

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3 Women, 400m Freestyle 13 years and older
2024-07-24 - 10:12 Results Prelim

Canadian Senior Records	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	2023-03-28
Canadian Age Group Records 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	2021-07-26

CJC 13: 4:45.34; 14: 4:39.16; 15: 4:36.11; 16 - 17: 4:31.63; 18 +: 4:28.98

Points: AQUA 2024

Rank	Age		RT		Time	FinaPts	Score	
13 - 14 years								
1.	WISE, Elleigh	14	CASC	+0.65	4:27.54	680	- A	
	50m: 30.64	30.64	150m: 1:39.14	34.35	250m: 2:47.38	34.08	350m: 3:55.82	33.80
	100m: 1:04.79	34.15	200m: 2:13.30	34.16	300m: 3:22.02	34.64	400m: 4:27.54	31.72
2.	ZENG, Michelle	13	WVOSC	+0.67	4:28.21	675	- A	
	50m: 31.02	31.02	150m: 1:38.66	33.98	250m: 2:46.80	34.02	350m: 3:54.84	33.93
	100m: 1:04.68	33.66	200m: 2:12.78	34.12	300m: 3:20.91	34.11	400m: 4:28.21	33.37
3.	MCLEOD, Abigail	14	WDSC	+0.76	4:30.11	661	- A	
	50m: 30.70	30.70	150m: 1:38.52	33.96	250m: 2:47.55	34.53	350m: 3:56.63	34.19
	100m: 1:04.56	33.86	200m: 2:13.02	34.50	300m: 3:22.44	34.89	400m: 4:30.11	33.48
4.	WALKER, Chloe	14	USC	+0.70	4:30.99	655	- A	
	50m: 30.59	30.59	150m: 1:38.08	33.94	250m: 2:47.13	34.48	350m: 3:56.97	34.97
	100m: 1:04.14	33.55	200m: 2:12.65	34.57	300m: 3:22.00	34.87	400m: 4:30.99	34.02
5.	HARRISON, Ella	14	CREST	+0.66	4:31.35	652	- A	
	50m: 31.06	31.06	150m: 1:38.90	34.05	250m: 2:48.44	34.71	350m: 3:57.52	34.38
	100m: 1:04.85	33.79	200m: 2:13.73	34.83	300m: 3:23.14	34.70	400m: 4:31.35	33.83
6.	CHERNENKOFF, Mila	14	UVPCS	+0.72	4:32.38	645	- A	
	50m: 30.48	30.48	150m: 1:37.86	33.99	250m: 2:46.86	34.33	350m: 3:58.03	35.57
	100m: 1:03.87	33.39	200m: 2:12.53	34.67	300m: 3:22.46	35.60	400m: 4:32.38	34.35
7.	STOKLEY, Lauren	14	LAC	+0.73	4:35.32	624	- A	
	50m: 31.79	31.79	150m: 1:40.93	34.78	250m: 2:51.32	35.12	350m: 4:01.79	35.19
	100m: 1:06.15	34.36	200m: 2:16.20	35.27	300m: 3:26.60	35.28	400m: 4:35.32	33.53
8.	BOILY, Claudia	14	PCSC	+0.70	4:35.72	622	- A	
	50m: 30.99	30.99	150m: 1:40.38	35.04	250m: 2:50.69	35.36	350m: 4:01.63	35.37
	100m: 1:05.34	34.35	200m: 2:15.33	34.95	300m: 3:26.26	35.57	400m: 4:35.72	34.09
9.	RATTEE, Zoe	14	TSC	+0.78	4:36.40	617	- A	
	50m: 30.87	30.87	200m: 2:14.26	1:09.51	300m: 3:24.43	35.23	400m: 4:36.40	36.04
	100m: 1:04.75	33.88	250m: 2:49.20	34.94	350m: 4:00.36	35.93		
10.	THAI, Kayla	14	OS	+0.67	4:36.46	617	- A	
	50m: 30.98	30.98	150m: 1:40.62	35.18	250m: 2:51.28	34.97	350m: 4:01.81	34.86
	100m: 1:05.44	34.46	200m: 2:16.31	35.69	300m: 3:26.95	35.67	400m: 4:36.46	34.65
11.	HORNBY, Kaia	13	BTSC	+0.83	4:36.77	615	- B	
	50m: 31.24	31.24	150m: 1:40.93	35.37	250m: 2:52.17	35.64	350m: 4:02.95	35.08
	100m: 1:05.56	34.32	200m: 2:16.53	35.60	300m: 3:27.87	35.70	400m: 4:36.77	33.82
12.	NAUS, Sailor	14	ISC	+0.74	4:37.14	612	- B	
	50m: 31.64	31.64	150m: 1:41.15	34.98	250m: 2:51.08	34.68	350m: 4:02.01	35.60
	100m: 1:06.17	34.53	200m: 2:16.40	35.25	300m: 3:26.41	35.33	400m: 4:37.14	35.13
13.	LABRIE, Eve	13	NN	+0.79	4:37.15	612	- B	
	50m: 31.40	31.40	150m: 1:41.71	35.59	250m: 2:52.35	35.14	350m: 4:03.39	35.15
	100m: 1:06.12	34.72	200m: 2:17.21	35.50	300m: 3:28.24	35.89	400m: 4:37.15	33.76

