

2025 Speedo Canadian SC Championship  
Sherbrooke, 7 - 10 aout 2025

Event 22 Open  
2025-08-08 - 11:00 Results Prelim  
Men, 400m Medley

|                            |         |                    |      |                |            |
|----------------------------|---------|--------------------|------|----------------|------------|
| Canadian Senior Records    | 4:00.57 | JANKOVICS, Tristan | RCAQ | Budapest (HUN) | 2024-12-14 |
| Canadian Age Group Records | 4:09.22 | PRATT, Cole        | CASC | Toronto        | 2019-12-13 |

SCN : 4:32.56

Points: AQUA 2024

| Rank |                     |         |       |       | YOB     | Club        | Seed  |         |       | RT    | Time    |       | Pts |     |
|------|---------------------|---------|-------|-------|---------|-------------|-------|---------|-------|-------|---------|-------|-----|-----|
| 1.   | KNOX, Finlay        |         |       |       | 2001    | MAVS /HPCVN |       | NT      |       |       | 4:08.14 |       | A   | 847 |
|      | 50m:                | 25.95   | 25.95 | 150m: | 1:26.91 | 31.41       | 250m: | 2:33.97 | 35.36 | 350m: | 3:39.85 | 29.45 |     |     |
|      | 100m:               | 55.50   | 29.55 | 200m: | 1:58.61 | 31.70       | 300m: | 3:10.40 | 36.43 | 400m: | 4:08.14 | 28.29 |     |     |
| 2.   | RUSU, Eduard-Daniel |         |       |       | 2006    | CAMO        |       | 4:19.69 |       |       | 4:19.70 |       | A   | 739 |
|      | 50m:                | 27.85   | 27.85 | 150m: | 1:33.63 | 33.63       | 250m: | 2:43.17 | 36.79 | 350m: | 3:50.81 | 30.10 |     |     |
|      | 100m:               | 1:00.00 | 32.15 | 200m: | 2:06.38 | 32.75       | 300m: | 3:20.71 | 37.54 | 400m: | 4:19.70 | 28.89 |     |     |
| 3.   | SCHEFFEL, Carter    |         |       |       | 2005    | BRANT       |       | 4:18.70 |       |       | 4:22.75 |       | A   | 713 |
|      | 50m:                | 28.02   | 28.02 | 150m: | 1:35.69 | 35.30       | 250m: | 2:46.64 | 36.69 | 350m: | 3:53.70 | 30.97 |     |     |
|      | 100m:               | 1:00.39 | 32.37 | 200m: | 2:09.95 | 34.26       | 300m: | 3:22.73 | 36.09 | 400m: | 4:22.75 | 29.05 |     |     |
| 4.   | PAULINS, Sebastian  |         |       |       | 1998    | CSLA        |       | 4:23.42 |       |       | 4:23.11 |       | A   | 710 |
|      | 50m:                | 27.79   | 27.79 | 150m: | 1:35.21 | 35.55       | 250m: | 2:46.91 | 37.77 | 350m: | 3:54.69 | 30.54 |     |     |
|      | 100m:               | 59.66   | 31.87 | 200m: | 2:09.14 | 33.93       | 300m: | 3:24.15 | 37.24 | 400m: | 4:23.11 | 28.42 |     |     |
| 5.   | UY, Rowen           |         |       |       | 2005    | NYAC        |       | 4:24.07 |       |       | 4:23.83 |       | A   | 704 |
|      | 50m:                | 28.89   | 28.89 | 150m: | 1:36.41 | 34.62       | 250m: | 2:46.69 | 36.68 | 350m: | 3:54.40 | 30.85 |     |     |
|      | 100m:               | 1:01.79 | 32.90 | 200m: | 2:10.01 | 33.60       | 300m: | 3:23.55 | 36.86 | 400m: | 4:23.83 | 29.43 |     |     |
| 6.   | QUEVEDO, Zergio     |         |       |       | 2005    | ELITE       |       | 4:24.52 |       |       | 4:24.25 |       | A   | 701 |
|      | 50m:                | 27.71   | 27.71 | 150m: | 1:34.22 | 34.33       | 250m: | 2:46.95 | 38.17 | 350m: | 3:55.50 | 30.04 |     |     |
|      | 100m:               | 59.89   | 32.18 | 200m: | 2:08.78 | 34.56       | 300m: | 3:25.46 | 38.51 | 400m: | 4:24.25 | 28.75 |     |     |
