14.27	32.58
7.	2007				DSC				+0.77	<b>4:14.79</b> A		
	50m:	29.15	29.15	150m:	1:33.38	31.92	250m:	2:38.07	32.20	350m:	3:42.88	32.48
	100m:	1:01.46	32.31	200m:	2:05.87	32.49	300m:	3:10.40	32.33	400m:	4:14.79	31.91
8.	2004				PCSC				+0.74	<b>4:15.79</b> A		
	50m:	28.96	28.96	150m:	1:32.50	32.13	250m:	2:37.79	32.72	350m:	3:43.39	32.63
	100m:	1:00.37	31.41	200m:	2:05.07	32.57	300m:	3:10.76	32.97	400m:	4:15.79	32.40
9.	2005				HPCON				+0.76	<b>4:15.83</b> A		
	50m:	28.95	28.95	150m:	1:31.91	31.75	250m:	2:36.04	32.11	350m:	3:42.04	33.27
	100m:	1:00.16	31.21	200m:	2:03.93	32.02	300m:	3:08.77	32.73	400m:	4:15.83	33.79
10.	2008				UCSC				+0.68	<b>4:17.96</b> A		
	50m:	28.87	28.87	150m:	1:33.34	32.53	250m:	2:38.89	32.87	350m:	3:45.26	33.31
	100m:	1:00.81	31.94	200m:	2:06.02	32.68	300m:	3:11.95	33.06	400m:	4:17.96	32.70
11.	2002				DSC /SFU				+0.67	<b>4:18.07</b> B		
	50m:	29.95	29.95	150m:	1:34.36	32.49	250m:	2:41.09	33.32	350m:	3:46.52	32.44
	100m:	1:01.87	31.92	200m:	2:07.77	33.41	300m:	3:14.08	32.99	400m:	4:18.07	31.55
12.	2007				BTSC				+0.64	<b>4:18.63</b> J		
	50m:	29.64	29.64	150m:	1:34.50	32.85	250m:	2:40.51	33.23	350m:	3:46.31	32.95
	100m:	1:01.65	32.01	200m:	2:07.28	32.78	300m:	3:13.36	32.85	400m:	4:18.63	32.32
13.	2004				NKB				+0.64	<b>4:18.74</b> B		
	50m:	29.87	29.87	150m:	1:34.55	32.24	250m:	2:40.63	33.18	350m:	3:46.86	33.21
	100m:	1:02.31	32.44	200m:	2:07.45	32.90	300m:	3:13.65	33.02	400m:	4:18.74	31.88

