

2025 Bell Canadian Swimming Trials
Victoria, June 7-12, 2025

Event 25 Women, 400m Medley Senior
2025-06-11 - 9:30 Results Prelim

World Records	4:24.38	MCINTOSH, Summer	CAN	Toronto	2024-05-16
World Junior Records	4:24.38	MCINTOSH, Summer	CAN	Toronto	2024-05-16
Canadian Senior Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

AQUA A : 4:43.06 / AQUA J 13 - 18: 4:54.02 / SC2S : 4:45.89 / TR 13 - 18: 5:08.43; 19 +: 5:03.06

Rank				YOB	Club			Seed	RT		Time	
1.	MCINTOSH, Summer			2006		UNCAN		4:24.38	+0.75	4:40.93		A
	50m:	28.89	28.89	150m:	1:37.58	35.58	250m:	2:54.37	41.01	350m:	4:09.62	33.48
	100m:	1:02.00	33.11	200m:	2:13.36	35.78	300m:	3:36.14	41.77	400m:	4:40.93	31.31
2.	HARVEY, Mary-Sophie			1999		CAMO		4:35.73	+0.69	4:41.02		A
	50m:	29.47	29.47	150m:	1:42.15	38.50	250m:	2:58.53	39.10	350m:	4:09.74	32.91
	100m:	1:03.65	34.18	200m:	2:19.43	37.28	300m:	3:36.83	38.30	400m:	4:41.02	31.28
3.	ZAVAROS, Mabel F			2000		MAC		4:40.46	+0.49	4:42.02		A
	50m:	29.24	29.24	150m:	1:38.79	36.21	250m:	2:55.07	41.46	350m:	4:10.58	33.50
	100m:	1:02.58	33.34	200m:	2:13.61	34.82	300m:	3:37.08	42.01	400m:	4:42.02	31.44
4.	JANSEN, Ella			2005		ESWIM		4:37.35	+0.65	4:44.37		A
	50m:	29.38	29.38	150m:	1:40.04	36.86	250m:	2:57.08	40.43	350m:	4:11.89	33.21
	100m:	1:03.18	33.80	200m:	2:16.65	36.61	300m:	3:38.68	41.60	400m:	4:44.37	32.48
5.	MCMILLAN, Ashley			2004		GO		4:53.14	+0.72	4:51.75		A
	50m:	28.98	28.98	150m:	1:41.12	38.07	250m:	2:59.58	39.99	350m:	4:17.41	35.15
	100m:	1:03.05	34.07	200m:	2:19.59	38.47	300m:	3:42.26	42.68	400m:	4:51.75	34.34
6.	TAGHAVI, Shima			2011		HYACK		4:53.75	+0.67	4:55.71		A
	50m:	30.80	30.80	150m:	1:44.98	39.76	250m:	3:04.04	41.14	350m:	4:21.69	36.77
	100m:	1:05.22	34.42	200m:	2:22.90	37.92	300m:	3:44.92	40.88	400m:	4:55.71	34.02
7.	BRENDZAN, Olivia			2003		EKSC		4:54.59	+0.74	4:57.33		A
	50m:	32.20	32.20	150m:	1:46.01	37.56	250m:	3:05.27	43.55	350m:	4:23.38	35.37
	100m:	1:08.45	36.25	200m:	2:21.72	35.71	300m:	3:48.01	42.74	400m:	4:57.33	33.95
8.	BEZANSON, Maya S			2007		TSC		4:57.16	+0.74	4:57.66		A
	50m:	30.45	30.45	150m:	1:43.30	37.74	250m:	3:04.19	43.64	350m:	4:24.04	34.71
	100m:	1:05.56	35.11	200m:	2:20.55	37.25	300m:	3:49.33	45.14	400m:	4:57.66	33.62
9.	LEPAGE, Alexanne			2005		UCSC		4:45.21	+0.73	4:58.35		B
	50m:	30.62	30.62	150m:	1:48.47	41.47	250m:	3:08.57	40.83	350m:	4:26.01	36.03
	100m:	1:07.00	36.38	200m:	2:27.74	39.27	300m:	3:49.98	41.41	400m:	4:58.35	32.34
10.	BLANCHARD, Kamila			2007		PCSC		4:48.57	+0.57	4:58.39		J
	50m:	31.46	31.46	150m:	1:47.04	39.39	250m:	3:07.62	42.49	350m:	4:25.11	35.22
	100m:	1:07.65	36.19	200m:	2:25.13	38.09	300m:	3:49.89	42.27	400m:	4:58.39	33.28
11.	KEHLER, Ruby H			2007		KAJ		5:03.43	+0.76	4:58.60		J
	50m:	30.18	30.18	150m:	1:44.37	38.60	250m:	3:07.60	45.11	350m:	4:26.25	32.99
	100m:	1:05.77	35.59	200m:	2:22.49	38.12	300m:	3:53.26	45.66	400m:	4:58.60	32.35
12.	PHILLIPS, Eleaunah			2006		EKSC		4:53.78	+0.69	4:58.79		B
	50m:	31.16	31.16	150m:	1:44.90	38.38	250m:	3:04.80	42.99	350m:	4:24.55	35.99
	100m:	1:06.52	35.36	200m:	2:21.81	36.91	300m:	3:48.56	43.76	400m:	4:58.79	34.24
13.	BAHLER, Abbi			2006		RDCSC		4:59.26	+0.63	4:58.82		B
	50m:	31.82	31.82	150m:	1:46.88	38.68	250m:	3:06.98	43.22	350m:	4:25.57	34.94
	100m:	1:08.20	36.38	200m:	2:23.76	36.88	300m:	3:50.63	43.65	400m:	4:58.82	33.25