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 13 - 14 years

Rank				Age				RT	Time	FinPts	Score	
14.	WARKENTIN, Katherine			14	ESWIM			+0.82	4:37.31	611	-	B
	50m:	30.39	30.39	150m:	1:37.79	33.84	250m:	2:49.06	35.60	350m:	4:01.19	35.68
	100m:	1:03.95	33.56	200m:	2:13.46	35.67	300m:	3:25.51	36.45	400m:	4:37.31	36.12
15.	YOUNG, Sophia			14	TSC			+0.77	4:37.87	607	-	B
	50m:	31.36	31.36	150m:	1:41.10	35.11	250m:	2:50.80	34.57	350m:	4:02.46	36.30
	100m:	1:05.99	34.63	200m:	2:16.23	35.13	300m:	3:26.16	35.36	400m:	4:37.87	35.41
16.	MOLYNEUX, Maja			14	VPSC			+0.79	4:39.21	599	-	B x
	50m:	31.14	31.14	150m:	1:41.11	35.33	250m:	2:52.66	35.90	350m:	4:04.78	36.02
	100m:	1:05.78	34.64	200m:	2:16.76	35.65	300m:	3:28.76	36.10	400m:	4:39.21	34.43
17.	CHOW, Audrey			13	CDSC				4:39.77	595	-	B
	50m:	31.16	31.16	150m:	1:40.74	35.29	250m:	2:52.19	35.75	350m:	4:04.66	36.25
	100m:	1:05.45	34.29	200m:	2:16.44	35.70	300m:	3:28.41	36.22	400m:	4:39.77	35.11
18.	ZHANG, Muqing			14	VPSC			+0.74	4:40.32	592	-	B x
	50m:	32.01	32.01	150m:	1:43.56	35.96	250m:	2:55.20	35.54	350m:	4:05.65	34.56
	100m:	1:07.60	35.59	200m:	2:19.66	36.10	300m:	3:31.09	35.89	400m:	4:40.32	34.67
19.	POMERLEAU, Mikaelle			14	PCSC			+0.73	4:40.55	590	-	B x
	50m:	31.50	31.50	150m:	1:41.68	35.70	250m:	2:53.75	35.95	350m:	4:05.32	35.74
	100m:	1:05.98	34.48	200m:	2:17.80	36.12	300m:	3:29.58	35.83	400m:	4:40.55	35.23
20.	COOKE, Elise			13	EKSC			+0.55	4:40.79	589	-	B
	50m:	32.12	32.12	150m:	1:43.50	35.98	250m:	2:55.27	35.69	350m:	4:07.35	35.67
	100m:	1:07.52	35.40	200m:	2:19.58	36.08	300m:	3:31.68	36.41	400m:	4:40.79	33.44
21.	JEFFERIES, Gloria			14	SRAYS			+0.69	4:41.17	586	-	R x
	50m:	32.68	32.68	150m:	1:43.93	35.90	250m:	2:55.53	35.80	350m:	4:06.86	35.66
	100m:	1:08.03	35.35	200m:	2:19.73	35.80	300m:	3:31.20	35.67	400m:	4:41.17	34.31
22.	FERGUSON, Taylor			13	PCSC			+0.75	4:41.58	584	-	R
	50m:	31.58	31.58	150m:	1:42.09	35.26	250m:	2:53.77	35.99	350m:	4:06.08	35.95
	100m:	1:06.83	35.25	200m:	2:17.78	35.69	300m:	3:30.13	36.36	400m:	4:41.58	35.50
23.	AUGER, Sophie			13	PCSC			+0.76	4:41.96	581	-	
	50m:	31.78	31.78	150m:	1:43.44	36.10	250m:	2:55.35	35.63	350m:	4:07.63	35.79
	100m:	1:07.34	35.56	200m:	2:19.72	36.28	300m:	3:31.84	36.49	400m:	4:41.96	34.33
24.	HAIGH, Rebecca			13	OS			+0.83	4:42.10	580	-	
	50m:	31.61	31.61	150m:	1:42.17	35.20	250m:	2:53.75	35.98	350m:	4:06.59	36.34
	100m:	1:06.97	35.36	200m:	2:17.77	35.60	300m:	3:30.25	36.50	400m:	4:42.10	35.51
25.	MILLER, Riley			13	KAJ			+0.72	4:42.52	578	-	
	50m:	31.21	31.21	150m:	1:41.75	35.40	250m:	2:54.04	36.16	350m:	4:07.01	36.56
	100m:	1:06.35	35.14	200m:	2:17.88	36.13	300m:	3:30.45	36.41	400m:	4:42.52	35.51
26.	RYAN, Analise			14	NYAC			+0.72	4:43.15	574	-	x
	50m:	30.56	30.56	150m:	1:40.40	35.72	250m:	2:53.66	36.80	350m:	4:07.55	37.02
	100m:	1:04.68	34.12	200m:	2:16.86	36.46	300m:	3:30.53	36.87	400m:	4:43.15	35.60
27.	TIGERT, Sophie			13	TSC			+0.70	4:43.65	571	-	
	50m:	32.23	32.23	150m:	1:43.51	36.10	250m:	2:55.78	36.00	350m:	4:08.22	35.98
	100m:	1:07.41	35.18	200m:	2:19.78	36.27	300m:	3:32.24	36.46	400m:	4:43.65	35.43
28.	CARDIFF, Callie			13	UCSC			+0.60	4:43.77	570	-	
	50m:	32.15	32.15	150m:	1:42.93	35.77	250m:	2:55.61	36.53	350m:	4:08.26	36.66
	100m:	1:07.16	35.01	200m:	2:19.08	36.15	300m:	3:31.60	35.99	400m:	4:43.77	35.51

