

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 21 Women, 400m Medley 13 years and older
2024-07-27 - 18:15 Results Finals

Canadian Senior Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

CJC 13: 5:25.72; 14: 5:18.17; 15: 5:13.48; 16 - 17: 5:08.43; 18 +: 5:06.78

Points: AQUA 2024

Rank			Age			RT	Time	FinaPts	Score
13 - 14 years									
Final A									
1.	ZENG, Michelle		13	WVOSC		+0.66	4:56.88	718	50.00
	50m: 31.39	31.39	150m: 1:46.30	39.37	250m: 3:06.76	42.17	350m: 4:23.41	34.57	
	100m: 1:06.93	35.54	200m: 2:24.59	38.29	300m: 3:48.84	42.08	400m: 4:56.88	33.47	
2.	STOKLEY, Lauren		14	LAC		+0.69	5:03.31	673	30.00
	50m: 32.20	32.20	150m: 1:50.69	40.41	250m: 3:11.85	40.47	350m: 4:29.00	34.89	
	100m: 1:10.28	38.08	200m: 2:31.38	40.69	300m: 3:54.11	42.26	400m: 5:03.31	34.31	
3.	STOKLEY, Grier		14	LAC		+0.74	5:04.51	665	20.00
	50m: 31.52	31.52	150m: 1:48.51	40.22	250m: 3:10.98	43.68	350m: 4:29.95	34.92	
	100m: 1:08.29	36.77	200m: 2:27.30	38.79	300m: 3:55.03	44.05	400m: 5:04.51	34.56	
4.	WARKENTIN, Katherine		14	ESWIM		+0.86	5:06.15	654	19.00
	50m: 31.75	31.75	150m: 1:49.49	40.74	250m: 3:12.56	42.39	350m: 4:32.54	35.48	
	100m: 1:08.75	37.00	200m: 2:30.17	40.68	300m: 3:57.06	44.50	400m: 5:06.15	33.61	
5.	HARRISON, Ella		14	CREST		+0.68	5:08.53	639	18.00
	50m: 31.82	31.82	150m: 1:47.79	40.11	250m: 3:12.77	46.16	350m: 4:34.78	34.24	
	100m: 1:07.68	35.86	200m: 2:26.61	38.82	300m: 4:00.54	47.77	400m: 5:08.53	33.75	
6.	MCLEOD, Abigail		14	WDSC		+0.73	5:10.47	627	17.00
	50m: 32.72	32.72	150m: 1:51.27	39.97	250m: 3:16.04	45.60	350m: 4:36.69	34.31	
	100m: 1:11.30	38.58	200m: 2:30.44	39.17	300m: 4:02.38	46.34	400m: 5:10.47	33.78	
7.	HAIGH, Rebecca		13	OS		+0.75	5:11.43	622	16.00
	50m: 31.48	31.48	150m: 1:47.83	40.02	250m: 3:13.33	46.45	350m: 4:36.54	36.32	
	100m: 1:07.81	36.33	200m: 2:26.88	39.05	300m: 4:00.22	46.89	400m: 5:11.43	34.89	
8.	ROBERTS, Juliette		13	VPSC		+0.64	5:13.63	609	15.00
	50m: 33.10	33.10	150m: 1:53.22	40.94	250m: 3:18.87	45.31	350m: 4:39.32	34.71	
	100m: 1:12.28	39.18	200m: 2:33.56	40.34	300m: 4:04.61	45.74	400m: 5:13.63	34.31	
9.	MOLYNEUX, Maja		14	VPSC		+0.90	5:13.70	608	14.00
	50m: 32.65	32.65	150m: 1:52.50	42.31	250m: 3:17.73	43.32	350m: 4:38.49	36.20	
	100m: 1:10.19	37.54	200m: 2:34.41	41.91	300m: 4:02.29	44.56	400m: 5:13.70	35.21	
10.	RATTEE, Zoe		14	TSC		+0.79	5:18.79	580	13.00 x
	50m: 32.18	32.18	150m: 1:51.48	42.19	250m: 3:20.21	46.87	350m: 4:43.25	35.98	
	100m: 1:09.29	37.11	200m: 2:33.34	41.86	300m: 4:07.27	47.06	400m: 5:18.79	35.54	
Final B									
11.	SANBORN, Maelle		14	UVPCS		+0.70	5:10.03	630	12.00
	50m: 31.86	31.86	150m: 1:52.85	39.91	250m: 3:14.15	41.28	350m: 4:34.09	35.90	
	100m: 1:12.94	41.08	200m: 2:32.87	40.02	300m: 3:58.19	44.04	400m: 5:10.03	35.94	
12.	CHAI, Lily		13	MAC		+0.77	5:11.38	622	9.00
	50m: 33.40	33.40	150m: 1:53.97	40.98	250m: 3:16.63	42.75	350m: 4:37.06	36.49	
	100m: 1:12.99	39.59	200m: 2:33.88	39.91	300m: 4:00.57	43.94	400m: 5:11.38	34.32	