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Event 25, Women, 400m Medley, Prelim, Senior

Rank	YOB				Club	Seed				RT	Time		
14.	VROOM, Taira N				2007	BTSC	4:57.77				+0.77	4:59.44	J
	50m:	30.96	30.96	150m:	1:44.70	38.36	250m:	3:07.42	44.54	350m:	4:26.31	34.06	
	100m:	1:06.34	35.38	200m:	2:22.88	38.18	300m:	3:52.25	44.83	400m:	4:59.44	33.13	
15.	FORRESTER, Katie				2004	MAC	5:02.95				+0.78	4:59.80	B
	50m:	30.01	30.01	150m:	1:43.00	37.96	250m:	3:05.24	43.91	350m:	4:25.80	34.54	
	100m:	1:05.04	35.03	200m:	2:21.33	38.33	300m:	3:51.26	46.02	400m:	4:59.80	34.00	
16.	WIGGINTON, Rachel				2007	UCSC	4:51.03				+0.71	4:59.86	J
	50m:	31.55	31.55	150m:	1:44.44	38.06	250m:	3:05.65	44.23	350m:	4:25.61	35.91	
	100m:	1:06.38	34.83	200m:	2:21.42	36.98	300m:	3:49.70	44.05	400m:	4:59.86	34.25	
17.	XU, Huini				2012	MAC	4:55.62				+0.43	5:00.48	B
	50m:	31.00	31.00	150m:	1:45.10	38.31	250m:	3:06.96	43.74	350m:	4:27.54	34.71	
	100m:	1:06.79	35.79	200m:	2:23.22	38.12	300m:	3:52.83	45.87	400m:	5:00.48	32.94	
18.	MYNOTT, Naomi				2009	WDSC	4:54.75				+0.56	5:01.65	J
	50m:	30.78	30.78	150m:	1:45.55	39.04	250m:	3:08.82	45.59	350m:	4:28.33	34.28	
	100m:	1:06.51	35.73	200m:	2:23.23	37.68	300m:	3:54.05	45.23	400m:	5:01.65	33.32	
19.	ZENG, Michelle				2010	WVOSC	4:52.46				+0.70	5:02.03	J
	50m:	31.13	31.13	150m:	1:46.83	39.61	250m:	3:10.31	43.88	350m:	4:28.77	34.19	
	100m:	1:07.22	36.09	200m:	2:26.43	39.60	300m:	3:54.58	44.27	400m:	5:02.03	33.26	
20.	VEZINA, Corinne				2004	UL	5:00.88				+0.67	5:02.10	B
	50m:	31.19	31.19	150m:	1:47.16	40.51	250m:	3:07.77	41.80	350m:	4:27.15	36.33	
	100m:	1:06.65	35.46	200m:	2:25.97	38.81	300m:	3:50.82	43.05	400m:	5:02.10	34.95	
21.	ORAVSKY, Laila M				2007	BTSC	4:53.27				+0.65	5:02.14	J