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 13 - 14 years

Rank	Name		Age	Club	RT	Time	FinPts	Score
29.	HOLLAND, Mary-Ellen		13	HTAC	+0.80	4:44.95	563	-
	50m:	31.93 31.93	150m:	1:42.97 36.13	250m:	2:55.38 36.19	350m:	4:09.50 36.97
	100m:	1:06.84 34.91	200m:	2:19.19 36.22	300m:	3:32.53 37.15	400m:	4:44.95 35.45
30.	NICHOLSON-JODOIN, Clementine		13	PCSC	+0.71	4:45.12	562	-
	50m:	32.30 32.30	150m:	1:43.25 35.39	250m:	2:55.60 36.18	350m:	4:09.09 36.89
	100m:	1:07.86 35.56	200m:	2:19.42 36.17	300m:	3:32.20 36.60	400m:	4:45.12 36.03
31.	CHAI, Lily		13	MAC	+0.73	4:45.39	561	- x
	50m:	32.00 32.00	200m:	2:20.37 1:13.15	400m:	4:45.39 1:12.15		
	100m:	1:07.22 35.22	300m:	3:33.24 1:12.87				
32.	BOURGEOIS, Sierra		13	TBT	+0.65	4:45.47	560	- x
	50m:	32.00 32.00	150m:	1:43.38 35.80	250m:	2:55.49 36.04	350m:	4:09.40 36.84
	100m:	1:07.58 35.58	200m:	2:19.45 36.07	300m:	3:32.56 37.07	400m:	4:45.47 36.07
33.	HARRINGTON, Mya		13	UCSC	+0.79	4:46.72	553	- x
	50m:	32.34 32.34	150m:	1:44.71 36.60	250m:	2:59.03 37.20	350m:	4:12.08 36.67
	100m:	1:08.11 35.77	200m:	2:21.83 37.12	300m:	3:35.41 36.38	400m:	4:46.72 34.64
34.	MORGANS, Leanna		13	HTAC	+0.69	4:46.87	552	- x
	50m:	32.42 32.42	150m:	1:43.91 36.08	250m:	2:57.09 36.73	350m:	4:11.01 36.97
	100m:	1:07.83 35.41	200m:	2:20.36 36.45	300m:	3:34.04 36.95	400m:	4:46.87 35.86
35.	TAKAI, Kaede		14	OS	+0.74	4:47.59	548	- x
	50m:	31.57 31.57	150m:	1:44.16 36.57	250m:	2:58.08 37.25	350m:	4:11.95 37.64
	100m:	1:07.59 36.02	200m:	2:20.83 36.67	300m:	3:34.31 36.23	400m:	4:47.59 35.64
36.	TRIPP, Helena		13	KBM	+0.77	4:47.97	546	- x
	100m:	1:07.91 1:07.91	300m:	3:35.48 1:14.18	400m:	4:47.97 35.75		
	200m:	2:21.30 1:13.39	350m:	4:12.22 36.74				
37.	FELT, Kayla		13	ISC	+0.81	4:48.25	544	- x
	50m:	32.28 32.28	150m:	1:44.81 36.56	250m:	2:58.77 37.00	350m:	4:12.63 36.85
	100m:	1:08.25 35.97	200m:	2:21.77 36.96	300m:	3:35.78 37.01	400m:	4:48.25 35.62
38.	CHIN, Claire		13	SJL	+0.76	4:49.76	536	- x
	50m:	32.90 32.90	150m:	1:45.07 36.35	250m:	2:59.95 37.51	350m:	4:14.10 37.23
	100m:	1:08.72 35.82	200m:	2:22.44 37.37	300m:	3:36.87 36.92	400m:	4:49.76 35.66
39.	OUATTARA ROUSSEAU, Zahia		14	ELITE	+0.72	4:51.06	528	- x
	50m:	32.01 32.01	150m:	1:45.24 37.07	250m:	3:00.16 37.27	350m:	4:15.10 37.33
	100m:	1:08.17 36.16	200m:	2:22.89 37.65	300m:	3:37.77 37.61	400m:	4:51.06 35.96
40.	KEOGH, Mia		13	CASC	+0.84	4:55.07	507	- x
	50m:	32.91 32.91	150m:	1:47.10 37.48	250m:	3:03.08 37.75	350m:	4:18.88 37.56
	100m:	1:09.62 36.71	200m:	2:25.33 38.23	300m:	3:41.32 38.24	400m:	4:55.07 36.19
41.	JIN, Alice		13	RHAC	+0.75	4:58.68	489	- x
	50m:	33.36 33.36	150m:	1:48.04 38.17	250m:	3:04.32 37.71	350m:	4:22.01 38.58
	100m:	1:09.87 36.51	200m:	2:26.61 38.57	300m:	3:43.43 39.11	400m:	4:58.68 36.67
42.	TCHAPTCHET, Dafney		14	ELITE	+0.76	5:00.47	480	- x
	50m:	32.26 32.26	150m:	1:46.88 38.18	250m:	3:04.64 38.78	350m:	4:22.23 38.57
	100m:	1:08.70 36.44	200m:	2:25.86 38.98	300m:	3:43.66 39.02	400m:	5:00.47 38.24
43.	SPARROW, Kenzie		13	CCSC	+0.67	5:05.19	458	- x
	50m:	32.27 32.27	150m:	1:47.50 38.29	250m:	3:07.09 39.46	350m:	4:26.45 39.46
	100m:	1:09.21 36.94	200m:	2:27.63 40.13	300m:	3:46.99 39.90	400m:	5:05.19 38.74

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 13 - 14 years

Rank				Age			RT	Time	FinPts	Score		
44.	STONE, Katherine			14	ROW		+0.70	5:10.10	437	- x		
	50m:	33.16	33.16	150m:	1:50.91	39.74	250m:	3:11.14	40.06	350m:	4:31.76	40.16
	100m:	1:11.17	38.01	200m:	2:31.08	40.17	300m:	3:51.60	40.46	400m:	5:10.10	38.34