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Rank	YOB				Club	RT	Time
14.	BEZANSON, Maya				2007	ESWIM	+0.73 4:19.99 J
	50m: 29.48	29.48	150m: 1:34.29	32.62	250m: 2:40.13	32.89	350m: 3:46.55 33.18
	100m: 1:01.67	32.19	200m: 2:07.24	32.95	300m: 3:13.37	33.24	400m: 4:19.99 33.44
15.	DUMONT-BELANGER, Anna				2001	UBCT /SPART	+0.71 4:23.19 B
	50m: 31.12	31.12	150m: 1:37.82	33.22	250m: 2:44.71	33.73	350m: 3:51.29 32.87
	100m: 1:04.60	33.48	200m: 2:10.98	33.16	300m: 3:18.42	33.71	400m: 4:23.19 31.90
16.	HART, Lydia				2006	PCSC	+0.77 4:23.35 J
	50m: 30.22	30.22	150m: 1:35.84	33.16	250m: 2:43.55	34.15	350m: 3:51.26 32.66
	100m: 1:02.68	32.46	200m: 2:09.40	33.56	300m: 3:18.60	35.05	400m: 4:23.35 32.09
17.	KO, Ashley				2006	LOSC	+0.72 4:23.39 J
	50m: 30.11	30.11	150m: 1:36.11	33.13	250m: 2:42.37	33.18	350m: 3:49.82 33.88
	100m: 1:02.98	32.87	200m: 2:09.19	33.08	300m: 3:15.94	33.57	400m: 4:23.39 33.57
18.	SAVA, Helen Anne				2005	RAMAC	+0.79 4:23.97 B
	50m: 30.75	30.75	150m: 1:37.23	33.56	250m: 2:44.67	33.86	350m: 3:51.77 33.38
	100m: 1:03.67	32.92	200m: 2:10.81	33.58	300m: 3:18.39	33.72	400m: 4:23.97 32.20
19.	SUNDERMEYER, Emma				2006	UNCAN	+0.69 4:24.05 J
	50m: 30.09	30.09	150m: 1:35.82	33.18	250m: 2:43.02	33.87	350m: 3:50.92 34.09
	100m: 1:02.64	32.55	200m: 2:09.15	33.33	300m: 3:16.83	33.81	400m: 4:24.05 33.13
20.	LEIGH, Peyton				2008	BROCK	+0.77 4:24.29 J
	50m: 29.88	29.88	150m: 1:36.00	33.61	250m: 2:43.43	33.51	350m: 3:51.73 34.01
	100m: 1:02.39	32.51	200m: 2:09.92	33.92	300m: 3:17.72	34.29	400m: 4:24.29 32.56
21.	VROOM, Taira N				2007	BTSC	+0.72 4:24.53 J
	50m: 29.65	29.65	150m: 1:35.89	33.61	250m: 2:43.74	33.88	350m: 3:51.94 34.01
	100m: 1:02.28	32.63	200m: 2:09.86	33.97	300m: 3:17.93	34.19	400m: 4:24.53 32.59
22.	HEIN, Anna				2002	TSC	+0.78 4:24.89 B
	50m: 30.67	30.67	150m: 1:36.91	33.38	250m: 2:44.48	33.90	350m: 3:52.15 33.65
	100m: 1:03.53	32.86	200m: 2:10.58	33.67	300m: 3:18.50	34.02	400m: 4:24.89 32.74
23.	CABEZAS GARZON, Mariana				2009	ESWIM	+0.73 4:25.22 B
	50m: 31.07	31.07	150m: 1:38.86	34.11	250m: 2:46.44	33.88	350m: 3:53.28 33.48
	100m: 1:04.75	33.68	200m: 2:12.56	33.70	300m: 3:19.80	33.36	400m: 4:25.22 31.94
24.	COUTURE, Elle				2004	RDCSC	+0.72 4:26.03 B
	50m: 30.63	30.63	150m: 1:37.00	33.52	250m: 2:44.50	33.85	350m: 3:52.23 33.72
	100m: 1:03.48	32.85	200m: 2:10.65	33.65	300m: 3:18.51	34.01	400m: 4:26.03 33.80
25.	TREASURE, Danielle				2003	WES	+0.72 4:26.35 B
	50m: 30.69	30.69	150m: 1:37.63	33.34	250m: 2:45.34	33.81	350m: 3:53.13 33.59
	100m: 1:04.29	33.60	200m: 2:11.53	33.90	300m: 3:19.54	34.20	400m: 4:26.35 33.22
26.	ZENG, Michelle				2010	WVOSC	+0.71 4:26.84 J
	50m: 30.79	30.79	150m: 1:38.17	33.79	250m: 2:45.55	33.61	350m: 3:53.26 33.69
	100m: 1:04.38	33.59	200m: 2:11.94	33.77	300m: 3:19.57	34.02	400m: 4:26.84 33.58
27.	FROST, Megan				2003	PCSC	+0.74 4:27.97 B
	50m: 30.85	30.85	150m: 1:38.37	33.95	250m: 2:46.21	33.94	350m: 3:54.98 34.43
	100m: 1:04.42	33.57	200m: 2:12.27	33.90	300m: 3:20.55	34.34	400m: 4:27.97 32.99
28.	DE JAGER, Emily				2004	UCSC	+0.68 4:28.10 B
	50m: 31.02	31.02	150m: 1:38.15	33.75	250m: 2:46.48	34.33	350m: 3:55.41 34.38
	100m: 1:04.40	33.38	200m: 2:12.15	34.00	300m: 3:21.03	34.55	400m: 4:28.10 32.69



