

2025 Speedo Canadian Swimming Open / Omnum Canadian de Natation Speedo 2025
Edmonton, Alberta; 10-12 April/Avril

Event 31
4/12/2025

Women, 400m Freestyle

Open
Results Prelim

Canadian Swimming Open Records	4:11.54	JANSEN, Ella	CAN	Toronto	4/12/2024
Canadian Senior Records (CR)	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	3/28/2023
Canadian Age Group Records (CA) 15 - 17	3:56.08	MCINTOSH, Summer	UNCAN	Toronto	3/28/2023
Canadian Age Group Records (CA) 13 - 14	4:02.42	MCINTOSH, Summer	ESWIM	Tokyo (JPN)	7/26/2021

Points: AQUA 2025

Rank	Age	Club	RT	Time	FinaPts	Score	
1. CLARK, Maxine	16	UCSC	+0.69	4:23.15	715	- A	
50m: 30.25	30.25	150m: 1:37.07	33.59	250m: 2:43.65	33.08	350m: 3:50.31	33.25
100m: 1:03.48	33.23	200m: 2:10.57	33.50	300m: 3:17.06	33.41	400m: 4:23.15	32.84
2. MEKLESEK, Tori	23	DSC	+0.67	4:23.28	714	- A	
50m: 30.49	30.49	150m: 1:36.54	33.15	250m: 2:43.16	33.17	350m: 3:50.13	33.18
100m: 1:03.39	32.90	200m: 2:09.99	33.45	300m: 3:16.95	33.79	400m: 4:23.28	33.15
3. CABEZAS GARZON, Mariana Anc	16	ESWIM	+0.58	4:24.57	704	- A	
50m: 30.40	30.40	150m: 1:37.50	33.51	250m: 2:44.99	33.49	350m: 3:52.22	33.25
100m: 1:03.99	33.59	200m: 2:11.50	34.00	300m: 3:18.97	33.98	400m: 4:24.57	32.35
4. MCLEOD, Abigail	15	WDSC	+0.57	4:25.37	697	- A	
50m: 30.53	30.53	150m: 1:36.99	33.60	250m: 2:44.59	33.92	350m: 3:52.58	33.87
100m: 1:03.39	32.86	200m: 2:10.67	33.68	300m: 3:18.71	34.12	400m: 4:25.37	32.79
5. KEHLER, Ruby	17	KAJ	+0.74	4:25.46	697	- A	
50m: 30.00	30.00	150m: 1:35.70	33.32	250m: 2:43.30	33.78	350m: 3:51.71	34.17
100m: 1:02.38	32.38	200m: 2:09.52	33.82	300m: 3:17.54	34.24	400m: 4:25.46	33.75
6. KONG, Kaia Ariel	15	MACC	+0.72	4:25.62	695	- A	
50m: 30.64	30.64	150m: 1:37.28	33.27	250m: 2:44.62	33.65	350m: 3:52.51	33.94
100m: 1:04.01	33.37	200m: 2:10.97	33.69	300m: 3:18.57	33.95	400m: 4:25.62	33.11
7. MYNOTT, Naomi	15	WDSC	+0.67	4:26.34	690	- A	
50m: 30.68	30.68	150m: 1:37.26	33.63	250m: 2:44.85	33.74	350m: 3:53.17	34.13
100m: 1:03.63	32.95	200m: 2:11.11	33.85	300m: 3:19.04	34.19	400m: 4:26.34	33.17
8. HARRISON, Ella	15	CREST	+0.64	4:27.50	681	- A	
50m: 30.26	30.26	150m: 1:36.46	33.41	250m: 2:44.50	34.34	350m: 3:53.62	35.04
100m: 1:03.05	32.79	200m: 2:10.16	33.70	300m: 3:18.58	34.08	400m: 4:27.50	33.88
9. KEHOE, Gracyn	17	UNCAN	+0.66	4:28.70	672	- A	
50m: 30.32	30.32	150m: 1:37.61	34.18	250m: 2:46.26	34.23	350m: 3:55.29	34.40
100m: 1:03.43	33.11	200m: 2:12.03	34.42	300m: 3:20.89	34.63	400m: 4:28.70	33.41
10. GORDON, Lindsay	18	PCSC	+0.68	4:29.63	665	- A	
50m: 30.65	30.65	150m: 1:37.67	34.04	250m: 2:46.20	34.34	350m: 3:55.57	34.74
100m: 1:03.63	32.98	200m: 2:11.86	34.19	300m: 3:20.83	34.63	400m: 4:29.63	34.06
11. MICHAUD, Maelie	18	PCSC	+0.64	4:30.94	655	- B	
50m: 30.57	30.57	150m: 1:38.52	34.04	250m: 2:48.02	34.77	350m: 3:58.24	35.07
100m: 1:04.48	33.91	200m: 2:13.25	34.73	300m: 3:23.17	35.15	400m: 4:30.94	32.70
12. ZENG, Michelle	14	WVOSC	+0.67	4:31.02	655	- B	
50m: 30.65	30.65	150m: 1:37.17	33.40	250m: 2:45.20	34.18	350m: 3:56.08	35.61
100m: 1:03.77	33.12	200m: 2:11.02	33.85	300m: 3:20.47	35.27	400m: 4:31.02	34.94
13. BOWIE, Shayne	19	EKSC	+0.67	4:31.30	653	- B	
50m: 30.97	30.97	150m: 1:38.47	34.27	250m: 2:47.37	34.53	350m: 3:57.48	35.15
100m: 1:04.20	33.23	200m: 2:12.84	34.37	300m: 3:22.33	34.96	400m: 4:31.30	33.82
14. KENNEDY, Keira	18	CASC	+0.72	4:31.44	652	- B	
50m: 31.36	31.36	150m: 1:39.15	34.47	250m: 2:48.13	34.69	350m: 3:58.22	35.43
100m: 1:04.68	33.32	200m: 2:13.44	34.29	300m: 3:22.79	34.66	400m: 4:31.44	33.22