| 7.   | XIE, Andrew         |         |       |       | 2005    | PCSC        |       | 4:23.22 |       |       | 4:24.69 |       | A   | 698 |
|      | 50m:                | 28.51   | 28.51 | 150m: | 1:34.57 | 34.03       | 250m: | 2:45.82 | 37.51 | 350m: | 3:54.94 | 31.48 |     |     |
|      | 100m:               | 1:00.54 | 32.03 | 200m: | 2:08.31 | 33.74       | 300m: | 3:23.46 | 37.64 | 400m: | 4:24.69 | 29.75 |     |     |
| 8.   | SCHAEPPER, Jordan   |         |       |       | 2007    | NKB         |       | 4:24.99 |       |       | 4:25.30 |       | A   | 693 |
|      | 50m:                | 27.65   | 27.65 | 150m: | 1:34.15 | 34.38       | 250m: | 2:45.41 | 36.53 | 350m: | 3:54.04 | 31.24 |     |     |
|      | 100m:               | 59.77   | 32.12 | 200m: | 2:08.88 | 34.73       | 300m: | 3:22.80 | 37.39 | 400m: | 4:25.30 | 31.26 |     |     |
| 9.   | JIBB, Owen A        |         |       |       | 2004    | PSW         |       | 4:24.40 |       |       | 4:27.24 |       | B   | 678 |
|      | 50m:                | 28.03   | 28.03 | 150m: | 1:36.45 | 35.26       | 250m: | 2:48.77 | 38.05 | 350m: | 3:58.15 | 30.80 |     |     |
|      | 100m:               | 1:01.19 | 33.16 | 200m: | 2:10.72 | 34.27       | 300m: | 3:27.35 | 38.58 | 400m: | 4:27.24 | 29.09 |     |     |
| 10.  | NICHOLSON, Owen     |         |       |       | 2005    | HTAC        |       | 4:30.42 |       |       | 4:27.89 |       | B   | 673 |
|      | 50m:                | 28.94   | 28.94 | 150m: | 1:38.26 | 34.90       | 250m: | 2:50.31 | 38.24 | 350m: | 3:58.70 | 29.99 |     |     |
|      | 100m:               | 1:03.36 | 34.42 | 200m: | 2:12.07 | 33.81       | 300m: | 3:28.71 | 38.40 | 400m: | 4:27.89 | 29.19 |     |     |
| 11.  | SPARKES, Morgan     |         |       |       | 2005    | DAL         |       | 4:28.93 |       |       | 4:29.04 |       | B   | 664 |
|      | 50m:                | 28.97   | 28.97 | 150m: | 1:35.56 | 33.42       | 250m: | 2:48.42 | 39.66 | 350m: | 3:59.01 | 30.96 |     |     |
|      | 100m:               | 1:02.14 | 33.17 | 200m: | 2:08.76 | 33.20       | 300m: | 3:28.05 | 39.63 | 400m: | 4:29.04 | 30.03 |     |     |
| 12.  | LABARRE, Tristan    |         |       |       | 2004    | CNQ         |       | 4:27.87 |       |       | 4:29.09 |       | B   | 664 |
|      | 50m:                | 27.24   | 27.24 | 150m: | 1:32.97 | 34.49       | 250m: | 2:47.63 | 40.81 | 350m: | 3:59.34 | 31.15 |     |     |
|      | 100m:               | 58.48   | 31.24 | 200m: | 2:06.82 | 33.85       | 300m: | 3:28.19 | 40.56 | 400m: | 4:29.09 | 29.75 |     |     |
| 13.  | DIOMIN, Daniel A    |         |       |       | 2008    | RHAC        |       | 4:32.53 |       |       | 4:29.63 |       | B   | 660 |
|      | 50m:                | 29.48   | 29.48 | 150m: | 1:37.67 | 34.84       | 250m: | 2:50.18 | 38.07 | 350m: | 3:58.94 | 30.75 |     |     |
|      | 100m:               | 1:02.83 | 33.35 | 200m: | 2:12.11 | 34.44       | 300m: | 3:28.19 | 38.01 | 400m: | 4:29.63 | 30.69 |     |     |
| 14.  | MILLAR, Benjamin C  |         |       |       | 2007    | BTSC        |       | 4:31.66 |       |       | 4:31.43 |       | B   | 647 |
|      | 50m:                | 28.90   | 28.90 | 150m: | 1:37.23 | 35.40       | 250m: | 2:51.34 | 39.11 | 350m: | 4:01.80 | 30.71 |     |     |
|      | 100m:               | 1:01.83 | 32.93 | 200m: | 2:12.23 | 35.00       | 300m: | 3:31.09 | 39.75 | 400m: | 4:31.43 | 29.63 |     |     |