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Rank	YOB				Club	RT		Time	
29.	GOWANS, Molly				1999	ISC	+0.66	<b>4:28.20</b> R	
	50m:	30.05	30.05	150m:	1:36.52	33.71	250m:	2:44.87	34.39
	100m:	1:02.81	32.76	200m:	2:10.48	33.96	300m:	3:19.61	34.74
							350m:	3:54.54	34.93
							400m:	4:28.20	33.66
30.	KLEIN, Neala J				2007	UNCAN	+0.82	<b>4:28.98</b> J	
	50m:	30.04	30.04	150m:	1:36.90	33.85	250m:	2:45.42	34.27
	100m:	1:03.05	33.01	200m:	2:11.15	34.25	300m:	3:20.06	34.64
							350m:	3:54.81	34.75
							400m:	4:28.98	34.17
31.	WEATHERHEAD, Taryn E				2008	KISU	+0.71	<b>4:29.01</b> J	
	50m:	30.72	30.72	150m:	1:37.87	33.63	250m:	2:45.83	34.21
	100m:	1:04.24	33.52	200m:	2:11.62	33.75	300m:	3:20.71	34.88
							350m:	3:55.44	34.73
							400m:	4:29.01	33.57
32.	SALDANA RIEBELING, Maria F				2006	CDSC	+0.70	<b>4:29.03</b> R	
	50m:	30.83	30.83	150m:	1:38.61	34.17	250m:	2:47.08	34.02
	100m:	1:04.44	33.61	200m:	2:13.06	34.45	300m:	3:21.57	34.49
							350m:	3:55.74	34.17
							400m:	4:29.03	33.29
33.	COSIC, Milena				2007	UCSC	+0.72	<b>4:29.23</b> R	
	50m:	30.25	30.25	150m:	1:37.61	33.93	250m:	2:46.03	34.26
	100m:	1:03.68	33.43	200m:	2:11.77	34.16	300m:	3:21.14	35.11
							350m:	3:55.97	34.83
							400m:	4:29.23	33.26
34.	PHILLIPS, Eleaunah				2006	EKSC	+0.67	<b>4:29.78</b>	
	50m:	31.59	31.59	150m:	1:39.42	34.16	250m:	2:47.40	33.77
	100m:	1:05.26	33.67	200m:	2:13.63	34.21	300m:	3:21.56	34.16
							350m:	3:55.83	34.27
							400m:	4:29.78	33.95
35.	WISE, Elleigh M				2010	CASC	+0.68	<b>4:29.79</b>	
	50m:	31.13	31.13	150m:	1:39.80	34.34	250m:	2:48.60	34.51
	100m:	1:05.46	34.33	200m:	2:14.09	34.29	300m:	3:23.32	34.72
							350m:	3:57.31	33.99
							400m:	4:29.79	32.48
36.	MYNOTT, Naomi				2009	WDSC	+0.72	<b>4:29.96</b>	
	50m:	30.49	30.49	150m:	1:37.28	33.94	250m:	2:45.92	34.57
	100m:	1:03.34	32.85	200m:	2:11.35	34.07	300m:	3:21.01	35.09
							350m:	3:55.85	34.84
							400m:	4:29.96	34.11
37.	MCLEOD, Kealeigh				2006	UCSC	+0.80	<b>4:30.11</b>	
	50m:	31.51	31.51	150m:	1:39.46	34.11	250m:	2:47.16	33.87
	100m:	1:05.35	33.84	200m:	2:13.29	33.83	300m:	3:21.27	34.11
							350m:	3:55.86	34.59
							400m:	4:30.11	34.25
38.	STEPANOFF, Paige M				2009	TSC	+0.74	<b>4:30.47</b>	
	50m:	30.20	30.20	150m:	1:37.57	34.07	250m:	2:46.46	34.51
	100m:	1:03.50	33.30	200m:	2:11.95	34.38	300m:	3:21.27	34.81
							350m:	3:56.39	35.12
							400m:	4:30.47	34.08
39.	GONGORA GAYTAN, Daniela				2007	OAK	+0.65	<b>4:30.81</b>	
	50m:	30.63	30.63	150m:	1:37.70	34.05	250m:	2:46.90	34.71
	100m:	1:03.65	33.02	200m:	2:12.19	34.49	300m:	3:21.84	34.94
							350m:	3:56.80	34.96
							400m:	4:30.81	34.01
40.	THOMAS, Mia				2008	ESWIM	+0.64	<b>4:30.83</b>	
	50m:	30.16	30.16	150m:	1:36.82	33.70	250m:	2:46.63	35.03
	100m:	1:03.12	32.96	200m:	2:11.60	34.78	300m:	3:22.04	35.41
							350m:	3:57.31	35.27
							400m:	4:30.83	33.52
41.	MCNABB, Sara				2008	FAST	+0.69	<b>4:31.12</b>	
	50m:	29.65	29.65	150m:	1:36.98	34.46	250m:	2:47.26	35.18
	100m:	1:02.52	32.87	200m:	2:12.08	35.10	300m:	3:22.75	35.49
							350m:	3:57.81	35.06
							400m:	4:31.12	33.31
42.	MAROVINO, Katie				2004	ESWIM	+0.65	<b>4:31.16</b>	
	50m:	31.07	31.07	150m:	1:37.90	33.67	250m:	2:45.81	34.09
	100m:	1:04.23	33.16	200m:	2:11.72	33.82	300m:	3:21.01	35.20
							350m:	3:56.16	35.15
							400m:	4:31.16	35.00
43.	FIRTH, Kailyn C				2007	PSW	+0.86	<b>4:31.44</b>	
	50m:	30.51	30.51	150m:	1:39.61	35.09	250m:	2:49.39	34.74
	100m:	1:04.52	34.01	200m:	2:14.65	35.04	300m:	3:24.06	34.67
							350m:	3:58.17	34.11
							400m:	4:31.44	33.27