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Event 21, Girls, 400m Medley, Final, 13 - 14 years

Rank			Age			RT	Time	FinPts	Score
13.	CARDIFF, Callie		13	UCSC		+0.62	5:11.39	622	8.00
	50m:	33.35	33.35	150m:	1:52.73	40.99	250m:	3:16.88	44.83
	100m:	1:11.74	38.39	200m:	2:32.05	39.32	300m:	4:02.12	45.24
							350m:	4:38.12	36.00
							400m:	5:11.39	33.27
14.	MURTHA, Shae		14	OS		+0.66	5:11.41	622	7.00
	50m:	32.64	32.64	150m:	1:52.11	39.80	250m:	3:14.41	42.30
	100m:	1:12.31	39.67	200m:	2:32.11	40.00	300m:	3:59.67	45.26
							350m:	4:36.52	36.85
							400m:	5:11.41	34.89
15.	HORNBY, Kaia		13	BTSC		+0.82	5:13.11	612	6.00
	50m:	32.80	32.80	150m:	1:50.73	40.81	250m:	3:18.19	47.47
	100m:	1:09.92	37.12	200m:	2:30.72	39.99	300m:	4:05.95	47.76
							350m:	4:40.47	34.52
							400m:	5:13.11	32.64
16.	FERGUSON, Taylor		13	PCSC		+0.79	5:14.76	602	5.00
	50m:	31.10	31.10	150m:	1:48.69	39.71	250m:	3:15.41	47.75
	100m:	1:08.98	37.88	200m:	2:27.66	38.97	300m:	4:03.99	48.58
							350m:	4:39.83	35.84
							400m:	5:14.76	34.93
17.	MONETTE, Mathilde		14	NN		+0.74	5:16.42	593	4.00
	50m:	32.86	32.86	150m:	1:54.13	40.63	250m:	3:18.88	46.12
	100m:	1:13.50	40.64	200m:	2:32.76	38.63	300m:	4:04.74	45.86
							350m:	4:41.47	36.73
							400m:	5:16.42	34.95
18.	CURLEY, Anna		13	SRAYS		+0.73	5:19.16	578	3.00
	50m:	32.37	32.37	150m:	1:53.52	41.92	250m:	3:21.22	46.41
	100m:	1:11.60	39.23	200m:	2:34.81	41.29	300m:	4:08.79	47.57
							350m:	4:44.44	35.65
							400m:	5:19.16	34.72
19.	NAUS, Sailor		14	ISC		+0.74	5:19.31	577	2.00 x
	50m:	32.72	32.72	150m:	1:51.35	40.74	250m:	3:18.88	48.46
	100m:	1:10.61	37.89	200m:	2:30.42	39.07	300m:	4:07.22	48.34
							350m:	4:43.90	36.68
							400m:	5:19.31	35.41
20.	TALBOT, Brittyn		14	GPP		+0.69	5:22.74	559	1.00 x
	50m:	32.99	32.99	150m:	1:52.52	40.96	250m:	3:21.80	48.12
	100m:	1:11.56	38.57	200m:	2:33.68	41.16	300m:	4:09.89	48.09
							350m:	4:46.60	36.71
							400m:	5:22.74	36.14

15 - 17 years

Final A

1.	BLANCHARD, Kamila		16	PCSC		+0.67	4:48.57	782	50.00
	50m:	30.49	30.49	150m:	1:43.04	37.76	250m:	3:00.49	40.27
	100m:	1:05.28	34.79	200m:	2:20.22	37.18	300m:	3:41.26	40.77
							350m:	4:14.89	33.63
							400m:	4:48.57	33.68
2.	PHILLIPS, Eleaunah		17	EKSC		+0.69	4:53.78	741	30.00
	50m:	30.76	30.76	150m:	1:42.74	36.76	250m:	3:00.44	41.69
	100m:	1:05.98	35.22	200m:	2:18.75	36.01	300m:	3:43.36	42.92
							350m:	4:19.24	35.88
							400m:	4:53.78	34.54
3.	ORAVSKY, Laila		17	BTSC		+0.68	4:54.54	735	20.00
	50m:	30.71	30.71	150m:	1:45.30	39.24	250m:	3:05.43	41.36
	100m:	1:06.06	35.35	200m:	2:24.07	38.77	300m:	3:48.28	42.85
							350m:	4:21.69	33.41
							400m:	4:54.54	32.85
4.	MYNOTT, Naomi		15	WDSC		+0.74	4:54.75	733	19.00
	50m:	30.35	30.35	150m:	1:43.28	37.78	250m:	3:04.41	43.88
	100m:	1:05.50	35.15	200m:	2:20.53	37.25	300m:	3:49.21	44.80
							350m:	4:22.30	33.09
							400m:	4:54.75	32.45
5.	WANG, Angela Jiachen		17	MAC		+0.63	4:58.94	703	18.00
	50m:	30.63	30.63	150m:	1:46.26	40.43	250m:	3:06.73	42.12
	100m:	1:05.83	35.20	200m:	2:24.61	38.35	300m:	3:50.41	43.68
							350m:	4:25.32	34.91
							400m:	4:58.94	33.62
6.	VROOM, Taira		17	BTSC		+0.76	4:59.69	698	17.00
	50m:	30.46	30.46	150m:	1:44.74	38.94	250m:	3:07.72	44.36
	100m:	1:05.80	35.34	200m:	2:23.36	38.62	300m:	3:52.40	44.68
							350m:	4:26.74	34.34
							400m:	4:59.69	32.95

