

2025 Speedo Canadian SC Championship
Sherbrooke, 7 - 10 aout 2025

Event 22 2025-08-08	Men, 400m Medley	Open Results Finals
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Canadian Senior Records	4:00.57	JANKOVICS, Tristan	RCAQ	Budapest (HUN)	2024-12-14
Canadian Age Group Records	4:09.22	PRATT, Cole	CASC	Toronto	2019-12-13

SCN : 4:32.56

Points: AQUA 2024

Rank			YOB	Club	Seed	RT	Time	Pts
Final A								
1.	RUSU, Eduard-Daniel		2006	CAMO	4:19.70		4:16.07	771
	50m: 27.39	27.39	150m: 1:32.28	33.70	250m: 2:40.70	36.02	350m: 3:47.59	29.83
	100m: 58.58	31.19	200m: 2:04.68	32.40	300m: 3:17.76	37.06	400m: 4:16.07	28.48
2.	SCHEFFEL, Carter		2005	BRANT	4:22.75		4:18.74	747
	50m: 28.01	28.01	150m: 1:34.35	35.03	250m: 2:43.80	35.72	350m: 3:50.24	30.90
	100m: 59.32	31.31	200m: 2:08.08	33.73	300m: 3:19.34	35.54	400m: 4:18.74	28.50
3.	PAULINS, Sebastian		1998	CSLA	4:23.11		4:19.44	741
	50m: 27.47	27.47	150m: 1:33.10	34.40	250m: 2:42.96	36.57	350m: 3:50.75	30.37
	100m: 58.70	31.23	200m: 2:06.39	33.29	300m: 3:20.38	37.42	400m: 4:19.44	28.69
4.	UY, Rowen		2005	NYAC	4:23.83		4:21.97	720
	50m: 28.47	28.47	150m: 1:35.83	34.49	250m: 2:45.62	36.37	350m: 3:53.22	30.65
	100m: 1:01.34	32.87	200m: 2:09.25	33.42	300m: 3:22.57	36.95	400m: 4:21.97	28.75
5.	QUEVEDO, Zergio		2005	ELITE	4:24.25		4:22.99	711
	50m: 27.86	27.86	150m: 1:34.01	34.55	250m: 2:46.07	38.11	350m: 3:54.37	30.06
	100m: 59.46	31.60	200m: 2:07.96	33.95	300m: 3:24.31	38.24	400m: 4:22.99	28.62
6.	XIE, Andrew		2005	PCSC	4:24.69		4:23.86	704
	50m: 28.46	28.46	150m: 1:35.01	34.45	250m: 2:45.98	37.74	350m: 3:54.02	30.51
	100m: 1:00.56	32.10	200m: 2:08.24	33.23	300m: 3:23.51	37.53	400m: 4:23.86	29.84
7.	SCHAEPPER, Jordan		2007	NKB	4:25.30		4:24.02	703
	50m: 27.36	27.36	150m: 1:34.89	35.29	250m: 2:46.20	36.65	350m: 3:54.60	30.70
	100m: 59.60	32.24	200m: 2:09.55	34.66	300m: 3:23.90	37.70	400m: 4:24.02	29.42
8.	JIBB, Owen A		2004	PSW	4:27.24		4:26.50	684
	50m: 28.00	28.00	150m: 1:35.87	35.31	250m: 2:47.90	37.58	350m: 3:57.05	30.77
	100m: 1:00.56	32.56	200m: 2:10.32	34.45	300m: 3:26.28	38.38	400m: 4:26.50	29.45
Final B								
9.	NICHOLSON, Owen		2005	HTAC	4:27.89		4:23.83	704
	50m: 29.17	29.17	150m: 1:36.77	33.84	250m: 2:47.14	37.80	350m: 3:55.06	29.74
	100m: 1:02.93	33.76	200m: 2:09.34	32.57	300m: 3:25.32	38.18	400m: 4:23.83	28.77
10.	LABARRE, Tristan		2004	CNQ	4:29.09		4:26.33	685
	50m: 26.57	26.57	150m: 1:31.09	34.15	250m: 2:44.66	39.86	350m: 3:56.37	31.12
	100m: 56.94	30.37	200m: 2:04.80	33.71	300m: 3:25.25	40.59	400m: 4:26.33	29.96
11.	DIOMIN, Daniel A		2008	RHAC	4:29.63		4:29.20	663
	50m: 29.12	29.12	150m: 1:37.13	34.75	250m: 2:49.29	38.06	350m: 3:58.52	31.09
	100m: 1:02.38	33.26	200m: 2:11.23	34.10	300m: 3:27.43	38.14	400m: 4:29.20	30.68
12.	CAO, Matthew S		2010	PSW	4:31.77		4:29.78	659
	50m: 28.62	28.62	150m: 1:36.82	35.88	250m: 2:49.12	36.09	350m: 3:59.30	31.78
	100m: 1:00.94	32.32	200m: 2:13.03	36.21	300m: 3:27.52	38.40	400m: 4:29.78	30.48
13.	MILLAR, Benjamin C		2007	BTSC	4:31.43		4:30.95	650
	50m: 28.39	28.39	150m: 1:36.37	35.63	250m: 2:50.31	39.13	350m: 4:01.26	31.50
	100m: 1:00.74	32.35	200m: 2:11.18	34.81	300m: 3:29.76	39.45	400m: 4:30.95	29.69



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Rank				YOB	Club	Seed			RT	Time	Pts	
14.	SPARKES, Morgan			2005	DAL	4:29.04				4:32.41	640	
	50m:	29.47	29.47	150m:	1:37.27	34.43	250m:	2:50.95	39.94	350m:	4:02.58	31.08
	100m:	1:02.84	33.37	200m:	2:11.01	33.74	300m:	3:31.50	40.55	400m:	4:32.41	29.83
15.	KAY, Declan E			2007	SCAR	4:32.10				4:32.79	637	
	50m:	28.29	28.29	150m:	1:36.58	35.36	250m:	2:49.54	38.81	350m:	4:01.94	32.64
	100m:	1:01.22	32.93	200m:	2:10.73	34.15	300m:	3:29.30	39.76	400m:	4:32.79	30.85
DSQ	BROWN, Connor			2008	CW	4:31.45						