	50m:	31.56	31.56	150m:	1:47.45	40.27	250m:	3:09.63	43.34	350m:	4:28.36	35.12	
	100m:	1:07.18	35.62	200m:	2:26.29	38.84	300m:	3:53.24	43.61	400m:	5:02.14	33.78	
22.	CHAI, Amy				2008	MAC	5:00.45				+0.57	5:02.70	J
	50m:	31.18	31.18	150m:	1:46.26	39.65	250m:	3:08.25	43.18	350m:	4:27.97	36.09	
	100m:	1:06.61	35.43	200m:	2:25.07	38.81	300m:	3:51.88	43.63	400m:	5:02.70	34.73	
23.	CARDIFF, Callie				2011	UCSC	5:02.71				+0.44	5:02.96	B
	50m:	31.67	31.67	150m:	1:46.14	38.13	250m:	3:08.98	44.58	350m:	4:29.11	34.90	
	100m:	1:08.01	36.34	200m:	2:24.40	38.26	300m:	3:54.21	45.23	400m:	5:02.96	33.85	
24.	DU, Shu Tong				2008	MAC	5:05.57				+0.77	5:03.13	B
	50m:	31.94	31.94	150m:	1:48.35	39.23	250m:	3:11.55	43.74	350m:	4:29.97	33.56	
	100m:	1:09.12	37.18	200m:	2:27.81	39.46	300m:	3:56.41	44.86	400m:	5:03.13	33.16	
25.	TREMBLAY, Raphaelle				2004	LMRL	4:55.50				+0.52	5:03.23	R +
	50m:	32.09	32.09	150m:	1:47.66	38.87	250m:	3:09.75	44.03	350m:	4:29.82	35.59	
	100m:	1:08.79	36.70	200m:	2:25.72	38.06	300m:	3:54.23	44.48	400m:	5:03.23	33.41	
26.	WANG, Angela Jiachen				2007	MAC	4:55.15				+0.65	5:03.89	R
	50m:	31.46	31.46	150m:	1:46.98	40.20	250m:	3:10.17	43.71	350m:	4:29.72	35.69	
	100m:	1:06.78	35.32	200m:	2:26.46	39.48	300m:	3:54.03	43.86	400m:	5:03.89	34.17	
27.	CHRISTIE, Claire				2006	GGST	5:02.55					5:04.42	+
	50m:	31.47	31.47	150m:	1:46.76	39.40	250m:	3:10.14	43.95	350m:	4:30.23	34.68	
	100m:	1:07.36	35.89	200m:	2:26.19	39.43	300m:	3:55.55	45.41	400m:	5:04.42	34.19	
28.	NICHOLSON-JODOIN, Annie				2008	PCSC	4:56.14				+0.55	5:04.44	
	50m:	31.56	31.56	150m:	1:47.85	38.99	250m:	3:09.33	44.07	350m:	4:29.66	36.19	
	100m:	1:08.86	37.30	200m:	2:25.26	37.41	300m:	3:53.47	44.14	400m:	5:04.44	34.78	

