

2024 Speedo Canadian Swimming Open / Omnimium Canadien de Natation Speedo 2024  
Toronto, Ontario; 10-13 April/Avril

Event 15  
11/4/24 - 19:01

Women, 400m Medley

Open  
Results Finals

Points: FINA 2024

Rank	YB			Time			FinaPts	Score
<b>Final A</b>								
1.	ZAVAROS, Mabel	00	MAC	<b>4:43.55</b>			824	50.00
	50m: 29.03	29.03	150m: 1:38.05	35.96	250m: 2:55.61	42.23	350m: 4:11.67	33.39
	100m: 1:02.09	33.06	200m: 2:13.38	35.33	300m: 3:38.28	42.67	400m: 4:43.55	31.88
2.	CIEPLUCHA, Tessa	98	MAC	<b>4:50.10</b>			769	30.00
	50m: 30.51	30.51	150m: 1:43.61	38.00	250m: 3:02.61	41.46	350m: 4:17.06	33.36
	100m: 1:05.61	35.10	200m: 2:21.15	37.54	300m: 3:43.70	41.09	400m: 4:50.10	33.04
3.	BLANCHARD, Kamila	07	PCSC	<b>4:52.41</b>			751	20.00
	50m: 31.46	31.46	150m: 1:45.30	38.15	250m: 3:03.51	40.63	350m: 4:18.95	34.10
	100m: 1:07.15	35.69	200m: 2:22.88	37.58	300m: 3:44.85	41.34	400m: 4:52.41	33.46
4.	ORAVSKY, Laila	07	BTSC	<b>4:54.54</b>			735	19.00
	50m: 30.41	30.41	150m: 1:45.09	39.68	250m: 3:06.16	41.53	350m: 4:21.62	33.62
	100m: 1:05.41	35.00	200m: 2:24.63	39.54	300m: 3:48.00	41.84	400m: 4:54.54	32.92
5.	BEZANSON, Maya	07	ESWIM	<b>4:58.39</b>			707	18.00
	50m: 30.35	30.35	150m: 1:43.79	38.36	250m: 3:05.95	44.47	350m: 4:25.05	34.25
	100m: 1:05.43	35.08	200m: 2:21.48	37.69	300m: 3:50.80	44.85	400m: 4:58.39	33.34
6.	LEIGH, Peyton	08	BROCK	<b>5:00.50</b>			692	17.00
	50m: 30.97	30.97	150m: 1:47.06	39.47	250m: 3:10.74	45.65	350m: 4:28.86	32.87
	100m: 1:07.59	36.62	200m: 2:25.09	38.03	300m: 3:55.99	45.25	400m: 5:00.50	31.64
7.	SAVA, Helen Anne	05	RAMAC	<b>5:01.78</b>			683	16.00
	50m: 31.74	31.74	150m: 1:47.58	39.78	250m: 3:10.51	44.74	350m: 4:29.54	33.79
	100m: 1:07.80	36.06	200m: 2:25.77	38.19	300m: 3:55.75	45.24	400m: 5:01.78	32.24
8.	CHAI, Amy	08	MAC	<b>5:03.31</b>			673	15.00
	50m: 31.90	31.90	150m: 1:47.81	38.36	250m: 3:09.59	42.72	350m: 4:29.00	35.47
	100m: 1:09.45	37.55	200m: 2:26.87	39.06	300m: 3:53.53	43.94	400m: 5:03.31	34.31
9.	XU, Huini	12	MAC	<b>5:03.88</b>			669	14.00
	50m: 32.12	32.12	150m: 1:48.51	39.79	250m: 3:11.91	45.15	350m: 4:31.46	34.31
	100m: 1:08.72	36.60	200m: 2:26.76	38.25	300m: 3:57.15	45.24	400m: 5:03.88	32.42
10.	VROOM, Taira	07	BTSC	<b>5:05.91</b>			656	13.00
	50m: 31.36	31.36	150m: 1:49.00	40.65	250m: 3:12.99	44.70	350m: 4:32.23	35.01
	100m: 1:08.35	36.99	200m: 2:28.29	39.29	300m: 3:57.22	44.23	400m: 5:05.91	33.68
<b>Final B</b>								
11.	WANG, Angela Jiachen	07	MAC	<b>4:59.86</b>			697	12.00
	50m: 30.98	30.98	150m: 1:45.92	39.46	250m: 3:06.24	42.26	350m: 4:25.62	35.80
	100m: 1:06.46	35.48	200m: 2:23.98	38.06	300m: 3:49.82	43.58	400m: 4:59.86	34.24
12.	HEIN, Anna	02	TSC	<b>5:03.91</b>			669	9.00
	50m: 31.60	31.60	150m: 1:47.93	40.70	250m: 3:10.21	43.01	350m: 4:29.88	35.59
	100m: 1:07.23	35.63	200m: 2:27.20	39.27	300m: 3:54.29	44.08	400m: 5:03.91	34.03
13.	NICOLS, Jasmine	06	MAC	<b>5:06.13</b>			655	8.00
	50m: 30.69	30.69	150m: 1:46.34	40.42	250m: 3:10.14	44.39	350m: 4:31.31	36.40
	100m: 1:05.92	35.23	200m: 2:25.75	39.41	300m: 3:54.91	44.77	400m: 5:06.13	34.82