DNS LENNSTROM, Taysia 13 HYACK -

15 - 17 years

1.	COSGROVE, Ella			16	DSC		+0.81	4:18.37	756	- A		
	50m:	29.62	29.62	150m:	1:34.47	32.75	250m:	2:39.72	32.65	350m:	3:45.65	33.16
	100m:	1:01.72	32.10	200m:	2:07.07	32.60	300m:	3:12.49	32.77	400m:	4:18.37	32.72
2.	LEIGH, Peyton			16	BROCK		+0.71	4:20.66	736	- A		
	50m:	29.90	29.90	150m:	1:34.91	32.87	250m:	2:41.08	33.26	350m:	3:48.15	33.46
	100m:	1:02.04	32.14	200m:	2:07.82	32.91	300m:	3:14.69	33.61	400m:	4:20.66	32.51
3.	ORAVSKY, Laila			17	BTSC		+0.70	4:21.50	729	- A		
	50m:	29.77	29.77	150m:	1:34.84	32.90	250m:	2:41.01	33.34	350m:	3:49.02	34.11
	100m:	1:01.94	32.17	200m:	2:07.67	32.83	300m:	3:14.91	33.90	400m:	4:21.50	32.48
4.	STEPANOFF, Paige			15	TSC		+0.78	4:21.62	728	- A		
	50m:	30.24	30.24	150m:	1:37.22	33.69	250m:	2:43.80	32.89	350m:	3:50.40	33.10
	100m:	1:03.53	33.29	200m:	2:10.91	33.69	300m:	3:17.30	33.50	400m:	4:21.62	31.22
5.	CLARK, Maxine			16	UCSC		+0.70	4:23.09	716	- A		
	50m:	30.01	30.01	150m:	1:36.41	33.31	250m:	2:43.13	33.08	350m:	3:50.09	33.42
	100m:	1:03.10	33.09	200m:	2:10.05	33.64	300m:	3:16.67	33.54	400m:	4:23.09	33.00
6.	BLANCHARD, Kamila			16	PCSC		+0.69	4:23.73	710	- A		
	50m:	29.30	29.30	150m:	1:35.11	32.97	250m:	2:42.19	33.63	350m:	3:50.67	34.18
	100m:	1:02.14	32.84	200m:	2:08.56	33.45	300m:	3:16.49	34.30	400m:	4:23.73	33.06
7.	KEHLER, Ruby			16	KAJ		+0.72	4:24.81	702	- A		
	50m:	30.37	30.37	150m:	1:36.69	33.55	250m:	2:44.58	34.04	350m:	3:52.37	33.58
	100m:	1:03.14	32.77	200m:	2:10.54	33.85	300m:	3:18.79	34.21	400m:	4:24.81	32.44
8.	EBLI, Julia			17	TSC		+0.69	4:25.13	699	- A		
	50m:	30.12	30.12	150m:	1:35.99	33.28	250m:	2:43.20	33.50	350m:	3:50.96	33.97
	100m:	1:02.71	32.59	200m:	2:09.70	33.71	300m:	3:16.99	33.79	400m:	4:25.13	34.17
9.	WINSER, Marlee			15	KISU		+0.70	4:25.22	699	- A		
	50m:	30.31	30.31	150m:	1:37.09	33.75	250m:	2:43.67	32.89	350m:	3:52.24	34.54
	100m:	1:03.34	33.03	200m:	2:10.78	33.69	300m:	3:17.70	34.03	400m:	4:25.22	32.98
10.	MYNOTT, Naomi			15	WDSC		+0.71	4:26.21	691	- A		
	50m:	29.90	29.90	150m:	1:35.62	33.20	250m:	2:43.38	33.83	350m:	3:52.61	34.56
	100m:	1:02.42	32.52	200m:	2:09.55	33.93	300m:	3:18.05	34.67	400m:	4:26.21	33.60
11.	QI, Kelly			16	WDSC		+0.77	4:26.71	687	- B		
	50m:	30.17	30.17	150m:	1:36.90	33.83	250m:	2:45.56	34.46	350m:	3:53.49	33.76
	100m:	1:03.07	32.90	200m:	2:11.10	34.20	300m:	3:19.73	34.17	400m:	4:26.71	33.22
12.	CABEZAS GARZON, Mariana			15	ESWIM		+0.77	4:26.86	686	- B		
	50m:	30.92	30.92	150m:	1:38.10	34.06	250m:	2:46.72	34.40	350m:	3:54.57	33.43
	100m:	1:04.04	33.12	200m:	2:12.32	34.22	300m:	3:21.14	34.42	400m:	4:26.86	32.29
13.	KO, Ashley			17	OS		+0.69	4:27.10	684	- B		
	50m:	30.40	30.40	150m:	1:36.75	33.54	250m:	2:45.62	34.73	350m:	3:54.84	34.54
	100m:	1:03.21	32.81	200m:	2:10.89	34.14	300m:	3:20.30	34.68	400m:	4:27.10	32.26

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 15 - 17 years

Rank					Age					RT	Time	FinPts	Score
14.	MCNABB, Sara				15	FAST				+0.67	4:27.92	678	- B
	50m:	30.02	30.02	150m:	1:36.89	33.80	250m:	2:45.80	34.44	350m:	3:54.72	34.16	
	100m:	1:03.09	33.07	200m:	2:11.36	34.47	300m:	3:20.56	34.76	400m:	4:27.92	33.20	
15.	PIATERA MERCIER, Delphine				16	SHER				+0.72	4:28.29	675	- B
	50m:	30.16	30.16	150m:	1:37.01	33.90	250m:	2:45.23	33.73	350m:	3:54.12	34.45	
	100m:	1:03.11	32.95	200m:	2:11.50	34.49	300m:	3:19.67	34.44	400m:	4:28.29	34.17	
16.	VROOM, Taira				17	BTSC				+0.73	4:28.90	670	- B
	50m:	29.58	29.58	150m:	1:35.76	33.54	250m:	2:44.60	34.46	350m:	3:54.50	34.90	
	100m:	1:02.22	32.64	200m:	2:10.14	34.38	300m:	3:19.60	35.00	400m:	4:28.90	34.40	
17.	GORDON, Lindsay				17	PCSC				+0.69	4:29.08	669	- B
	50m:	29.99	29.99	150m:	1:36.89	33.68	250m:	2:45.58	34.58	350m:	3:55.02	34.52	
	100m:	1:03.21	33.22	200m:	2:11.00	34.11	300m:	3:20.50	34.92	400m:	4:29.08	34.06	
18.	WEATHERHEAD, Taryn				16	KISU				+0.72	4:29.59	665	- B
	50m:	30.13	30.13	150m:	1:36.79	33.78	250m:	2:45.34	34.26	350m:	3:55.66	35.31	
	100m:	1:03.01	32.88	200m:	2:11.08	34.29	300m:	3:20.35	35.01	400m:	4:29.59	33.93	
19.	TOMORY, Zoe				15	LSC				+0.83	4:29.88	663	- B
	50m:	31.21	31.21	150m:	1:39.04	34.24	250m:	2:47.68	34.12	350m:	3:57.07	34.61	
	100m:	1:04.80	33.59	200m:	2:13.56	34.52	300m:	3:22.46	34.78	400m:	4:29.88	32.81	
20.	TOEWS, Bevin				16	MAC				+0.83	4:30.15	661	- B
	50m:	31.48	31.48	150m:	1:39.91	34.38	250m:	2:48.72	34.01	350m:	3:56.92	34.05	
	100m:	1:05.53	34.05	200m:	2:14.71	34.80	300m:	3:22.87	34.15	400m:	4:30.15	33.23	
21.	LIU, Ziyun				15	CDSC				+0.67	4:30.56	658	- R
	100m:	1:04.03	1:04.03	200m:	2:13.63	1:09.60	300m:	3:23.10	1:09.47	400m:	4:30.56	1:07.46	
22.	THOMAS, Mia				16	ESWIM				+0.67	4:31.26	653	- R
	50m:	30.68	30.68	150m:	1:39.38	34.54	250m:	2:49.16	34.69	350m:	3:58.10	34.66	
	100m:	1:04.84	34.16	200m:	2:14.47	35.09	300m:	3:23.44	34.28	400m:	4:31.26	33.16	
23.	COSIC, Milena				16	UCSC				+0.72	4:31.45	651	-
	50m:	30.63	30.63	150m:	1:39.36	34.39	250m:	2:48.49	34.20	350m:	3:57.95	34.62	
	100m:	1:04.97	34.34	200m:	2:14.29	34.93	300m:	3:23.33	34.84	400m:	4:31.45	33.50	
24.	KOROPATNISKI, Lila				15	ISC				+0.64	4:31.56	651	-
	50m:	31.53	31.53	150m:	1:40.30	34.41	250m:	2:49.40	34.59	350m:	3:58.23	34.40	
	100m:	1:05.89	34.36	200m:	2:14.81	34.51	300m:	3:23.83	34.43	400m:	4:31.56	33.33	
25.	DE MITRI, Kyah				16	KISU				+0.69	4:31.59	650	-
	50m:	31.06	31.06	150m:	1:38.31	34.07	250m:	2:47.66	34.84	350m:	3:57.74	35.08	
	100m:	1:04.24	33.18	200m:	2:12.82	34.51	300m:	3:22.66	35.00	400m:	4:31.59	33.85	
26.	MICHAUD, Laurence				17	CNJO				+0.72	4:31.76	649	- x
	50m:	31.38	31.38	150m:	1:39.93	34.08	250m:	2:48.94	34.63	350m:	3:58.38	34.53	
	100m:	1:05.85	34.47	200m:	2:14.31	34.38	300m:	3:23.85	34.91	400m:	4:31.76	33.38	
27.	GIARDETTI, Madeline				16	TBT				+0.71	4:31.79	649	- x
	50m:	31.43	31.43	150m:	1:39.12	34.22	250m:	2:47.89	34.48	350m:	3:57.32	35.07	
	100m:	1:04.90	33.47	200m:	2:13.41	34.29	300m:	3:22.25	34.36	400m:	4:31.79	34.47	
28.	ARCHER, Gillian				17	OSC				+0.63	4:32.31	645	- x
	50m:	31.03	31.03	150m:	1:39.03	34.60	250m:	2:48.51	34.52	350m:	3:58.09	34.82	
	100m:	1:04.43	33.40	200m:	2:13.99	34.96	300m:	3:23.27	34.76	400m:	4:32.31	34.22	
29.	TAGHAVI, Shayda				15	HYACK				+0.70	4:32.45	644	-
	50m:	31.13	31.13	150m:	1:39.21	34.37	250m:	2:49.02	34.89	350m:	3:58.43	34.58	
	100m:	1:04.84	33.71	200m:	2:14.13	34.92	300m:	3:23.85	34.83	400m:	4:32.45	34.02	