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Rank	Age	Club	RT	Time	FinPts	Score		
15.	14	CASC	+0.59	4:31.47	651	- B		
	50m:	30.51 30.51	150m:	1:38.33 34.17	250m:	2:48.03 34.87	350m:	3:57.65 34.72
	100m:	1:04.16 33.65	200m:	2:13.16 34.83	300m:	3:22.93 34.90	400m:	4:31.47 33.82
16.	16	KISU	+0.72	4:31.66	650	- B		
	50m:	30.75 30.75	150m:	1:37.81 34.03	250m:	2:47.14 34.78	350m:	3:56.71 34.62
	100m:	1:03.78 33.03	200m:	2:12.36 34.55	300m:	3:22.09 34.95	400m:	4:31.66 34.95
17.	17	ESWIM	+0.48	4:31.67	650	- B		
	50m:	30.26 30.26	150m:	1:38.04 33.73	250m:	2:47.09 34.53	350m:	3:57.86 35.34
	100m:	1:04.31 34.05	200m:	2:12.56 34.52	300m:	3:22.52 35.43	400m:	4:31.67 33.81
18.	17	CW	+0.76	4:31.75	649	- B		
	50m:	31.06 31.06	150m:	1:39.38 34.47	250m:	2:48.59 34.47	350m:	3:58.82 34.77
	100m:	1:04.91 33.85	200m:	2:14.12 34.74	300m:	3:24.05 35.46	400m:	4:31.75 32.93
19.	15	LSC	+0.83	4:31.86	649	- B		
	50m:	30.93 30.93	150m:	1:39.27 34.59	250m:	2:48.56 34.79	350m:	3:58.03 34.98
	100m:	1:04.68 33.75	200m:	2:13.77 34.50	300m:	3:23.05 34.49	400m:	4:31.86 33.83
20.	15	USC	+0.67	4:31.90	648	- B		
	50m:	30.83 30.83	150m:	1:38.67 34.28	250m:	2:48.49 34.96	350m:	3:58.13 34.82
	100m:	1:04.39 33.56	200m:	2:13.53 34.86	300m:	3:23.31 34.82	400m:	4:31.90 33.77
21.	15	LSC	+0.74	4:31.99	648	- R		
	50m:	30.73 30.73	150m:	1:38.23 34.37	250m:	2:48.44 35.29	350m:	3:58.92 35.64
	100m:	1:03.86 33.13	200m:	2:13.15 34.92	300m:	3:23.28 34.84	400m:	4:31.99 33.07
22.	17	OS	+0.75	4:32.06	647	- R		
	50m:	29.83 29.83	150m:	1:39.11 34.81	250m:	2:49.08 34.90	350m:	3:58.91 34.43
	100m:	1:04.30 34.47	200m:	2:14.18 35.07	300m:	3:24.48 35.40	400m:	4:32.06 33.15
23.	15	PCSC	+0.76	4:32.46	644	-		
	50m:	30.65 30.65	150m:	1:38.94 34.59	250m:	2:48.60 35.00	350m:	3:58.77 34.96
	100m:	1:04.35 33.70	200m:	2:13.60 34.66	300m:	3:23.81 35.21	400m:	4:32.46 33.69
24.	15	ISC	+0.78	4:32.73	642	-		
	50m:	31.03 31.03	150m:	1:39.33 34.50	250m:	2:49.24 35.23	350m:	3:59.32 35.10
	100m:	1:04.83 33.80	200m:	2:14.01 34.68	300m:	3:24.22 34.98	400m:	4:32.73 33.41
25.	18	PCSC	+0.70	4:32.86	641	-		
	50m:	30.83 30.83	150m:	1:38.49 34.23	250m:	2:48.51 35.00	350m:	3:59.30 35.17
	100m:	1:04.26 33.43	200m:	2:13.51 35.02	300m:	3:24.13 35.62	400m:	4:32.86 33.56
26.	19	HYACK	+0.56	4:34.85	628	-		
	50m:	31.35 31.35	150m:	1:40.33 34.79	250m:	2:50.24 34.73	350m:	4:00.60 35.17
	100m:	1:05.54 34.19	200m:	2:15.51 35.18	300m:	3:25.43 35.19	400m:	4:34.85 34.25
27.	16	ISC	+0.55	4:35.23	625	-		
	50m:	30.48 30.48	150m:	1:39.59 35.21	250m:	2:50.27 35.32	350m:	4:01.13 35.64
	100m:	1:04.38 33.90	200m:	2:14.95 35.36	300m:	3:25.49 35.22	400m:	4:35.23 34.10
28.	17	OSC	+0.54	4:35.94	620	-		
	50m:	31.40 31.40	150m:	1:40.98 34.98	250m:	2:51.03 34.59	350m:	4:01.34 34.75
	100m:	1:06.00 34.60	200m:	2:16.44 35.46	300m:	3:26.59 35.56	400m:	4:35.94 34.60
29.	15	PCSC	+0.68	4:36.14	619	-		
	50m:	31.36 31.36	150m:	1:39.81 34.50	250m:	2:49.71 35.13	350m:	4:01.31 35.79
	100m:	1:05.31 33.95	200m:	2:14.58 34.77	300m:	3:25.52 35.81	400m:	4:36.14 34.83