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Rank	YB				Time	FinaPts	Score	
14.	BAHLER, Abbigail		06	RDCSC	<b>5:06.33</b>	653	7.00	
	50m: 31.22	31.22	150m: 1:47.23	39.41	250m: 3:10.46	44.89	350m: 4:31.62	35.34
	100m: 1:07.82	36.60	200m: 2:25.57	38.34	300m: 3:56.28	45.82	400m: 5:06.33	34.71
15.	GORDON, Lindsay		06	PCSC	<b>5:06.41</b>	653	6.00	
	50m: 31.08	31.08	150m: 1:48.34	40.93	250m: 3:12.15	44.66	350m: 4:32.14	35.82
	100m: 1:07.41	36.33	200m: 2:27.49	39.15	300m: 3:56.32	44.17	400m: 5:06.41	34.27
16.	MATTHEWS, Delila		06	GGST	<b>5:07.24</b>	647	5.00	
	50m: 33.68	33.68	150m: 1:51.91	39.61	250m: 3:14.95	44.91	350m: 4:33.75	34.18
	100m: 1:12.30	38.62	200m: 2:30.04	38.13	300m: 3:59.57	44.62	400m: 5:07.24	33.49
17.	LARGEN, Caroline		06	MACC	<b>5:08.88</b>	637	4.00	
	50m: 32.89	32.89	150m: 1:54.00	42.40	250m: 3:17.28	42.06	350m: 4:34.93	34.77
	100m: 1:11.60	38.71	200m: 2:35.22	41.22	300m: 4:00.16	42.88	400m: 5:08.88	33.95
18.	DENES, Julia		07	BTSC	<b>5:12.10</b>	618	3.00	
	50m: 32.28	32.28	150m: 1:51.25	40.79	250m: 3:16.12	45.51	350m: 4:37.51	35.79
	100m: 1:10.46	38.18	200m: 2:30.61	39.36	300m: 4:01.72	45.60	400m: 5:12.10	34.59
19.	KISSUK, Sophie		07	ESWIM	<b>5:13.38</b>	610	2.00	
	50m: 31.70	31.70	150m: 1:48.60	39.46	250m: 3:14.47	47.03	350m: 4:38.36	36.85
	100m: 1:09.14	37.44	200m: 2:27.44	38.84	300m: 4:01.51	47.04	400m: 5:13.38	35.02
20.	PERO, Sophia		08	MACC	<b>5:14.63</b>	603	1.00	
	50m: 30.99	30.99	150m: 1:48.00	40.82	250m: 3:16.21	47.53	350m: 4:39.50	35.25
	100m: 1:07.18	36.19	200m: 2:28.68	40.68	300m: 4:04.25	48.04	400m: 5:14.63	35.13