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 15 - 17 years

Rank			Age			RT	Time	FinPts	Score			
30.	MICHAUD, Maelie		17	PCSC		+0.67	4:33.13	640	-	X		
	50m:	30.92	30.92	150m:	1:39.21	34.50	250m:	2:49.30	35.29	350m:	3:59.92	35.53
	100m:	1:04.71	33.79	200m:	2:14.01	34.80	300m:	3:24.39	35.09	400m:	4:33.13	33.21
31.	HOCEVAR, Natalie		16	MSSAC		+0.61	4:33.75	635	-	X		
	50m:	30.90	30.90	150m:	1:39.31	34.58	250m:	2:48.75	34.91	350m:	3:59.09	35.36
	100m:	1:04.73	33.83	200m:	2:13.84	34.53	300m:	3:23.73	34.98	400m:	4:33.75	34.66
32.	COOPER, Isabella		15	LSC		+0.75	4:33.93	634	-			
	50m:	30.48	30.48	150m:	1:38.00	34.24	250m:	2:47.98	35.32	350m:	3:59.29	35.66
	100m:	1:03.76	33.28	200m:	2:12.66	34.66	300m:	3:23.63	35.65	400m:	4:33.93	34.64
33.	RUDZKI, Chloe		15	KBM		+0.72	4:34.15	632	-			
	50m:	30.93	30.93	150m:	1:39.65	34.43	250m:	2:49.37	34.88	350m:	3:59.61	35.24
	100m:	1:05.22	34.29	200m:	2:14.49	34.84	300m:	3:24.37	35.00	400m:	4:34.15	34.54
	MCPHERSON, Taylor		15	NRST		+0.83	4:34.15	632	-			
	50m:	31.78	31.78	150m:	1:40.52	34.52	250m:	2:49.86	34.71	350m:	3:59.99	35.28
	100m:	1:06.00	34.22	200m:	2:15.15	34.63	300m:	3:24.71	34.85	400m:	4:34.15	34.16
35.	DREGHICI, Jessica		17	CW		+0.77	4:34.30	631	-	X		
	50m:	31.16	31.16	150m:	1:39.21	34.41	250m:	2:48.71	34.66	350m:	3:59.67	35.61
	100m:	1:04.80	33.64	200m:	2:14.05	34.84	300m:	3:24.06	35.35	400m:	4:34.30	34.63
36.	KRAUSS, Ellie		15	NG		+0.65	4:35.22	625	-			
	50m:	31.12	31.12	150m:	1:40.23	34.77	250m:	2:49.62	34.56	350m:	3:59.84	35.36
	100m:	1:05.46	34.34	200m:	2:15.06	34.83	300m:	3:24.48	34.86	400m:	4:35.22	35.38
37.	SUN, Victoria		16	MAC		+0.78	4:35.86	621	-	X		
	50m:	31.19	31.19	150m:	1:39.48	34.47	250m:	2:49.28	34.68	350m:	4:00.68	35.86
	100m:	1:05.01	33.82	200m:	2:14.60	35.12	300m:	3:24.82	35.54	400m:	4:35.86	35.18
38.	TONIX, Valeria		17	ISC		+0.69	4:36.60	616	-	X		
	50m:	31.44	31.44	150m:	1:40.43	34.93	250m:	2:51.13	35.62	350m:	4:02.33	35.68
	100m:	1:05.50	34.06	200m:	2:15.51	35.08	300m:	3:26.65	35.52	400m:	4:36.60	34.27
39.	DAGSAAN, Jadyne		15	PCSC		+0.76	4:37.24	611	-	X		
	50m:	30.93	30.93	150m:	1:40.41	35.19	250m:	2:50.97	35.47	350m:	4:02.07	35.61
	100m:	1:05.22	34.29	200m:	2:15.50	35.09	300m:	3:26.46	35.49	400m:	4:37.24	35.17
40.	SHINK, Ariane		17	CNQ		+0.76	4:37.27	611	-	X		
	50m:	31.87	31.87	150m:	1:40.87	34.81	250m:	2:51.54	35.42	350m:	4:02.28	35.42
	100m:	1:06.06	34.19	200m:	2:16.12	35.25	300m:	3:26.86	35.32	400m:	4:37.27	34.99
41.	MELLER, Lauren		15	UCSC		+0.78	4:37.33	611	-	X		
	50m:	32.00	32.00	150m:	1:41.46	34.93	250m:	2:52.22	35.34	350m:	4:02.93	35.25
	100m:	1:06.53	34.53	200m:	2:16.88	35.42	300m:	3:27.68	35.46	400m:	4:37.33	34.40
42.	DAY, Lauren		15	CDSC		+0.63	4:37.88	607	-	X		
	50m:	30.71	30.71	150m:	1:38.58	34.34	250m:	2:48.54	35.24	350m:	4:01.53	36.77
	100m:	1:04.24	33.53	200m:	2:13.30	34.72	300m:	3:24.76	36.22	400m:	4:37.88	36.35
43.	HOURSTON, Marlee		15	ISC		+0.79	4:38.39	604	-	X		
	50m:	31.89	31.89	150m:	1:42.50	35.12	250m:	2:53.36	35.02	350m:	4:04.74	35.30
	100m:	1:07.38	35.49	200m:	2:18.34	35.84	300m:	3:29.44	36.08	400m:	4:38.39	33.65
44.	MORGANS, Alexia		15	HTAC		+0.76	4:38.47	603	-	X		
	50m:	32.08	32.08	150m:	1:42.01	35.22	250m:	2:53.10	35.61	350m:	4:04.23	35.39
	100m:	1:06.79	34.71	200m:	2:17.49	35.48	300m:	3:28.84	35.74	400m:	4:38.47	34.24