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Rank				YOB	Club			Seed	RT	Time		
29.	CHAI, Lily			2011	MAC			5:02.85		5:04.91		
	50m:	33.10	33.10	150m:	1:51.32	40.95	250m:	3:12.65	42.39	350m:	4:30.54 35.53	
	100m:	1:10.37	37.27	200m:	2:30.26	38.94	300m:	3:55.01	42.36	400m:	5:04.91 34.37	
30.	WINSER, Marlee L			2008	KISU			4:59.10	+0.71	5:05.13		
	50m:	32.42	32.42	150m:	1:48.50	38.84	250m:	3:12.04	45.46	350m:	4:31.76 34.05	
	100m:	1:09.66	37.24	200m:	2:26.58	38.08	300m:	3:57.71	45.67	400m:	5:05.13 33.37	
31.	COOPER, Isabella			2009	LSC			4:58.37	+0.79	5:05.53		
	50m:	31.40	31.40	150m:	1:47.43	41.01	250m:	3:11.90	44.09	350m:	4:31.67 35.59	
	100m:	1:06.42	35.02	200m:	2:27.81	40.38	300m:	3:56.08	44.18	400m:	5:05.53 33.86	
32.	GOUGLAS, Danica			2008	EKSC			5:07.49	+0.73	5:06.55		
	50m:	32.69	32.69	150m:	1:50.79	40.70	250m:	3:14.62	44.65	350m:	4:34.05 34.84	
	100m:	1:10.09	37.40	200m:	2:29.97	39.18	300m:	3:59.21	44.59	400m:	5:06.55 32.50	
33.	DREGHICI, Jessica			2007	CW			5:04.50	+0.70	5:07.63		
	50m:	32.50	32.50	150m:	1:49.13	39.53	250m:	3:12.84	44.22	350m:	4:33.77 35.36	
	100m:	1:09.60	37.10	200m:	2:28.62	39.49	300m:	3:58.41	45.57	400m:	5:07.63 33.86	
34.	RATTEE, Zoe M			2010	TSC			5:06.41	+0.73	5:07.82		
	50m:	31.02	31.02	150m:	1:47.45	40.32	250m:	3:12.01	44.66	350m:	4:32.87 35.32	
	100m:	1:07.13	36.11	200m:	2:27.35	39.90	300m:	3:57.55	45.54	400m:	5:07.82 34.95	
35.	HARRISON, Ella A			2009	CREST			5:02.44	+0.66	5:08.13		
	50m:	31.26	31.26	150m:	1:47.48	40.59	250m:	3:12.63	45.40	350m:	4:34.39 34.73	
	100m:	1:06.89	35.63	200m:	2:27.23	39.75	300m:	3:59.66	47.03	400m:	5:08.13 33.74	
36.	KRAUSS, Ellie			2008	NG			5:06.85	+0.55	5:08.26		
	50m:	30.98	30.98	150m:	1:47.09	40.05	250m:	3:11.99	45.00	350m:	4:34.42 35.20	
	100m:	1:07.04	36.06	200m:	2:26.99	39.90	300m:	3:59.22	47.23	400m:	5:08.26 33.84	
37.	NICHOLSON, Juliet J			2008	KAJ			4:59.95	+0.58	5:08.65		+
	50m:	31.17	31.17	150m:	1:48.31	41.05	250m:	3:12.22	43.48	350m:	4:33.18 36.31	
	100m:	1:07.26	36.09	200m:	2:28.74	40.43	300m:	3:56.87	44.65	400m:	5:08.65 35.47	
38.	TUNG, Sze Mang			2007	CDSC			5:04.87		5:08.86		+
	50m:	31.54	31.54	150m:	1:48.33	40.65	250m:	3:12.98	43.74	350m:	4:34.16 35.52	
	100m:	1:07.68	36.14	200m:	2:29.24	40.91	300m:	3:58.64	45.66	400m:	5:08.86 34.70	
39.	MCLEOD, Kealeigh			2006	UCSC			5:01.68	+0.80	5:09.05		+
	50m:	32.69	32.69	150m:	1:49.85	40.37	250m:	3:12.56	44.00	350m:	4:34.01 36.65	
	100m:	1:09.48	36.79	200m:	2:28.56	38.71	300m:	3:57.36	44.80	400m:	5:09.05 35.04	
40.	MCLEOD, Abigail			2010	WDSC			5:07.58		5:09.14		+
	50m:	32.04	32.04	150m:	1:50.43	40.87	250m:	3:15.56	45.41	350m:	4:35.35 34.02	
	100m:	1:09.56	37.52	200m:	2:30.15	39.72	300m:	4:01.33	45.77	400m:	5:09.14 33.79	
41.	DAGSAAN, Jadyn			2009	PCSC			5:05.20		5:09.54		+
	50m:	31.52	31.52	150m:	1:46.94	39.69	250m:	3:11.34	45.97	350m:	4:34.28 36.40	
	100m:	1:07.25	35.73	200m:	2:25.37	38.43	300m:	3:57.88	46.54	400m:	5:09.54 35.26	
42.	SPENCE, Emma			2002	UBCT			4:53.90	+0.72	5:10.23		+
	50m:	32.13	32.13	150m:	1:49.31	39.93	250m:	3:12.67	44.25	350m:	4:34.14 37.38	
	100m:	1:09.38	37.25	200m:	2:28.42	39.11	300m:	3:56.76	44.09	400m:	5:10.23 36.09	
43.	SANBORN, Maelle			2010	UVPCS			5:07.50	+0.67	5:10.31		+
	50m:	32.73	32.73	150m:	1:54.65	41.69	250m:	3:15.73	40.94	350m:	4:35.42 37.03	
	100m:	1:12.96	40.23	200m:	2:34.79	40.14	300m:	3:58.39	42.66	400m:	5:10.31 34.89	