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Rank	YOB				Club	RT		Time	
44.	HARRISON, Ella A				2009	CREST	+0.62	<b>4:31.67</b>	
	50m:	30.02	30.02	150m:	1:36.71	33.82	250m:	2:46.67	35.12
	100m:	1:02.89	32.87	200m:	2:11.55	34.84	300m:	3:21.67	35.00
							350m:	3:56.98	35.31
							400m:	4:31.67	34.69
45.	LJUCKANOV, Lilian				2007	WS	+0.74	<b>4:32.19</b>	
	50m:	30.52	30.52	150m:	1:38.62	34.22	250m:	2:47.97	34.68
	100m:	1:04.40	33.88	200m:	2:13.29	34.67	300m:	3:23.04	35.07
							350m:	3:58.10	35.06
							400m:	4:32.19	34.09
46.	LEHMANN, Alena L				2007	UNCAN	+0.73	<b>4:32.64</b>	
	50m:	31.03	31.03	150m:	1:38.86	34.47	250m:	2:48.76	35.14
	100m:	1:04.39	33.36	200m:	2:13.62	34.76	300m:	3:23.72	34.96
							350m:	3:58.65	34.93
							400m:	4:32.64	33.99
47.	QI, Kelly				2008	WDSC	+0.75	<b>4:32.82</b>	
	50m:	30.99	30.99	150m:	1:38.35	34.04	250m:	2:47.51	34.89
	100m:	1:04.31	33.32	200m:	2:12.62	34.27	300m:	3:22.64	35.13
							350m:	3:57.84	35.20
							400m:	4:32.82	34.98
48.	WALKER, Chloe				2010	USC	+0.69	<b>4:32.99</b>	
	50m:	30.26	30.26	150m:	1:37.89	34.13	250m:	2:47.23	34.71
	100m:	1:03.76	33.50	200m:	2:12.52	34.63	300m:	3:22.71	35.48
							350m:	3:58.04	35.33
							400m:	4:32.99	34.95
49.	KOROPATNISKI, Lila				2008	ISC	+0.64	<b>4:33.20</b>	
	50m:	30.77	30.77	150m:	1:39.59	34.96	250m:	2:49.60	34.94
	100m:	1:04.63	33.86	200m:	2:14.66	35.07	300m:	3:24.67	35.07
							350m:	3:59.50	34.83
							400m:	4:33.20	33.70
50.	DAIGNEAULT, Juliette				2007	PCSC	+0.75	<b>4:33.42</b>	
	50m:	30.29	30.29	150m:	1:37.52	34.01	250m:	2:47.72	35.48
	100m:	1:03.51	33.22	200m:	2:12.24	34.72	300m:	3:23.62	35.90
							350m:	3:59.06	35.44
							400m:	4:33.42	34.36
51.	TOEWS, Bevin				2007	ESWIM	+0.77	<b>4:33.65</b>	
	50m:	30.96	30.96	150m:	1:39.62	34.74	250m:	2:49.07	34.52
	100m:	1:04.88	33.92	200m:	2:14.55	34.93	300m:	3:24.10	35.03
							350m:	3:58.88	34.78
							400m:	4:33.65	34.77
52.	TOMORY, Zoe				2009	LSC	+0.72	<b>4:33.66</b>	
	50m:	30.56	30.56	150m:	1:38.46	34.20	250m:	2:48.59	34.97
	100m:	1:04.26	33.70	200m:	2:13.62	35.16	300m:	3:24.12	35.53
							350m:	3:59.15	35.03
							400m:	4:33.66	34.51
53.	BOWIE, Shayne				2005	EKSC	+0.73	<b>4:33.87</b>	
	50m:	31.46	31.46	150m:	1:38.77	34.04	250m:	2:48.51	34.94
	100m:	1:04.73	33.27	200m:	2:13.57	34.80	300m:	3:23.93	35.42
							350m:	3:59.33	35.40
							400m:	4:33.87	34.54
54.	SAUNDERS, Calli B				2008	SPART	+0.72	<b>4:34.04</b>	
	50m:	30.51	30.51	150m:	1:38.23	34.11	250m:	2:48.04	34.65
	100m:	1:04.12	33.61	200m:	2:13.39	35.16	300m:	3:23.69	35.65
							350m:	3:59.43	35.74
							400m:	4:34.04	34.61
55.	MCLEOD, Abigail				2010	WDSC	+0.70	<b>4:34.18</b>	
	50m:	30.68	30.68	150m:	1:38.70	34.53	250m:	2:48.13	34.86
	100m:	1:04.17	33.49	200m:	2:13.27	34.57	300m:	3:23.40	35.27
							350m:	3:59.17	35.77
							400m:	4:34.18	35.01
56.	MCPHERSON, Taylor				2009	NRST	+0.78	<b>4:35.38</b>	
	50m:	30.88	30.88	150m:	1:39.07	34.24	250m:	2:49.26	35.31
	100m:	1:04.83	33.95	200m:	2:13.95	34.88	300m:	3:25.04	35.78
							350m:	4:00.36	35.32
							400m:	4:35.38	35.02
57.	CAMERON, Lydia				2008	UNCAN	+0.77	<b>4:35.70</b>	
	50m:	31.31	31.31	150m:	1:40.12	34.96	250m:	2:50.78	35.27
	100m:	1:05.16	33.85	200m:	2:15.51	35.39	300m:	3:26.26	35.48
							350m:	4:01.77	35.51
							400m:	4:35.70	33.93
58.	KEHLER, Ruby H				2007	KAJ	+0.77	<b>4:35.73</b>	
	50m:	30.38	30.38	150m:	1:37.29	33.95	250m:	2:46.82	34.79
	100m:	1:03.34	32.96	200m:	2:12.03	34.74	300m:	3:22.82	36.00
							350m:	3:59.00	36.18
							400m:	4:35.73	36.73