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 15 - 17 years

Rank			Age			RT	Time	FinPts	Score			
45.	TURCOTTE, Juliette		16	CNQ		+0.76	4:38.60	603	-	X		
	50m:	31.77	31.77	150m:	1:40.54	34.78	250m:	2:51.45	35.70	350m:	4:03.18	35.82
	100m:	1:05.76	33.99	200m:	2:15.75	35.21	300m:	3:27.36	35.91	400m:	4:38.60	35.42
46.	TURCOTTE, Annabelle		15	CNQ		+0.83	4:38.76	602	-	X		
	50m:	31.66	31.66	150m:	1:41.14	34.87	250m:	2:52.14	35.52	350m:	4:03.88	35.78
	100m:	1:06.27	34.61	200m:	2:16.62	35.48	300m:	3:28.10	35.96	400m:	4:38.76	34.88
47.	NICHOLSON-JODOIN, Annie		16	PCSC		+0.66	4:38.91	601	-	X		
	50m:	31.09	31.09	150m:	1:39.39	34.43	250m:	2:50.56	35.86	350m:	4:03.06	36.60
	100m:	1:04.96	33.87	200m:	2:14.70	35.31	300m:	3:26.46	35.90	400m:	4:38.91	35.85
48.	LJUCKANOV, Lilian		17	WS		+0.72	4:39.57	596	-	X		
	50m:	30.39	30.39	150m:	1:38.60	34.73	250m:	2:50.44	36.39	350m:	4:03.46	37.07
	100m:	1:03.87	33.48	200m:	2:14.05	35.45	300m:	3:26.39	35.95	400m:	4:39.57	36.11
49.	SCHEFFEL, Brynn		15	BRANT		+0.71	4:39.58	596	-	X		
	50m:	32.47	32.47	150m:	1:43.09	35.55	250m:	2:54.47	35.63	350m:	4:05.57	35.53
	100m:	1:07.54	35.07	200m:	2:18.84	35.75	300m:	3:30.04	35.57	400m:	4:39.58	34.01
50.	FLEMING, Molly		17	KSC		+0.70	4:39.72	595	-	X		
	50m:	30.73	30.73	150m:	1:40.70	35.55	250m:	2:52.30	35.76	350m:	4:04.34	35.80
	100m:	1:05.15	34.42	200m:	2:16.54	35.84	300m:	3:28.54	36.24	400m:	4:39.72	35.38
51.	WEAVER, Kaiya		15	ISC		+0.80	4:39.88	594	-	X		
	50m:	31.92	31.92	150m:	1:42.11	35.52	250m:	2:53.62	35.72	350m:	4:05.15	35.60
	100m:	1:06.59	34.67	200m:	2:17.90	35.79	300m:	3:29.55	35.93	400m:	4:39.88	34.73
52.	BIFFART, Rowynn		15	AMAC		+0.73	4:40.17	592	-	X		
	50m:	31.28	31.28	150m:	1:41.54	35.49	250m:	2:53.82	36.45	350m:	4:05.82	35.88
	100m:	1:06.05	34.77	200m:	2:17.37	35.83	300m:	3:29.94	36.12	400m:	4:40.17	34.35
53.	RUTTEN, Hannah		16	KISU		+0.80	4:41.28	585	-	X		
	50m:	31.71	31.71	150m:	1:41.29	35.21	250m:	2:52.81	36.02	350m:	4:05.14	36.22
	100m:	1:06.08	34.37	200m:	2:16.79	35.50	300m:	3:28.92	36.11	400m:	4:41.28	36.14
54.	ROBINSON, Stella		15	GPP		+0.69	4:41.88	582	-	X		
	50m:	30.51	30.51	150m:	1:40.28	35.51	250m:	2:53.50	36.53	350m:	4:06.44	36.22
	100m:	1:04.77	34.26	200m:	2:16.97	36.69	300m:	3:30.22	36.72	400m:	4:41.88	35.44
55.	PARTRIDGE, Viviane		17	GO		+0.68	4:42.34	579	-	X		
	50m:	32.10	32.10	150m:	1:42.47	35.56	250m:	2:53.87	35.54	350m:	4:06.64	36.21
	100m:	1:06.91	34.81	200m:	2:18.33	35.86	300m:	3:30.43	36.56	400m:	4:42.34	35.70
56.	LEFSRUD, Reilly		15	PCSC		+0.78	4:42.85	576	-	X		
	50m:	31.67	31.67	150m:	1:42.30	35.60	250m:	2:54.48	36.04	350m:	4:06.84	36.01
	100m:	1:06.70	35.03	200m:	2:18.44	36.14	300m:	3:30.83	36.35	400m:	4:42.85	36.01
57.	BOYER, Mariane		15	NG		+0.72	4:42.86	576	-	X		
	50m:	32.06	32.06	150m:	1:43.73	36.10	250m:	2:55.66	35.90	350m:	4:08.53	36.15
	100m:	1:07.63	35.57	200m:	2:19.76	36.03	300m:	3:32.38	36.72	400m:	4:42.86	34.33
58.	BARTON, Edith		15	NKB		+0.80	4:43.03	575	-	X		
	50m:	32.48	32.48	150m:	1:43.24	35.73	250m:	2:54.94	36.00	350m:	4:07.30	36.09
	100m:	1:07.51	35.03	200m:	2:18.94	35.70	300m:	3:31.21	36.27	400m:	4:43.03	35.73
59.	HARLOS, Macy		15	ROD		+0.77	4:43.57	571	-	X		
	50m:	31.96	31.96	150m:	1:44.15	36.37	250m:	2:56.28	35.73	350m:	4:08.67	35.66
	100m:	1:07.78	35.82	200m:	2:20.55	36.40	300m:	3:33.01	36.73	400m:	4:43.57	34.90