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44.	MARIGAUX, Maika			2004	PCSC			4:53.74	+0.76	5:10.41		+
	50m:	32.59	32.59	150m:	1:51.14	38.60	250m:	3:12.87	44.21	350m:	4:35.14	36.67
	100m:	1:12.54	39.95	200m:	2:28.66	37.52	300m:	3:58.47	45.60	400m:	5:10.41	35.27
45.	QI, Kelly			2008	WDSC			5:01.32	+0.78	5:10.77		+
	50m:	32.03	32.03	150m:	1:51.05	41.51	250m:	3:16.17	44.47	350m:	4:36.96	35.75
	100m:	1:09.54	37.51	200m:	2:31.70	40.65	300m:	4:01.21	45.04	400m:	5:10.77	33.81
46.	LAPIERRE, Justine			2007	PCSC			5:06.02	+0.69	5:11.08		+
	50m:	33.83	33.83	150m:	1:53.29	40.33	250m:	3:16.08	43.88	350m:	4:35.69	36.20
	100m:	1:12.96	39.13	200m:	2:32.20	38.91	300m:	3:59.49	43.41	400m:	5:11.08	35.39
47.	EPP, Erin			2004	UVPCS			5:00.83	+0.77	5:11.13		+
	50m:	32.02	32.02	150m:	1:51.33	41.14	250m:	3:15.65	43.48	350m:	4:35.90	35.98
	100m:	1:10.19	38.17	200m:	2:32.17	40.84	300m:	3:59.92	44.27	400m:	5:11.13	35.23
48.	HORNBY, Kaia M			2011	BTSC			5:06.35	+0.66	5:11.16		+
	50m:	32.95	32.95	150m:	1:51.30	41.83	250m:	3:16.61	46.02	350m:	4:38.30	35.57
	100m:	1:09.47	36.52	200m:	2:30.59	39.29	300m:	4:02.73	46.12	400m:	5:11.16	32.86
49.	ROBERTS, Juliette			2011	VPSC			5:06.60	+0.46	5:11.92		+
	50m:	32.43	32.43	150m:	1:51.58	41.09	250m:	3:15.80	44.47	350m:	4:37.08	36.74
	100m:	1:10.49	38.06	200m:	2:31.33	39.75	300m:	4:00.34	44.54	400m:	5:11.92	34.84
50.	GONZALEZ, Daniella			2009	CAMO			5:07.39	+0.60	5:12.03		+
	50m:	32.36	32.36	150m:	1:50.44	40.09	250m:	3:15.46	45.97	350m:	4:37.49	35.85
	100m:	1:10.35	37.99	200m:	2:29.49	39.05	300m:	4:01.64	46.18	400m:	5:12.03	34.54
51.	RIDEOUT, Anna			2009	SJL			5:07.48	+0.76	5:13.82		+
	50m:	32.51	32.51	150m:	1:49.11	38.97	250m:	3:13.19	45.62	350m:	4:37.52	36.02
	100m:	1:10.14	37.63	200m:	2:27.57	38.46	300m:	4:01.50	48.31	400m:	5:13.82	36.30
52.	LARSON, Macey			2007	HYACK			5:03.38	+0.72	5:14.76		+
	50m:	33.40	33.40	150m:	1:53.39	41.52	250m:	3:18.51	44.46	350m:	4:39.22	37.02
	100m:	1:11.87	38.47	200m:	2:34.05	40.66	300m:	4:02.20	43.69	400m:	5:14.76	35.54
53.	MURTHA, Shae			2010	OS			5:03.47	+0.70	5:15.81		+
	50m:	32.51	32.51	150m:	1:51.54	41.51	250m:	3:17.77	46.15	350m:	4:40.66	36.76
	100m:	1:10.03	37.52	200m:	2:31.62	40.08	300m:	4:03.90	46.13	400m:	5:15.81	35.15
54.	WARKENTIN, Katherine J			2009	ESWIM			5:06.15	+0.78	5:17.86		+
	50m:	31.79	31.79	150m:	1:51.70	42.26	250m:	3:19.04	44.97	350m:	4:42.13	36.17
	100m:	1:09.44	37.65	200m:	2:34.07	42.37	300m:	4:05.96	46.92	400m:	5:17.86	35.73
55.	COBURN, Willow			2007	CW			5:04.86	+0.65	5:24.36		+
	50m:	32.16	32.16	150m:	1:52.81	42.86	250m:	3:20.24	45.78	350m:	4:47.47	39.81
	100m:	1:09.95	37.79	200m:	2:34.46	41.65	300m:	4:07.66	47.42	400m:	5:24.36	36.89
DSQ	BROUSSEAU, Charlotte			2007	CAMO			4:57.49				
DNS	ANGOVE, Sienna			2006	UNCAN/OSU			4:46.28				