2024 Bell Olympic & Paralympic Trials presented by Bell  
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Event 2, Women, 400m Freestyle, Prelim, Open

Rank			YOB	Club				RT	Time			
59.	KRAUSS, Ellie		2008	NG				+0.64	<b>4:37.62</b>			
	50m:	31.40	31.40	150m:	1:40.48	34.65	250m:	2:51.12	35.37	350m:	4:02.74	35.65
	100m:	1:05.83	34.43	200m:	2:15.75	35.27	300m:	3:27.09	35.97	400m:	4:37.62	34.88
60.	DE MITRI, Kyah P		2008	KISU				+0.76	<b>4:38.68</b>			
	50m:	30.99	30.99	150m:	1:39.99	35.17	250m:	2:51.51	36.16	350m:	4:03.34	35.42
	100m:	1:04.82	33.83	200m:	2:15.35	35.36	300m:	3:27.92	36.41	400m:	4:38.68	35.34

Event 2  
2024-05-13

Girls, 400m Freestyle

Junior  
Results Prelim

World Records	3:55.38	TITMUS, Ariarne	AUS	Fukuoka (JPN)	2023-07-23
World Junior Records	3:56.08	MCINTOSH, Summer	CAN	Toronto	2023-03-28
Canadian Senior Records	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26

OQT Open: 4:07.90

Rank			YOB	Club				RT	Time			
1.	MCINTOSH, Summer A		2006	UNCAN				+0.77	<b>4:09.83</b> A			
	50m:	28.19	28.19	150m:	1:29.99	31.32	250m:	2:33.98	31.91	350m:	3:37.91	32.23
	100m:	58.67	30.48	200m:	2:02.07	32.08	300m:	3:05.68	31.70	400m:	4:09.83	31.92
2.	BROUSSEAU, Julie		2006	NKB				+0.71	<b>4:13.76</b> A			
	50m:	29.03	29.03	150m:	1:32.16	31.77	250m:	2:36.58	32.27	350m:	3:41.81	32.72
	100m:	1:00.39	31.36	200m:	2:04.31	32.15	300m:	3:09.09	32.51	400m:	4:13.76	31.95
3.	STROJNOWSKA, Julia M		2006	LOSC				+0.70	<b>4:14.24</b> A			
	50m:	29.00	29.00	150m:	1:32.20	31.72	250m:	2:36.34	32.09	350m:	3:42.16	33.05
	100m:	1:00.48	31.48	200m:	2:04.25	32.05	300m:	3:09.11	32.77	400m:	4:14.24	32.08
4.	COSGROVE, Ella		2007	DSC				+0.77	<b>4:14.79</b> A			
	50m:	29.15	29.15	150m:	1:33.38	31.92	250m:	2:38.07	32.20	350m:	3:42.88	32.48
	100m:	1:01.46	32.31	200m:	2:05.87	32.49	300m:	3:10.40	32.33	400m:	4:14.79	31.91
5.	CLARK, Maxine		2008	UCSC				+0.68	<b>4:17.96</b> A			
	50m:	28.87	28.87	150m:	1:33.34	32.53	250m:	2:38.89	32.87	350m:	3:45.26	33.31
	100m:	1:00.81	31.94	200m:	2:06.02	32.68	300m:	3:11.95	33.06	400m:	4:17.96	32.70
6.	ORAVSKY, Laila M		2007	BTSC				+0.64	<b>4:18.63</b> J			
	50m:	29.64	29.64	150m:	1:34.50	32.85	250m:	2:40.51	33.23	350m:	3:46.31	32.95
	100m:	1:01.65	32.01	200m:	2:07.28	32.78	300m:	3:13.36	32.85	400m:	4:18.63	32.32
7.	BEZANSON, Maya		2007	ESWIM				+0.73	<b>4:19.99</b> J			
	50m:	29.48	29.48	150m:	1:34.29	32.62	250m:	2:40.13	32.89	350m:	3:46.55	33.18
	100m:	1:01.67	32.19	200m:	2:07.24	32.95	300m:	3:13.37	33.24	400m:	4:19.99	33.44
8.	HART, Lydia		2006	PCSC				+0.77	<b>4:23.35</b> J			
	50m:	30.22	30.22	150m:	1:35.84	33.16	250m:	2:43.55	34.15	350m:	3:51.26	32.66
	100m:	1:02.68	32.46	200m:	2:09.40	33.56	300m:	3:18.60	35.05	400m:	4:23.35	32.09
9.	KO, Ashley		2006	LOSC				+0.72	<b>4:23.39</b> J			
	50m:	30.11	30.11	150m:	1:36.11	33.13	250m:	2:42.37	33.18	350m:	3:49.82	33.88
	100m:	1:02.98	32.87	200m:	2:09.19	33.08	300m:	3:15.94	33.57	400m:	4:23.39	33.57
10.	SUNDERMEYER, Emma		2006	UNCAN				+0.69	<b>4:24.05</b> J			
	50m:	30.09	30.09	150m:	1:35.82	33.18	250m:	2:43.02	33.87	350m:	3:50.92	34.09
	100m:	1:02.64	32.55	200m:	2:09.15	33.33	300m:	3:16.83	33.81	400m:	4:24.05	33.13