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Girls, 400m Freestyle, Prelim, 15 - 17 years

Rank			Age			RT	Time	FinPts	Score			
60.	JIA, carolyne		15	OS		+0.75	4:43.68	571	-	X		
	50m:	31.66	31.66	150m:	1:42.58	35.75	250m:	2:55.57	36.75	350m:	4:08.32	36.58
	100m:	1:06.83	35.17	200m:	2:18.82	36.24	300m:	3:31.74	36.17	400m:	4:43.68	35.36
61.	RIDEOUT, Anna		15	SJL		+0.78	4:44.17	568	-	X		
	50m:	31.71	31.71	150m:	1:42.51	35.68	250m:	2:54.88	36.06	350m:	4:08.10	36.38
	100m:	1:06.83	35.12	200m:	2:18.82	36.31	300m:	3:31.72	36.84	400m:	4:44.17	36.07
62.	XU, Sunny		15	ROW		+0.74	4:44.20	568	-	X		
	50m:	31.54	31.54	150m:	1:42.15	35.56	250m:	2:55.94	37.39	350m:	4:11.73	37.16
	100m:	1:06.59	35.05	200m:	2:18.55	36.40	300m:	3:34.57	38.63	400m:	4:44.20	32.47
63.	BEGUN, Blythe		15	TSC		+0.70	4:44.66	565	-	X		
	50m:	31.68	31.68	150m:	1:44.29	36.61	250m:	2:56.86	35.99	350m:	4:09.02	36.10
	100m:	1:07.68	36.00	200m:	2:20.87	36.58	300m:	3:32.92	36.06	400m:	4:44.66	35.64
64.	PARE-LEVESQUE, Laurie		17	NN		+0.75	4:47.46	549	-	X		
	50m:	32.44	32.44	150m:	1:44.25	36.16	250m:	2:57.26	36.47	350m:	4:11.22	37.19
	100m:	1:08.09	35.65	200m:	2:20.79	36.54	300m:	3:34.03	36.77	400m:	4:47.46	36.24
65.	ZHA, Alice		16	PCSC		+0.74	4:49.77	535	-	X		
	50m:	30.93	30.93	150m:	1:41.29	36.02	250m:	2:56.68	37.57	350m:	4:12.79	38.23
	100m:	1:05.27	34.34	200m:	2:19.11	37.82	300m:	3:34.56	37.88	400m:	4:49.77	36.98
66.	HOLLO, Annika		15	GO		+0.67	4:51.07	528	-	X		
	50m:	30.94	30.94	150m:	1:44.80	37.48	250m:	2:59.35	37.28	350m:	4:15.13	37.57
	100m:	1:07.32	36.38	200m:	2:22.07	37.27	300m:	3:37.56	38.21	400m:	4:51.07	35.94
67.	ROGERS, Alexandra		15	SRAYS		+0.67	4:53.69	514	-	X		
	50m:	32.08	32.08	150m:	1:45.86	37.61	250m:	3:02.15	38.08	350m:	4:17.23	37.67
	100m:	1:08.25	36.17	200m:	2:24.07	38.21	300m:	3:39.56	37.41	400m:	4:53.69	36.46
68.	MAGUS, Isabel		16	GOLD		+0.68	4:56.37	500	-	X		
	50m:	32.47	32.47	150m:	1:45.84	37.04	250m:	3:01.52	37.68	350m:	4:18.56	38.46
	100m:	1:08.80	36.33	200m:	2:23.84	38.00	300m:	3:40.10	38.58	400m:	4:56.37	37.81
69.	ZHOU, Christine		15	UCSC		+0.79	4:59.84	483	-	X		
	50m:	32.78	32.78	150m:	1:47.18	37.97	250m:	3:05.09	39.22	350m:	4:23.03	38.75
	100m:	1:09.21	36.43	200m:	2:25.87	38.69	300m:	3:44.28	39.19	400m:	4:59.84	36.81
70.	YU, Anna		15	RHAC		+0.74	5:00.98	478	-	X		
	50m:	32.57	32.57	150m:	1:46.37	37.52	250m:	3:03.52	38.70	350m:	4:22.69	39.81
	100m:	1:08.85	36.28	200m:	2:24.82	38.45	300m:	3:42.88	39.36	400m:	5:00.98	38.29
71.	MCBRIDE, Blakely		15	SRAYS		+0.60	5:06.62	452	-	X		
	50m:	31.78	31.78	150m:	1:47.48	38.67	250m:	3:07.08	39.96	350m:	4:27.90	40.28
	100m:	1:08.81	37.03	200m:	2:27.12	39.64	300m:	3:47.62	40.54	400m:	5:06.62	38.72
DNS	BEZANSON, Maya		17	ESWIM								

18 years and older

1.	STROJNOWSKA, Julia		18	OS		+0.70	4:17.61	762	-	A		
	50m:	29.66	29.66	150m:	1:34.27	32.53	250m:	2:39.25	32.51	350m:	3:44.85	32.98
	100m:	1:01.74	32.08	200m:	2:06.74	32.47	300m:	3:11.87	32.62	400m:	4:17.61	32.76
2.	MEKLENSEK, Tori		22	DSC		+0.68	4:20.57	737	-	A		
	50m:	29.90	29.90	150m:	1:34.46	32.78	250m:	2:40.82	33.15	350m:	3:48.55	33.55
	100m:	1:01.68	31.78	200m:	2:07.67	33.21	300m:	3:15.00	34.18	400m:	4:20.57	32.02