2025 Bell Canadian Swimming Trials
Victoria, June 7-12, 2025

Event 25, Women, 400m Medley, Prelim

Event 25 Girls, 400m Medley Junior Results Prelim
2025-06-11 - 9:30

World Records	4:24.38	MCINTOSH, Summer	CAN	Toronto	2024-05-16
World Junior Records	4:24.38	MCINTOSH, Summer	CAN	Toronto	2024-05-16
Canadian Senior Records	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 15 - 17	4:24.38	MCINTOSH, Summer	UNCAN	Toronto	2024-05-16
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	2019-04-04

AQUA A Open: 4:43.06 / AQUA J : 4:54.02 / SC2S Open: 4:45.89 / TR : 5:08.43

Rank	YOB				Club		Seed		RT		Time	
1.	TAGHAVI, Shima				2011 HYACK		4:53.75		+0.67		4:55.71 A	
	50m:	30.80	30.80	150m:	1:44.98	39.76	250m:	3:04.04	41.14	350m:	4:21.69	36.77
	100m:	1:05.22	34.42	200m:	2:22.90	37.92	300m:	3:44.92	40.88	400m:	4:55.71	34.02
2.	BEZANSON, Maya S				2007 TSC		4:57.16		+0.74		4:57.66 A	
	50m:	30.45	30.45	150m:	1:43.30	37.74	250m:	3:04.19	43.64	350m:	4:24.04	34.71
	100m:	1:05.56	35.11	200m:	2:20.55	37.25	300m:	3:49.33	45.14	400m:	4:57.66	33.62
3.	BLANCHARD, Kamila				2007 PCSC		4:48.57		+0.57		4:58.39 J	
	50m:	31.46	31.46	150m:	1:47.04	39.39	250m:	3:07.62	42.49	350m:	4:25.11	35.22
	100m:	1:07.65	36.19	200m:	2:25.13	38.09	300m:	3:49.89	42.27	400m:	4:58.39	33.28
4.	KEHLER, Ruby H				2007 KAJ		5:03.43		+0.76		4:58.60 J	
	50m:	30.18	30.18	150m:	1:44.37	38.60	250m:	3:07.60	45.11	350m:	4:26.25	32.99
	100m:	1:05.77	35.59	200m:	2:22.49	38.12	300m:	3:53.26	45.66	400m:	4:58.60	32.35
5.	VROOM, Taira N				2007 BTSC		4:57.77		+0.77		4:59.44 J	
	50m:	30.96	30.96	150m:	1:44.70	38.36	250m:	3:07.42	44.54	350m:	4:26.31	34.06
	100m:	1:06.34	35.38	200m:	2:22.88	38.18	300m:	3:52.25	44.83	400m:	4:59.44	33.13
6.	WIGGINTON, Rachel				2007 UCSC		4:51.03		+0.71		4:59.86 J	
	50m:	31.55	31.55	150m:	1:44.44	38.06	250m:	3:05.65	44.23	350m:	4:25.61	35.91
	100m:	1:06.38	34.83	200m:	2:21.42	36.98	300m:	3:49.70	44.05	400m:	4:59.86	34.25
7.	XU, Huini				2012 MAC		4:55.62		+0.43		5:00.48 B	
	50m:	31.00	31.00	150m:	1:45.10	38.31	250m:	3:06.96	43.74	350m:	4:27.54	34.71
	100m:	1:06.79	35.79	200m:	2:23.22	38.12	300m:	3:52.83	45.87	400m:	5:00.48	32.94
8.	MYNOTT, Naomi				2009 WDSC		4:54.75		+0.56		5:01.65 J	
	50m:	30.78	30.78	150m:	1:45.55	39.04	250m:	3:08.82	45.59	350m:	4:28.33	34.28
	100m:	1:06.51	35.73	200m:	2:23.23	37.68	300m:	3:54.05	45.23	400m:	5:01.65	33.32
9.	ZENG, Michelle				2010 WVOSC		4:52.46		+0.70		5:02.03 J	
	50m:	31.13	31.13	150m:	1:46.83	39.61	250m:	3:10.31	43.88	350m:	4:28.77	34.19
	100m:	1:07.22	36.09	200m:	2:26.43	39.60	300m:	3:54.58	44.27	400m:	5:02.03	33.26
10.	ORAVSKY, Laila M				2007 BTSC		4:53.27		+0.65		5:02.14 J	
	50m:	31.56	31.56	150m:	1:47.45	40.27	250m:	3:09.63	43.34	350m:	4:28.36	35.12
	100m:	1:07.18	35.62	200m:	2:26.29	38.84	300m:	3:53.24	43.61	400m:	5:02.14	33.78
11.	CHAI, Amy				2008 MAC		5:00.45		+0.57		5:02.70 J	
	50m:	31.18	31.18	150m:	1:46.26	39.65	250m:	3:08.25	43.18	350m:	4:27.97	36.09
	100m:	1:06.61	35.43	200m:	2:25.07	38.81	300m:	3:51.88	43.63	400m:	5:02.70	34.73
12.	CARDIFF, Callie				2011 UCSC		5:02.71		+0.44		5:02.96 B	
	50m:	31.67	31.67	150m:	1:46.14	38.13	250m:	3:08.98	44.58	350m:	4:29.11	34.90
	100m:	1:08.01	36.34	200m:	2:24.40	38.26	300m:	3:54.21	45.23	400m:	5:02.96	33.85
13.	DU, Shu Tong				2008 MAC		5:05.57		+0.77		5:03.13 B	
	50m:	31.94	31.94	150m:	1:48.35	39.23	250m:	3:11.55	43.74	350m:	4:29.97	33.56
	100m:	1:09.12	37.18	200m:	2:27.81	39.46	300m:	3:56.41	44.86	400m:	5:03.13	33.16