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Event 2, Girls, 400m Freestyle, Prelim, Junior

Rank	YOB				Club	RT	Time
11.	LEIGH, Peyton				2008	BROCK	+0.77 <b>4:24.29</b> J
	50m: 29.88	29.88	150m: 1:36.00	33.61	250m: 2:43.43	33.51	350m: 3:51.73 34.01
	100m: 1:02.39	32.51	200m: 2:09.92	33.92	300m: 3:17.72	34.29	400m: 4:24.29 32.56
12.	VROOM, Taira N				2007	BTSC	+0.72 <b>4:24.53</b> J
	50m: 29.65	29.65	150m: 1:35.89	33.61	250m: 2:43.74	33.88	350m: 3:51.94 34.01
	100m: 1:02.28	32.63	200m: 2:09.86	33.97	300m: 3:17.93	34.19	400m: 4:24.53 32.59
13.	CABEZAS GARZON, Mariana				2009	ESWIM	+0.73 <b>4:25.22</b> B
	50m: 31.07	31.07	150m: 1:38.86	34.11	250m: 2:46.44	33.88	350m: 3:53.28 33.48
	100m: 1:04.75	33.68	200m: 2:12.56	33.70	300m: 3:19.80	33.36	400m: 4:25.22 31.94
14.	ZENG, Michelle				2010	WVOSC	+0.71 <b>4:26.84</b> J
	50m: 30.79	30.79	150m: 1:38.17	33.79	250m: 2:45.55	33.61	350m: 3:53.26 33.69
	100m: 1:04.38	33.59	200m: 2:11.94	33.77	300m: 3:19.57	34.02	400m: 4:26.84 33.58
15.	KLEIN, Neala J				2007	UNCAN	+0.82 <b>4:28.98</b> J
	50m: 30.04	30.04	150m: 1:36.90	33.85	250m: 2:45.42	34.27	350m: 3:54.81 34.75
	100m: 1:03.05	33.01	200m: 2:11.15	34.25	300m: 3:20.06	34.64	400m: 4:28.98 34.17
16.	WEATHERHEAD, Taryn E				2008	KISU	+0.71 <b>4:29.01</b> J
	50m: 30.72	30.72	150m: 1:37.87	33.63	250m: 2:45.83	34.21	350m: 3:55.44 34.73
	100m: 1:04.24	33.52	200m: 2:11.62	33.75	300m: 3:20.71	34.88	400m: 4:29.01 33.57
17.	SALDANA RIEBELING, Maria F				2006	CDSC	+0.70 <b>4:29.03</b> R
	50m: 30.83	30.83	150m: 1:38.61	34.17	250m: 2:47.08	34.02	350m: 3:55.74 34.17
	100m: 1:04.44	33.61	200m: 2:13.06	34.45	300m: 3:21.57	34.49	400m: 4:29.03 33.29
18.	COSIC, Milena				2007	UCSC	+0.72 <b>4:29.23</b> R
	50m: 30.25	30.25	150m: 1:37.61	33.93	250m: 2:46.03	34.26	350m: 3:55.97 34.83
	100m: 1:03.68	33.43	200m: 2:11.77	34.16	300m: 3:21.14	35.11	400m: 4:29.23 33.26
19.	PHILLIPS, Eleaunah				2006	EKSC	+0.67 <b>4:29.78</b>
	50m: 31.59	31.59	150m: 1:39.42	34.16	250m: 2:47.40	33.77	350m: 3:55.83 34.27
	100m: 1:05.26	33.67	200m: 2:13.63	34.21	300m: 3:21.56	34.16	400m: 4:29.78 33.95
20.	WISE, Elleigh M				2010	CASC	+0.68 <b>4:29.79</b>
	50m: 31.13	31.13	150m: 1:39.80	34.34	250m: 2:48.60	34.51	350m: 3:57.31 33.99
	100m: 1:05.46	34.33	200m: 2:14.09	34.29	300m: 3:23.32	34.72	400m: 4:29.79 32.48
21.	MYNOTT, Naomi				2009	WDSC	+0.72 <b>4:29.96</b>
	50m: 30.49	30.49	150m: 1:37.28	33.94	250m: 2:45.92	34.57	350m: 3:55.85 34.84
	100m: 1:03.34	32.85	200m: 2:11.35	34.07	300m: 3:21.01	35.09	400m: 4:29.96 34.11
22.	MCLEOD, Kealeigh				2006	UCSC	+0.80 <b>4:30.11</b>
	50m: 31.51	31.51	150m: 1:39.46	34.11	250m: 2:47.16	33.87	350m: 3:55.86 34.59
	100m: 1:05.35	33.84	200m: 2:13.29	33.83	300m: 3:21.27	34.11	400m: 4:30.11 34.25
23.	STEPANOFF, Paige M				2009	TSC	+0.74 <b>4:30.47</b>
	50m: 30.20	30.20	150m: 1:37.57	34.07	250m: 2:46.46	34.51	350m: 3:56.39 35.12
	100m: 1:03.50	33.30	200m: 2:11.95	34.38	300m: 3:21.27	34.81	400m: 4:30.47 34.08
24.	GONGORA GAYTAN, Daniela				2007	OAK	+0.65 <b>4:30.81</b>
	50m: 30.63	30.63	150m: 1:37.70	34.05	250m: 2:46.90	34.71	350m: 3:56.80 34.96
	100m: 1:03.65	33.02	200m: 2:12.19	34.49	300m: 3:21.84	34.94	400m: 4:30.81 34.01
25.	THOMAS, Mia				2008	ESWIM	+0.64 <b>4:30.83</b>
	50m: 30.16	30.16	150m: 1:36.82	33.70	250m: 2:46.63	35.03	350m: 3:57.31 35.27
	100m: 1:03.12	32.96	200m: 2:11.60	34.78	300m: 3:22.04	35.41	400m: 4:30.83 33.52