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| Rank |                     |       | YOB           | Club  | Seed          | RT    | Time             | Pts   |
|------|---------------------|-------|---------------|-------|---------------|-------|------------------|-------|
| 15.  | BROWN, Connor       |       | 2008          | CW    | 4:31.53       |       | <b>4:31.45</b> B | 647   |
|      | 50m: 28.53          | 28.53 | 150m: 1:36.58 | 35.04 | 250m: 2:50.37 | 40.15 | 350m: 4:01.26    | 31.55 |
|      | 100m: 1:01.54       | 33.01 | 200m: 2:10.22 | 33.64 | 300m: 3:29.71 | 39.34 | 400m: 4:31.45    | 30.19 |
| 16.  | CAO, Matthew S      |       | 2010          | PSW   | 4:39.68       |       | <b>4:31.77</b> B | 644   |
|      | 50m: 28.63          | 28.63 | 150m: 1:36.14 | 34.96 | 250m: 2:48.24 | 37.14 | 350m: 4:00.19    | 33.05 |
|      | 100m: 1:01.18       | 32.55 | 200m: 2:11.10 | 34.96 | 300m: 3:27.14 | 38.90 | 400m: 4:31.77    | 31.58 |
| 17.  | KAY, Declan E       |       | 2007          | SCAR  | 4:38.68       |       | <b>4:32.10</b> R | 642   |
|      | 50m: 28.29          | 28.29 | 150m: 1:36.00 | 35.65 | 250m: 2:49.67 | 38.78 | 350m: 4:01.20    | 32.48 |
|      | 100m: 1:00.35       | 32.06 | 200m: 2:10.89 | 34.89 | 300m: 3:28.72 | 39.05 | 400m: 4:32.10    | 30.90 |
| 18.  | HISLOP, Phoenix     |       | 2005          | OS    | 4:27.02       |       | <b>4:36.40</b> R | 613   |
|      | 50m: 28.50          | 28.50 | 150m: 1:37.42 | 36.07 | 250m: 2:51.77 | 39.24 | 350m: 4:04.66    | 32.91 |
|      | 100m: 1:01.35       | 32.85 | 200m: 2:12.53 | 35.11 | 300m: 3:31.75 | 39.98 | 400m: 4:36.40    | 31.74 |
| 19.  | JANVIER, Mikael     |       | 2006          | PCSC  | 4:40.37       |       | <b>4:39.36</b>   | 593   |
|      | 50m: 27.34          | 27.34 | 150m: 1:35.10 | 35.59 | 250m: 2:50.49 | 39.90 | 350m: 4:06.13    | 34.56 |
|      | 100m: 59.51         | 32.17 | 200m: 2:10.59 | 35.49 | 300m: 3:31.57 | 41.08 | 400m: 4:39.36    | 33.23 |
| 20.  | BARTOCH, Hayden     |       | 2003          | LAC   | 4:30.05       |       | <b>4:42.03</b>   | 577   |
|      | 50m: 28.00          | 28.00 | 150m: 1:38.13 | 38.25 | 250m: 2:55.70 | 41.00 | 350m: 4:10.01    | 33.00 |
|      | 100m: 59.88         | 31.88 | 200m: 2:14.70 | 36.57 | 300m: 3:37.01 | 41.31 | 400m: 4:42.03    | 32.02 |
| 21.  | STEWART, Benjamin J |       | 2006          | ROD   | 4:31.29       |       | <b>4:51.39</b>   | 523   |
|      | 50m: 30.20          | 30.20 | 150m: 1:43.04 | 37.45 | 250m: 3:01.41 | 41.61 | 350m: 4:18.06    | 33.93 |
|      | 100m: 1:05.59       | 35.39 | 200m: 2:19.80 | 36.76 | 300m: 3:44.13 | 42.72 | 400m: 4:51.39    | 33.33 |
| DSQ  | FONTAINE, Justin    |       | 2006          | PCSC  | 4:29.02       |       |                  |       |