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Rank	Age	Club	RT	Time	FinaPts	Score		
30.	14	UVPCS	+0.66	4:36.29	618	-		
	50m: 31.46	31.46	150m: 1:40.26	34.50	250m: 2:50.16	34.64	350m: 4:01.23	35.62
	100m: 1:05.76	34.30	200m: 2:15.52	35.26	300m: 3:25.61	35.45	400m: 4:36.29	35.06
31.	15	CDSC	+0.63	4:37.41	610	-		
	50m: 31.35	31.35	150m: 1:40.51	34.47	250m: 2:50.96	35.22	350m: 4:03.00	36.05
	100m: 1:06.04	34.69	200m: 2:15.74	35.23	300m: 3:26.95	35.99	400m: 4:37.41	34.41
32.	14	OS	+0.69	4:38.13	606	-		
	50m: 30.69	30.69	150m: 1:41.44	35.37	250m: 2:52.43	34.87	350m: 4:03.89	35.79
	100m: 1:06.07	35.38	200m: 2:17.56	36.12	300m: 3:28.10	35.67	400m: 4:38.13	34.24
33.	17	CDSC	+0.67	4:38.26	605	-		
	50m: 32.21	32.21	150m: 1:41.96	34.96	250m: 2:52.97	35.59	350m: 4:03.73	35.14
	100m: 1:07.00	34.79	200m: 2:17.38	35.42	300m: 3:28.59	35.62	400m: 4:38.26	34.53
34.	17	TBT	+0.77	4:42.85	576	-		
	50m: 31.83	31.83	150m: 1:41.89	35.41	250m: 2:53.55	35.65	350m: 4:06.37	35.98
	100m: 1:06.48	34.65	200m: 2:17.90	36.01	300m: 3:30.39	36.84	400m: 4:42.85	36.48
35.	20	SAMAK	+0.71	4:42.87	576	-		
	50m: 31.72	31.72	150m: 1:41.90	35.36	250m: 2:54.21	36.36	350m: 4:06.99	36.49
	100m: 1:06.54	34.82	200m: 2:17.85	35.95	300m: 3:30.50	36.29	400m: 4:42.87	35.88
36.	14	VPSC	+0.76	4:43.78	570	-		
	50m: 31.08	31.08	150m: 1:40.63	35.60	250m: 2:54.04	37.16	350m: 4:08.23	37.32
	100m: 1:05.03	33.95	200m: 2:16.88	36.25	300m: 3:30.91	36.87	400m: 4:43.78	35.55
37.	17	ISC	+0.54	4:44.42	566	-		
	50m: 31.43	31.43	150m: 1:42.06	35.89	250m: 2:55.15	36.67	350m: 4:08.66	36.79
	100m: 1:06.17	34.74	200m: 2:18.48	36.42	300m: 3:31.87	36.72	400m: 4:44.42	35.76
38.	16	KAJ	+0.72	4:46.88	552	-		
	50m: 31.60	31.60	150m: 1:40.73	34.79	250m: 2:53.82	36.88	350m: 4:09.44	38.06
	100m: 1:05.94	34.34	200m: 2:16.94	36.21	300m: 3:31.38	37.56	400m: 4:46.88	37.44
39.	15	OS	+0.64	4:48.03	545	-		
	50m: 31.49	31.49	150m: 1:40.83	35.54	250m: 2:53.39	36.53	350m: 4:10.00	38.78
	100m: 1:05.29	33.80	200m: 2:16.86	36.03	300m: 3:31.22	37.83	400m: 4:48.03	38.03
40.	16	HYACK	+0.70	4:49.09	539	-		
	50m: 32.83	32.83	150m: 1:45.25	36.54	250m: 2:58.85	37.01	350m: 4:12.87	36.94
	100m: 1:08.71	35.88	200m: 2:21.84	36.59	300m: 3:35.93	37.08	400m: 4:49.09	36.22
DNS	16	KISU				-		
DNS	18	UNCAN				-		
DNS	16	WDSC				-		
DNS	21	UBCT				-		
DNS	17	UCSC				-		