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Event 2, Girls, 400m Freestyle, Prelim, Junior

Rank	YOB				Club				RT	Time		
26.	MCNABB, Sara				2008 FAST				+0.69	<b>4:31.12</b>		
	50m:	29.65	29.65	150m:	1:36.98	34.46	250m:	2:47.26	35.18	350m:	3:57.81	35.06
	100m:	1:02.52	32.87	200m:	2:12.08	35.10	300m:	3:22.75	35.49	400m:	4:31.12	33.31
27.	FIRTH, Kailyn C				2007 PSW				+0.86	<b>4:31.44</b>		
	50m:	30.51	30.51	150m:	1:39.61	35.09	250m:	2:49.39	34.74	350m:	3:58.17	34.11
	100m:	1:04.52	34.01	200m:	2:14.65	35.04	300m:	3:24.06	34.67	400m:	4:31.44	33.27
28.	HARRISON, Ella A				2009 CREST				+0.62	<b>4:31.67</b>		
	50m:	30.02	30.02	150m:	1:36.71	33.82	250m:	2:46.67	35.12	350m:	3:56.98	35.31
	100m:	1:02.89	32.87	200m:	2:11.55	34.84	300m:	3:21.67	35.00	400m:	4:31.67	34.69
29.	LJUCKANOV, Lilian				2007 WS				+0.74	<b>4:32.19</b>		
	50m:	30.52	30.52	150m:	1:38.62	34.22	250m:	2:47.97	34.68	350m:	3:58.10	35.06
	100m:	1:04.40	33.88	200m:	2:13.29	34.67	300m:	3:23.04	35.07	400m:	4:32.19	34.09
30.	LEHMANN, Alena L				2007 UNCAN				+0.73	<b>4:32.64</b>		
	50m:	31.03	31.03	150m:	1:38.86	34.47	250m:	2:48.76	35.14	350m:	3:58.65	34.93
	100m:	1:04.39	33.36	200m:	2:13.62	34.76	300m:	3:23.72	34.96	400m:	4:32.64	33.99
31.	QI, Kelly				2008 WDSC				+0.75	<b>4:32.82</b>		
	50m:	30.99	30.99	150m:	1:38.35	34.04	250m:	2:47.51	34.89	350m:	3:57.84	35.20
	100m:	1:04.31	33.32	200m:	2:12.62	34.27	300m:	3:22.64	35.13	400m:	4:32.82	34.98
32.	WALKER, Chloe				2010 USC				+0.69	<b>4:32.99</b>		
	50m:	30.26	30.26	150m:	1:37.89	34.13	250m:	2:47.23	34.71	350m:	3:58.04	35.33
	100m:	1:03.76	33.50	200m:	2:12.52	34.63	300m:	3:22.71	35.48	400m:	4:32.99	34.95
33.	KOROPATNISKI, Lila				2008 ISC				+0.64	<b>4:33.20</b>		
	50m:	30.77	30.77	150m:	1:39.59	34.96	250m:	2:49.60	34.94	350m:	3:59.50	34.83
	100m:	1:04.63	33.86	200m:	2:14.66	35.07	300m:	3:24.67	35.07	400m:	4:33.20	33.70
34.	DAIGNEAULT, Juliette				2007 PCSC				+0.75	<b>4:33.42</b>		
	50m:	30.29	30.29	150m:	1:37.52	34.01	250m:	2:47.72	35.48	350m:	3:59.06	35.44
	100m:	1:03.51	33.22	200m:	2:12.24	34.72	300m:	3:23.62	35.90	400m:	4:33.42	34.36