2025 Bell Canadian Swimming Trials
Victoria, June 7-12, 2025

Event 25, Girls, 400m Medley, Prelim, Junior

Rank				YOB	Club				Seed	RT	Time	
14.	WANG, Angela Jiachen			2007	MAC				4:55.15	+0.65	5:03.89 R	
	50m:	31.46	31.46	150m:	1:46.98	40.20	250m:	3:10.17	43.71	350m:	4:29.72	35.69
	100m:	1:06.78	35.32	200m:	2:26.46	39.48	300m:	3:54.03	43.86	400m:	5:03.89	34.17
15.	NICHOLSON-JODOIN, Annie			2008	PCSC				4:56.14	+0.55	5:04.44	
	50m:	31.56	31.56	150m:	1:47.85	38.99	250m:	3:09.33	44.07	350m:	4:29.66	36.19
	100m:	1:08.86	37.30	200m:	2:25.26	37.41	300m:	3:53.47	44.14	400m:	5:04.44	34.78
16.	CHAI, Lily			2011	MAC				5:02.85		5:04.91	
	50m:	33.10	33.10	150m:	1:51.32	40.95	250m:	3:12.65	42.39	350m:	4:30.54	35.53
	100m:	1:10.37	37.27	200m:	2:30.26	38.94	300m:	3:55.01	42.36	400m:	5:04.91	34.37
17.	WINSER, Marlee L			2008	KISU				4:59.10	+0.71	5:05.13	
	50m:	32.42	32.42	150m:	1:48.50	38.84	250m:	3:12.04	45.46	350m:	4:31.76	34.05
	100m:	1:09.66	37.24	200m:	2:26.58	38.08	300m:	3:57.71	45.67	400m:	5:05.13	33.37
18.	COOPER, Isabella			2009	LSC				4:58.37	+0.79	5:05.53	
	50m:	31.40	31.40	150m:	1:47.43	41.01	250m:	3:11.90	44.09	350m:	4:31.67	35.59
	100m:	1:06.42	35.02	200m:	2:27.81	40.38	300m:	3:56.08	44.18	400m:	5:05.53	33.86
19.	GOUGLAS, Danica			2008	EKSC				5:07.49	+0.73	5:06.55	
	50m:	32.69	32.69	150m:	1:50.79	40.70	250m:	3:14.62	44.65	350m:	4:34.05	34.84
	100m:	1:10.09	37.40	200m:	2:29.97	39.18	300m:	3:59.21	44.59	400m:	5:06.55	32.50
20.	DREGHICI, Jessica			2007	CW				5:04.50	+0.70	5:07.63	
	50m:	32.50	32.50	150m:	1:49.13	39.53	250m:	3:12.84	44.22	350m:	4:33.77	35.36
	100m:	1:09.60	37.10	200m:	2:28.62	39.49	300m:	3:58.41	45.57	400m:	5:07.63	33.86
21.	RATTEE, Zoe M			2010	TSC				5:06.41	+0.73	5:07.82	
	50m:	31.02	31.02	150m:	1:47.45	40.32	250m:	3:12.01	44.66	350m:	4:32.87	35.32
	100m:	1:07.13	36.11	200m:	2:27.35	39.90	300m:	3:57.55	45.54	400m:	5:07.82	34.95
22.	HARRISON, Ella A			2009	CREST				5:02.44	+0.66	5:08.13	
	50m:	31.26	31.26	150m:	1:47.48	40.59	250m:	3:12.63	45.40	350m:	4:34.39	34.73
	100m:	1:06.89	35.63	200m:	2:27.23	39.75	300m:	3:59.66	47.03	400m:	5:08.13	33.74
23.	KRAUSS, Ellie			2008	NG				5:06.85	+0.55	5:08.26	
	50m:	30.98	30.98	150m:	1:47.09	40.05	250m:	3:11.99	45.00	350m:	4:34.42	35.20
	100m:	1:07.04	36.06	200m:	2:26.99	39.90	300m:	3:59.22	47.23	400m:	5:08.26	33.84
24.	NICHOLSON, Juliet J			2008	KAJ				4:59.95	+0.58	5:08.65 +	
	50m:	31.17	31.17	150m:	1:48.31	41.05	250m:	3:12.22	43.48	350m:	4:33.18	36.31
	100m:	1:07.26	36.09	200m:	2:28.74	40.43	300m:	3:56.87	44.65	400m:	5:08.65	35.47
25.	TUNG, Sze Mang			2007	CDSC				5:04.87		5:08.86 +	
	50m:	31.54	31.54	150m:	1:48.33	40.65	250m:	3:12.98	43.74	350m:	4:34.16	35.52
	100m:	1:07.68	36.14	200m:	2:29.24	40.91	300m:	3:58.64	45.66	400m:	5:08.86	34.70
26.	MCLEOD, Abigail			2010	WDSC				5:07.58		5:09.14 +	
	50m:	32.04	32.04	150m:	1:50.43	40.87	250m:	3:15.56	45.41	350m:	4:35.35	34.02
	100m:	1:09.56	37.52	200m:	2:30.15	39.72	300m:	4:01.33	45.77	400m:	5:09.14	33.79
27.	DAGSAAN, Jadyn			2009	PCSC				5:05.20		5:09.54 +	
	50m:	31.52	31.52	150m:	1:46.94	39.69	250m:	3:11.34	45.97	350m:	4:34.28	36.40
	100m:	1:07.25	35.73	200m:	2:25.37	38.43	300m:	3:57.88	46.54	400m:	5:09.54	35.26
28.	SANBORN, Maelle			2010	UVPCS				5:07.50	+0.67	5:10.31 +	
	50m:	32.73	32.73	150m:	1:54.65	41.69	250m:	3:15.73	40.94	350m:	4:35.42	37.03
	100m:	1:12.96	40.23	200m:	2:34.79	40.14	300m:	3:58.39	42.66	400m:	5:10.31	34.89