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Event 21, Girls, 400m Medley, Final, 15 - 17 years

Rank			Age			RT	Time	FinaPts	Score
7.	KO, Ashley		17	OS		+0.73	5:01.20	687	16.00
	50m:	30.82	30.82	150m:	1:45.14	39.47	250m:	3:07.06	43.80
	100m:	1:05.67	34.85	200m:	2:23.26	38.12	300m:	3:52.02	44.96
							350m:	4:27.89	35.87
							400m:	5:01.20	33.31
8.	CHAI, Amy		16	MAC		+0.73	5:01.46	685	15.00
	50m:	31.07	31.07	150m:	1:46.95	39.54	250m:	3:07.89	42.05
	100m:	1:07.41	36.34	200m:	2:25.84	38.89	300m:	3:51.51	43.62
							350m:	4:27.13	35.62
							400m:	5:01.46	34.33
9.	NICHOLSON-JODOIN, Annie		16	PCSC		+0.68	5:01.57	685	14.00
	50m:	31.10	31.10	150m:	1:45.96	38.14	250m:	3:06.80	43.43
	100m:	1:07.82	36.72	200m:	2:23.37	37.41	300m:	3:49.65	42.85
							350m:	4:25.85	36.20
							400m:	5:01.57	35.72
10.	KISSUK, Sophie		17	ESWIM		+0.66	5:05.11	661	13.00
	50m:	31.14	31.14	150m:	1:45.55	37.87	250m:	3:08.18	45.08
	100m:	1:07.68	36.54	200m:	2:23.10	37.55	300m:	3:53.91	45.73
							350m:	4:30.21	36.30
							400m:	5:05.11	34.90
Final B									
11.	YAZEDJIAN, Elsa		17	CAMO		+0.68	5:01.94	682	12.00
	50m:	30.51	30.51	150m:	1:44.93	39.04	250m:	3:07.60	44.24
	100m:	1:05.89	35.38	200m:	2:23.36	38.43	300m:	3:52.75	45.15
							350m:	4:27.99	35.24
							400m:	5:01.94	33.95
12.	QI, Kelly		16	WDSC		+0.77	5:02.19	681	9.00
	50m:	31.19	31.19	150m:	1:47.80	39.79	250m:	3:10.31	43.55
	100m:	1:08.01	36.82	200m:	2:26.76	38.96	300m:	3:53.88	43.57
							350m:	4:28.82	34.94
							400m:	5:02.19	33.37
13.	DE MITRI, Kyah		16	KISU		+0.79	5:02.68	677	8.00
	50m:	33.09	33.09	150m:	1:52.08	39.67	250m:	3:11.14	41.04
	100m:	1:12.41	39.32	200m:	2:30.10	38.02	300m:	3:53.96	42.82
							350m:	4:28.95	34.99
							400m:	5:02.68	33.73
14.	COOPER, Isabella		15	LSC		+0.82	5:03.46	672	7.00
	50m:	31.49	31.49	150m:	1:48.84	41.42	250m:	3:11.67	43.03
	100m:	1:07.42	35.93	200m:	2:28.64	39.80	300m:	3:55.49	43.82
							350m:	4:30.16	34.67
							400m:	5:03.46	33.30
15.	CABEZAS GARZON, Mariana		15	ESWIM		+0.77	5:05.31	660	6.00
	50m:	31.41	31.41	150m:	1:45.36	38.48	250m:	3:09.00	46.21
	100m:	1:06.88	35.47	200m:	2:22.79	37.43	300m:	3:57.27	48.27
							350m:	4:32.24	34.97
							400m:	5:05.31	33.07
16.	BROUSSEAU, Charlotte		16	CAMO		+0.72	5:05.64	658	5.00
	50m:	31.44	31.44	150m:	1:48.13	40.39	250m:	3:11.83	45.18
	100m:	1:07.74	36.30	200m:	2:26.65	38.52	300m:	3:56.46	44.63
							350m:	4:31.74	35.28
							400m:	5:05.64	33.90
17.	KEHLER, Ruby		16	KAJ		+0.72	5:05.76	657	4.00
	50m:	31.75	31.75	150m:	1:47.95	39.79	250m:	3:11.97	45.31
	100m:	1:08.16	36.41	200m:	2:26.66	38.71	300m:	3:58.92	46.95
							350m:	4:32.84	33.92
							400m:	5:05.76	32.92
18.	NICOLS, Jasmine		17	MAC		+0.71	5:09.57	633	3.00 x
	50m:	30.76	30.76	150m:	1:47.08	41.07	250m:	3:13.05	45.49
	100m:	1:06.01	35.25	200m:	2:27.56	40.48	300m:	3:58.72	45.67
							350m:	4:34.67	35.95
							400m:	5:09.57	34.90
19.	WINSER, Marlee		15	KISU		+0.70	5:14.27	605	2.00 x
	50m:	32.58	32.58	150m:	1:52.70	41.66	250m:	3:17.77	44.91
	100m:	1:11.04	38.46	200m:	2:32.86	40.16	300m:	4:04.27	46.50
							350m:	4:39.34	35.07
							400m:	5:14.27	34.93
DSQ	GORDON, Lindsay		17	PCSC					-