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
Toronto, July 24-30, 2024

Event 3, Women, 400m Freestyle, Prelim, 18 years and older

Rank			Age			RT	Time	FinPts	Score			
3.	SALDANA RIEBELING, Maria		18	CDSC		+0.72	4:27.28	682	-	A		
	50m:	30.63	30.63	150m:	1:37.21	33.66	250m:	2:45.47	34.17	350m:	3:53.97	34.05
	100m:	1:03.55	32.92	200m:	2:11.30	34.09	300m:	3:19.92	34.45	400m:	4:27.28	33.31
	BESNER, Kaitlyn		18	PCSC		+0.77	4:27.28	682	-	A		
	50m:	29.94	29.94	150m:	1:37.37	34.08	250m:	2:45.61	34.14	350m:	3:54.71	34.40
	100m:	1:03.29	33.35	200m:	2:11.47	34.10	300m:	3:20.31	34.70	400m:	4:27.28	32.57
5.	MASSEY, Ashlyn		18	PCSC		+0.73	4:28.39	674	-	A		
	50m:	30.06	30.06	150m:	1:36.11	33.52	250m:	2:44.07	33.91	400m:	4:28.39	1:09.14
	100m:	1:02.59	32.53	200m:	2:10.16	34.05	300m:	3:19.25	35.18			
6.	TREMBLAY, Raphaelle		19	LMRL		+0.63	4:28.45	674	-	A		
	50m:	31.35	31.35	150m:	1:39.06	34.24	250m:	2:47.42	33.92	350m:	3:55.47	33.94
	100m:	1:04.82	33.47	200m:	2:13.50	34.44	300m:	3:21.53	34.11	400m:	4:28.45	32.98
7.	SAVA, Helen Anne		18	RAMAC		+0.80	4:29.11	669	-	A x		
	50m:	30.69	30.69	150m:	1:38.19	33.94	250m:	2:46.81	34.20	350m:	3:55.54	34.34
	100m:	1:04.25	33.56	200m:	2:12.61	34.42	300m:	3:21.20	34.39	400m:	4:29.11	33.57
8.	BOWIE, Shayne		19	EKSC		+0.67	4:30.82	656	-	A x		
	50m:	31.07	31.07	150m:	1:38.15	33.69	250m:	2:46.88	34.31	350m:	3:56.75	34.97
	100m:	1:04.46	33.39	200m:	2:12.57	34.42	300m:	3:21.78	34.90	400m:	4:30.82	34.07
9.	JAMES-BRENNAN, Lydia		19	NKB		+0.89	4:32.06	647	-	A x		
	50m:	31.48	31.48	150m:	1:40.01	34.44	250m:	2:48.60	34.46	350m:	3:58.31	34.79
	100m:	1:05.57	34.09	200m:	2:14.14	34.13	300m:	3:23.52	34.92	400m:	4:32.06	33.75
10.	MAROVINO, Katie		19	ESWIM		+0.71	4:32.27	646	-	A x		
	50m:	31.06	31.06	150m:	1:39.08	34.59	250m:	2:48.37	34.57	350m:	3:58.06	34.94
	100m:	1:04.49	33.43	200m:	2:13.80	34.72	300m:	3:23.12	34.75	400m:	4:32.27	34.21
11.	MARQUIS, Jade		19	SAMAK		+0.75	4:32.43	644	-	B x		
	50m:	31.38	31.38	150m:	1:39.83	34.35	250m:	2:49.20	34.61	350m:	3:58.70	34.65
	100m:	1:05.48	34.10	200m:	2:14.59	34.76	300m:	3:24.05	34.85	400m:	4:32.43	33.73
12.	KENNEDY, Keira		18	CASC		+0.75	4:32.88	641	-	B x		
	50m:	31.45	31.45	150m:	1:39.20	34.28	250m:	2:48.72	34.82	350m:	3:58.67	34.68
	100m:	1:04.92	33.47	200m:	2:13.90	34.70	300m:	3:23.99	35.27	400m:	4:32.88	34.21
13.	JACQUES, Emma-Lee		18	BTSC		+0.73	4:32.92	641	-	B x		
	50m:	31.30	31.30	150m:	1:39.39	34.28	250m:	2:48.71	34.73	350m:	3:58.65	35.12
	100m:	1:05.11	33.81	200m:	2:13.98	34.59	300m:	3:23.53	34.82	400m:	4:32.92	34.27
14.	FORSTER, Abby		20	BRANT		+0.72	4:33.65	636	-	B x		
	50m:	31.65	31.65	150m:	1:40.86	34.98	250m:	2:50.70	34.97	350m:	3:59.84	34.57
	100m:	1:05.88	34.23	200m:	2:15.73	34.87	300m:	3:25.27	34.57	400m:	4:33.65	33.81
15.	VADEIKA, Robin		18	WES		+0.70	4:35.36	624	-	B x		
	50m:	31.27	31.27	150m:	1:40.27	34.87	250m:	2:49.92	34.97	350m:	4:00.58	35.42
	100m:	1:05.40	34.13	200m:	2:14.95	34.68	300m:	3:25.16	35.24	400m:	4:35.36	34.78
16.	MICHAUD, Elisabeth		19	CNSL		+0.76	4:37.25	611	-	B x		
	50m:	31.25	31.25	150m:	1:39.78	34.71	250m:	2:50.41	35.44	350m:	4:02.12	36.20
	100m:	1:05.07	33.82	200m:	2:14.97	35.19	300m:	3:25.92	35.51	400m:	4:37.25	35.13
17.	CARRIER CLARKE, Emma		19	TSC		+0.69	4:37.37	611	-	B x		
	50m:	31.32	31.32	150m:	1:40.93	35.06	250m:	2:51.49	35.07	350m:	4:02.40	35.53
	100m:	1:05.87	34.55	200m:	2:16.42	35.49	300m:	3:26.87	35.38	400m:	4:37.37	34.97

Championnat canadiens de natation Speedo 2024 Speedo Canadian Swimming Championships
 Toronto, July 24-30, 2024

Event 3, Women, 400m Freestyle, Prelim, 18 years and older

Rank	Name			Age	RT	Time	FinaPts	Score				
18.	CHAMBERS, Jacqueline			18 LAC	+0.77	4:43.12	574	- B x				
	50m:	31.40	31.40	150m:	1:41.62	35.68	250m:	2:54.53	36.49	350m:	4:07.38	36.44
	100m:	1:05.94	34.54	200m:	2:18.04	36.42	300m:	3:30.94	36.41	400m:	4:43.12	35.74
19.	BAKER, Chloe			18 CASC	+0.72	4:50.56	531	- B x				
	50m:	32.75	32.75	150m:	1:45.63	36.49	250m:	2:59.45	37.11	350m:	4:14.65	37.15
	100m:	1:09.14	36.39	200m:	2:22.34	36.71	300m:	3:37.50	38.05	400m:	4:50.56	35.91