2025 Bell Canadian Swimming Trials
Victoria, June 7-12, 2025

Event 25, Girls, 400m Medley, Prelim, Junior

Rank				YOB	Club			Seed	RT	Time		
29.	QI, Kelly			2008	WDSC			5:01.32	+0.78	5:10.77		+
	50m:	32.03	32.03	150m:	1:51.05	41.51	250m:	3:16.17	44.47	350m:	4:36.96	35.75
	100m:	1:09.54	37.51	200m:	2:31.70	40.65	300m:	4:01.21	45.04	400m:	5:10.77	33.81
30.	LAPIERRE, Justine			2007	PCSC			5:06.02	+0.69	5:11.08		+
	50m:	33.83	33.83	150m:	1:53.29	40.33	250m:	3:16.08	43.88	350m:	4:35.69	36.20
	100m:	1:12.96	39.13	200m:	2:32.20	38.91	300m:	3:59.49	43.41	400m:	5:11.08	35.39
31.	HORNBY, Kaia M			2011	BTSC			5:06.35	+0.66	5:11.16		+
	50m:	32.95	32.95	150m:	1:51.30	41.83	250m:	3:16.61	46.02	350m:	4:38.30	35.57
	100m:	1:09.47	36.52	200m:	2:30.59	39.29	300m:	4:02.73	46.12	400m:	5:11.16	32.86
32.	ROBERTS, Juliette			2011	VPSC			5:06.60	+0.46	5:11.92		+
	50m:	32.43	32.43	150m:	1:51.58	41.09	250m:	3:15.80	44.47	350m:	4:37.08	36.74
	100m:	1:10.49	38.06	200m:	2:31.33	39.75	300m:	4:00.34	44.54	400m:	5:11.92	34.84
33.	GONZALEZ, Daniella			2009	CAMO			5:07.39	+0.60	5:12.03		+
	50m:	32.36	32.36	150m:	1:50.44	40.09	250m:	3:15.46	45.97	350m:	4:37.49	35.85
	100m:	1:10.35	37.99	200m:	2:29.49	39.05	300m:	4:01.64	46.18	400m:	5:12.03	34.54
34.	RIDEOUT, Anna			2009	SJL			5:07.48	+0.76	5:13.82		+
	50m:	32.51	32.51	150m:	1:49.11	38.97	250m:	3:13.19	45.62	350m:	4:37.52	36.02
	100m:	1:10.14	37.63	200m:	2:27.57	38.46	300m:	4:01.50	48.31	400m:	5:13.82	36.30
35.	LARSON, Macey			2007	HYACK			5:03.38	+0.72	5:14.76		+
	50m:	33.40	33.40	150m:	1:53.39	41.52	250m:	3:18.51	44.46	350m:	4:39.22	37.02
	100m:	1:11.87	38.47	200m:	2:34.05	40.66	300m:	4:02.20	43.69	400m:	5:14.76	35.54
36.	MURTHA, Shae			2010	OS			5:03.47	+0.70	5:15.81		+
	50m:	32.51	32.51	150m:	1:51.54	41.51	250m:	3:17.77	46.15	350m:	4:40.66	36.76
	100m:	1:10.03	37.52	200m:	2:31.62	40.08	300m:	4:03.90	46.13	400m:	5:15.81	35.15
37.	WARKENTIN, Katherine J			2009	ESWIM			5:06.15	+0.78	5:17.86		+
	50m:	31.79	31.79	150m:	1:51.70	42.26	250m:	3:19.04	44.97	350m:	4:42.13	36.17
	100m:	1:09.44	37.65	200m:	2:34.07	42.37	300m:	4:05.96	46.92	400m:	5:17.86	35.73
38.	COBURN, Willow			2007	CW			5:04.86	+0.65	5:24.36		+
	50m:	32.16	32.16	150m:	1:52.81	42.86	250m:	3:20.24	45.78	350m:	4:47.47	39.81
	100m:	1:09.95	37.79	200m:	2:34.46	41.65	300m:	4:07.66	47.42	400m:	5:24.36	36.89
DSQ	BROUSSEAU, Charlotte			2007	CAMO			4:57.49				