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 21, Women, 400m Medley, Final

18 years and older

1.	LEPAGE, Alexanne	18	UCSC	+0.76	4:45.21	810	50.00	
	50m: 30.35	30.35	150m: 1:43.70	38.14	250m: 2:58.27	37.47	350m: 4:13.00	35.26
	100m: 1:05.56	35.21	200m: 2:20.80	37.10	300m: 3:37.74	39.47	400m: 4:45.21	32.21
2.	SPENCE, Emma	22	UBCT	+0.71	4:54.06	739	30.00	
	50m: 31.94	31.94	150m: 1:46.90	38.49	250m: 3:04.53	40.83	350m: 4:20.56	34.89
	100m: 1:08.41	36.47	200m: 2:23.70	36.80	300m: 3:45.67	41.14	400m: 4:54.06	33.50
3.	TREMBLAY, Raphaelle	19	LMRL	+0.66	4:55.50	728	20.00	
	50m: 31.24	31.24	150m: 1:44.39	37.86	250m: 3:04.63	42.47	350m: 4:22.36	33.80
	100m: 1:06.53	35.29	200m: 2:22.16	37.77	300m: 3:48.56	43.93	400m: 4:55.50	33.14
4.	MEADWAY, Shannon	22	USC	+0.73	4:57.08	716	19.00	
	50m: 30.49	30.49	150m: 1:42.85	36.66	250m: 3:02.04	42.77	350m: 4:22.64	35.33
	100m: 1:06.19	35.70	200m: 2:19.27	36.42	300m: 3:47.31	45.27	400m: 4:57.08	34.44
5.	BRENDZAN, Olivia	21	EKSC	+0.79	4:58.58	706	18.00	
	50m: 31.47	31.47	150m: 1:45.53	37.78	250m: 3:05.30	43.54	350m: 4:24.33	35.06
	100m: 1:07.75	36.28	200m: 2:21.76	36.23	300m: 3:49.27	43.97	400m: 4:58.58	34.25
6.	PENG, Amaris	19	UBCT	+0.73	5:01.57	685	17.00	
	50m: 31.61	31.61	150m: 1:49.48	40.85	250m: 3:08.82	40.20	350m: 4:26.45	36.78
	100m: 1:08.63	37.02	200m: 2:28.62	39.14	300m: 3:49.67	40.85	400m: 5:01.57	35.12
7.	LAURIN, Marissa	18	GPP	+0.77	5:03.89	669	16.00	
	50m: 31.90	31.90	150m: 1:48.21	38.82	250m: 3:09.37	43.38	350m: 4:29.70	36.06
	100m: 1:09.39	37.49	200m: 2:25.99	37.78	300m: 3:53.64	44.27	400m: 5:03.89	34.19
8.	SAVA, Helen Anne	18	RAMAC	+0.79	5:06.32	653	15.00	
	50m: 32.31	32.31	150m: 1:49.02	39.74	250m: 3:13.67	45.63	350m: 4:33.58	34.44
	100m: 1:09.28	36.97	200m: 2:28.04	39.02	300m: 3:59.14	45.47	400m: 5:06.32	32.74
9.	VADEIKA, Robin	18	WES	+0.72	5:12.95	613	14.00 x	
	50m: 31.29	31.29	150m: 1:49.09	40.93	250m: 3:14.85	46.46	350m: 4:38.34	36.63
	100m: 1:08.16	36.87	200m: 2:28.39	39.30	300m: 4:01.71	46.86	400m: 5:12.95	34.61