35.	TOEWS, Bevin				2007 ESWIM				+0.77	<b>4:33.65</b>		
	50m:	30.96	30.96	150m:	1:39.62	34.74	250m:	2:49.07	34.52	350m:	3:58.88	34.78
	100m:	1:04.88	33.92	200m:	2:14.55	34.93	300m:	3:24.10	35.03	400m:	4:33.65	34.77
36.	TOMORY, Zoe				2009 LSC				+0.72	<b>4:33.66</b>		
	50m:	30.56	30.56	150m:	1:38.46	34.20	250m:	2:48.59	34.97	350m:	3:59.15	35.03
	100m:	1:04.26	33.70	200m:	2:13.62	35.16	300m:	3:24.12	35.53	400m:	4:33.66	34.51
37.	SAUNDERS, Calli B				2008 SPART				+0.72	<b>4:34.04</b>		
	50m:	30.51	30.51	150m:	1:38.23	34.11	250m:	2:48.04	34.65	350m:	3:59.43	35.74
	100m:	1:04.12	33.61	200m:	2:13.39	35.16	300m:	3:23.69	35.65	400m:	4:34.04	34.61
38.	MCLEOD, Abigail				2010 WDSC				+0.70	<b>4:34.18</b>		
	50m:	30.68	30.68	150m:	1:38.70	34.53	250m:	2:48.13	34.86	350m:	3:59.17	35.77
	100m:	1:04.17	33.49	200m:	2:13.27	34.57	300m:	3:23.40	35.27	400m:	4:34.18	35.01
39.	MCPHERSON, Taylor				2009 NRST				+0.78	<b>4:35.38</b>		
	50m:	30.88	30.88	150m:	1:39.07	34.24	250m:	2:49.26	35.31	350m:	4:00.36	35.32
	100m:	1:04.83	33.95	200m:	2:13.95	34.88	300m:	3:25.04	35.78	400m:	4:35.38	35.02
40.	CAMERON, Lydia				2008 UNCAN				+0.77	<b>4:35.70</b>		
	50m:	31.31	31.31	150m:	1:40.12	34.96	250m:	2:50.78	35.27	350m:	4:01.77	35.51
	100m:	1:05.16	33.85	200m:	2:15.51	35.39	300m:	3:26.26	35.48	400m:	4:35.70	33.93

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Event 2, Girls, 400m Freestyle, Prelim, Junior

Rank					YOB	Club			RT	Time		
41.	KEHLER, Ruby H				2007	KAJ			+0.77	<b>4:35.73</b>		
	50m:	30.38	30.38	150m:	1:37.29	33.95	250m:	2:46.82	34.79	350m:	3:59.00	36.18
	100m:	1:03.34	32.96	200m:	2:12.03	34.74	300m:	3:22.82	36.00	400m:	4:35.73	36.73
42.	KRAUSS, Ellie				2008	NG			+0.64	<b>4:37.62</b>		
	50m:	31.40	31.40	150m:	1:40.48	34.65	250m:	2:51.12	35.37	350m:	4:02.74	35.65
	100m:	1:05.83	34.43	200m:	2:15.75	35.27	300m:	3:27.09	35.97	400m:	4:37.62	34.88
43.	DE MITRI, Kyah P				2008	KISU			+0.76	<b>4:38.68</b>		
	50m:	30.99	30.99	150m:	1:39.99	35.17	250m:	2:51.51	36.16	350m:	4:03.34	35.42
	100m:	1:04.82	33.83	200m:	2:15.35	35.36	300m:	3:27.92	36.41	400m:	4:38.68	35.34